



## FALL KARATE CLASSES FOR YOUTH AND ADULTS

### Weston Community Center



Learn the basic principles of self-defense, fighting, weaponry and forms. Karate is an excellent way of getting in shape, as well as building self confidence. Since 1997, instructor David Schopp, a 6<sup>th</sup> degree black belt in Goju Karate, has taught classes in the City of Weston that focus on the basic principles of this traditional martial art.

Classes are offered for children, teens and adults on Monday and Wednesday evenings.

**COST:**

\$125 (one class/week) for 3 months  
\$200 (two classes/week) for 3 months



### **KARATE CLASS SCHEDULE**

Weston Community Center  
Inside Weston Regional Park  
20200 Saddle Club Road

Monday	6:00 – 7:00 pm, Ages 6-12
	7:00 – 8:30 pm, Ages 13-18
Wednesday	6:00 – 7:00 pm, Ages 6-8
	7:00 – 8:00 pm, Ages 9-14
	8:00 – 9:30 pm, Ages 15-18

For more information, email Sensei at [schopp4@att.net](mailto:schopp4@att.net).  
For a complete listing of all current Community Center programs, visit [WestonFL.org/Parks](http://WestonFL.org/Parks) and click on **Class Schedules** under **Programs**.