



WESTON COMMUNITY CENTER CLASSES

Fall Schedule • August - December 2016

Classes begin in September, unless indicated otherwise.

YOUTH AND TEEN PROGRAMS

Bass Fishing Workshops **NEW**

Sessions September 27th, October 25th or November 15th
Tuesday 6:00 - 8:30 pm, All ages
\$40 per workshop

Anglers of all ages will enjoy this evening workshop hosted by professional bass fisherman, Ron Gallo. Learn skills such as lure identification, tackle selection, knots, as well as general fishing techniques to help increase the number and size of bass you catch on your next fishing trip. No supplies needed. Just bring note pad and pen.

For more information, call Ron Gallo at 954-684-3636.

Buildbots Robotics

Monday 4:45 – 6:30 pm, Ages 7 – 14
\$120 per month

Explore the magic of Lego® Robotics and apply your knowledge to design, build and program robots that can solve the most amazing challenges. The program combines creativity, design, logic, teamwork, scalability, and problem solving skills. With the aid of Lego's programmable bricks along with sensors, motors and more, participants can create robots limited only by their imagination.

For more information, visit www.buildbots.com.

Career Workshops **NEW**

Session September 29th – November 17th
Thursday 7:30 - 9:00 pm, Ages 16 and over
\$250 for 8 weeks

Students will be able to connect with their personal career priorities, explore different career paths, take action in choosing their future major and understand university programs in this hands-on, discussion based program. Some of the activities include team building, discussion table with local professionals, career assessments, exploring global and local issues, and much more. Instructor, Virginia Engestrom, M.Ed, has been an educator for over 20 years and a high school BRACE (Broward Advisors for Continuing Education) advisor for four years.

For more information, contact Ms. Virginia Engestrom at 954-540-0972 or email vengestrom@gmail.com.

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Chess Club

Monday 4:45 - 5:45 pm, Ages 5 – 18
\$95 for 4 weeks

Why chess? Because chess develops great mental skills: memory, self confidence, intuition, motivation, logical and critical thinking, imagination, concentration, and reasoning skills. Learn the game in an exciting interactive way. Open to all skill levels.

For more information, visit www.chessartkids.com or call Julian Banos at 954-650-2562.

Fun in Spanish

Friday 10:00 - 11:30 am, Ages 2 – 5
\$40 per month

Learn and practice Spanish with others in a playful, musical and artistic environment.

For more information, contact Maria at 954-822-7528 or email FuninSpanish@hotmail.com.

Youth Karate

Monday 6:00 – 7:00 pm, Ages 6-12
7:00 – 8:30 pm, Ages 13-18

Wednesday 6:00 – 7:00 pm, Ages 6-8
7:00 – 8:00 pm, Ages 9-14
8:00 – 9:30 pm, Ages 15-18

\$125 (one class/week) for 3 months
\$200 (two classes/week) for 3 months

USA Goju Karate is a traditional martial art taught to children and young adults to be prepared and if needed to defend themselves. Since 1997, David Schopp, a 6th degree Black Belt, has taught in the City of Weston focusing on the basic principles of self-defense, kata, fighting, and weaponry to build confidence and self-esteem.

For more information, visit www.foxusagoju.com or email Sensei at schopp4@att.net.

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Kidokinetics

Sessions September 7th – October 26th
November 2nd – December 21st

Wednesday 4:00 – 4:45 pm, Ages 3 – 5
\$77 for 7 week session

Kidokinetics is the fun way to fitness that's inspiring kids to get up, get moving and get in shape! Children will develop important building blocks for life: discipline, confidence, coordination, fine and gross motor skills, and fitness. Participants enjoy a new activity each week in a fun and non-competitive atmosphere. Meets indoors.

Kidokinetics, Jr.

Sessions September 6th – October 25th
November 1st – December 20th

Tuesday 9:15 – 10:00 am, 15 – 24 months
10:00 – 10:45 am, 2 – 4 years
\$77 for 7 weeks

Wednesday 4:45 – 5:30 pm, 2 – 3 years
\$77 for 7 weeks

An introduction to physical activity for toddlers through age 4, these classes increase body awareness and help the youngest ones learn coordination and balance by participating in a fun, new activity each week.

Sportkinetics

Sessions September 8th – October 20th
October 27th – December 15th

Thursday 4:15 - 5:00 pm, 5 – 10 years
\$77 for 7 weeks

Sportkinetics focuses on teaching children the basic concepts of many different sports each week in a fun, encouraging, and non-competitive environment. Classes promote the importance of trying your best, good sportsmanship, and aim to improve self-confidence. Every child feels like a winner!

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Kidokinetics Sports Clinics

Sessions	Soccer	September 8 th – October 6 th
	Basketball	October 20 th – November 10 th
	Tennis	November 17 th – December 22 nd
Thursday	5:00 - 5:45 pm, Ages 3 – 5	
	\$55 for 5 weeks	

The monthly Sports Clinic combines games, drills, and exercises to aid in the development of strong basic skills, proper technique, and knowledge of the sport. Classes will meet outdoors.

For more information on any Kidokinetics class, please visit www.kidokinetics.com or call 954-385-8511.

Nike Marathon Kids Running Club **NEW**

Sessions	September 7 th – October 26 th
	November 2 nd – December 21 st
Wednesday	4:00 – 4:45 pm, Grades K - 5
	\$66 for 6 weeks or \$77 for 7 weeks
	One time registration fee: \$15

Learn to run/walk 26.2 miles this school year! Enjoy a fun, simple program that sets realistic goals and provides rewards and incentives for reaching those goals. So RUN to register for this exciting new program. **Club registration fee payable to the coach on the first day of class.**

SAT Preparation

Classes for the October 1st SAT Exam

August 7th – September 29, 2016

Sundays 10:30 am – 1:00 pm or 1:30 pm – 4:00 pm

Thursdays 7:15 pm – 9:45 pm

Classes for the December 3rd SAT Exam

October 9th – December 1, 2016

Sundays 10:30 am – 1:00 pm

Thursdays 7:15 pm – 9:45 pm

\$475 for 8 weeks, includes text book and materials

This course prepares students for all facets of the most recent version of the SAT for success on total score and section scores. Instructor, Jeff Steinberg, thoroughly reviews content and practical strategies for scoring well on the exam. He originally developed and taught this course at the University of Miami and has been offering this class in Weston since 2001 with remarkable results.

For more information or to enroll, please contact Mr. Steinberg at 954-478-0792.

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Social Communication Station

Sessions September 6th – October 25th
 November 15th – January 24th

Tuesday 4:15 - 5:15 pm, Ages 5 - 7
 5:15 - 6:15 pm, Ages 8 - 10
 6:30 - 7:30 pm, Ages 11 - 13
 7:30 - 8:30 pm, Teens

\$300 for 8 week session

Social Communication Station classes are courses for students with a diagnosis of Asperger's Syndrome, High-Functioning Autism, ADD/ADHD, Social Anxiety, or any other social learning challenge. In the classes, group activities are integrated with a special curriculum.

Candidates for the class should have average to above average cognitive abilities, as classes focus on teaching students skills such as perspective, self-awareness/self-regulation, problem-solving, reading non-verbal cues, understanding emotions, and conversation skills. Students must schedule a consultation with the instructor prior to registration.

For more information, visit socialcommunicationstation.com,
or e-mail reneakraus@socialcommunicationstation.com.

Superstars Dance and Baton

Thursday 4:00 - 5:00 pm, Ages 5-7
 5:00 - 6:00 pm, Ages 8-12
 6:00 - 7:00 pm, Intermediate

\$55 per month (\$55 registration that includes a baton and pompoms)

This is a high-energy combination class that includes cheerleading, baton twirling and dance. Develop grace, poise and self confidence. Members will be invited to perform in Disney World and halftime shows for the Miami Heat, Miami Dolphins, University of Miami and a variety of local events.

For more information, please call 954-438-2075 or visit floridasuperstars.com.

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Musical Theatre Workshop

Session September 9th – December 2nd
Performance on Sunday, December 4, 2016

Friday 3:30 - 6:00 pm , Ages 8 – 12
\$295 per session

Musical Theatre Production focuses on training in acting, voice and movement in a rehearsal period that leads to the performance of a Broadway musical. No experience is necessary; however, students are expected to be committed and to work with professionalism. **For more information, contact Robin Braun of Inside Out Theatre Company at 954-385-3060 or visit www.insideouttheatre.org.**

Performance Ensemble

Session September 11th – December 4th
Performance on December 11, 2016

Sunday 4:00 - 7:00 pm, Ages 13-18
\$395 per session

This class targets serious theatre students that are interested in fine-tuning their performance skills. The program culminates in the production of a Broadway musical performance in a professional theatre setting. Additional rehearsal hours will be scheduled prior to performance date.

For more information, contact Robin Braun of Inside Out Theatre Company at 954-385-3060 or visit www.insideouttheatre.org.

ADULT PROGRAMS

Adult Karate

Monday 7:00 - 8:30 pm
Wednesday 8:00 - 9:30 pm
\$125 (1 class/week) for 3 months | \$200 (2 classes/week) for 3 months

USA Goju Karate is a practical martial art taught to active adults seeking strength, conditioning and flexibility. Since 1997, David Schopp, 6th degree Black Belt, has taught in the City of Weston, focusing on the basic principles of self-defense, kata, fighting, and weaponry. A great class for building confidence and self-esteem.

For more information, visit www.foxusagoju.com or email Sensei at schopp4@att.net.

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Watercolor Painting

Friday 10:00 am - 1:00 pm
\$195 for 6 weeks

Award-winning watercolorist Rolande Moorhead teaches the vocabulary of colors, shapes, composition and preliminary drawing.

For more information, call 954-721-6055.

Weston 55+ Club

Membership: \$50 per year

The 55+ Club meets weekly for a wide variety of activities, including board games days, luncheon outings, movie afternoons, lectures and other events as interest arises!

For more information, call Dottie at 954-349-6029. Visit Westonfl.org/Parks for the monthly 55+ activity calendars.

Open Bridge Play

Monday 12:30 - 4:00 pm
Wednesday & Friday 12:30 - 3:30 pm

Join your friends for an afternoon of Bridge.

For more information, call Bernice Ross at 954-389-8756 (regarding Monday play) or Mac Rosen at 954-385-3683 (about Wednesday & Friday play).

Open Mah-Jong

Thursday 11:00 am - 3:00 pm

Enjoy a game of Mah-Jong with friends weekly.

Call Linda Pevar at 954-294-7960.

Additional programs, such as the AARP Safe Driver class, are available throughout the year. Call the Community Center at 954-389-4321 to inquire.

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