



WESTON COMMUNITY CENTER CLASSES

Winter/Spring Schedule • January – May 2018

YOUTH AND TEEN PROGRAMS

Buildbots Robotics

Tuesday 4:45 – 6:30 p.m., Ages 6 – 14
\$120 per month

Explore the magic of Lego® Robotics and apply your knowledge to design, build and program robots that can solve the most amazing challenges. The program combines creativity, design, logic, teamwork, scalability, and problem-solving skills. With the aid of Lego's programmable bricks along with sensors, motors and more, participants can create robots limited only by their imagination.

For more information, visit www.buildbots.com.

Chess Club

Monday 4:45 - 5:45 p.m., Ages 5 – 18
5:00 – 6:00 p.m., Ages 13-18 ***NEW TEEN CLASS**
\$99 for 4 weeks

Learn to think outside of the box! Develop great mental skills, memory, self confidence, intuition, motivation, logical & critical thinking, imagination, concentration & reasoning skills. Learn the game in an exciting interactive way. Open to all skill levels.

For more information, visit www.chessartkids.com or call Julian Banos at 954-650-2562.

Code Explorers

PK Sensor and Robotic Programming

Tuesday 4:00 – 4:45 p.m., Ages 4-5
February 6 – April 24, 2018 (no class 3/27)
\$121, plus \$40 supply fee

Explore, learn, and experiment computer engineering, learn computation thinking skills and the connection between logical and physical devices by programming robotic sensors in different forms. Programs will utilize color, art, shape and block programming. Learn the basics elements of computer programming sequencing, sound integration, movement programming. A sensor/robotic kit is provided during class and to take home.

Code Explorers (continued)

Electrical Engineering

Tuesday 4:45 – 5:45 p.m., Ages 6-9
6:00 – 7:15 p.m., Ages 10-13
February 6 – April 24, 2018 (no class 3/27)
\$147.30, plus \$18 supply fee

Students in this program will explore, learn, and experiment with circuitry and digital electronics in addition to learning about electronic components such as transducers, resistors, transistors. Students will learn the theory behind electrical circuits such as Ohm Law, Kirchoff Law, DC vs AC current, integrated circuits and more. Engineering Kit to take home after program ends.

For more information, visit www.codeexplorers.org or call 305-454-6515.

Fun in Spanish

Friday 10:00 - 11:30 a.m., Ages 2 – 5
\$40 per month

Learn and practice Spanish with others in a playful, musical and artistic environment.

For more information, contact Maria at 954-822-7528 or email FuninSpanish@hotmail.com.

Youth Karate

Monday 6:00 – 7:00 p.m., Ages 6-12
7:00 – 8:30 p.m., Ages 13-18
Wednesday 6:00 – 7:00 p.m., Ages 6-8
7:00 – 8:00 p.m., Ages 9-14
8:00 – 9:30 p.m., Ages 15-18
\$125 (one class/week) for 3 months
\$200 (two classes/week) for 3 months

USA Goju Karate is a traditional martial art taught to children and young adults to be prepared and if needed to defend themselves. Since 1997, David Schopp, a 6th degree Black Belt, has taught in the City of Weston focusing on the basic principles of self-defense, kata, fighting, and weaponry to build confidence and self-esteem.

For more information, visit www.foxusagoju.com or email Sensei at schopp4@att.net.

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Kidokinetics

Wednesday 4:00 – 4:45 p.m., Ages 3 - 5
 January 17 – February 28, 2018 (7 weeks)
 March 7 – April 25, 2018 (7 weeks) No class 3/28
 May 2 – May 30, 2018 (5 weeks)
 \$55 for 5 weeks / \$77 for 7 weeks

Kidokinetics is the fun way to fitness that's inspiring kids to get up, get moving and get in shape! Children will develop important building blocks for life: discipline, confidence, coordination, fine and gross motor skills, and fitness. Participants enjoy a new activity each week in a fun and non-competitive atmosphere. Meets indoors.

For more information on any Kidokinetics class, visit www.kidokinetics.com or call 954-385-8511.

Kidokinetics, Jr.

Tuesday 9:15 – 10:00 a.m., 15 - 24 months
 10:00 – 10:45 a.m., Ages 2 – 4
 January 16 – February 27, 2018 (7 weeks)
 March 6 – April 24, 2018 (7 weeks) No class 3/27
 May 1 – May 29, 2018 (5 weeks)

Wednesday 4:45 – 5:30 p.m., Ages 2 – 4
 January 17 – February 28, 2018 (7 weeks)
 March 7 – April 25, 2018 (7 weeks) No class 3/28
 May 2 – May 30, 2018 (5 weeks)
 \$55 for 5 weeks / \$77 for 7 weeks

An introduction to physical activity for toddlers through age 4, these classes increase body awareness and help the youngest ones learn coordination and balance by participating in a fun, new activity each week.

Nike Marathon Kids Running Club

Wednesday 4:00 - 4:45 p.m., Grades K – 5
 January 17 – February 28, 2018 (7 weeks)
 March 7 – April 25, 2018 (6 weeks) No class 3/21 & 3/28
 May 2 – May 30, 2018 (5 weeks)
 \$55 for 5 weeks / \$66 for 6 weeks / \$77 for 7 weeks

Learn to run/walk 26.2 miles this school year! Getting kids active at a young age is critical for creating a lifelong commitment to physical activity. Kidokinetics is proud to partner with Marathon Kids to offer a FUN, simple and effective program that gets children moving. The

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program focuses on effective goal setting which impacts participants in other areas of life. Incentives and rewards are provided to participants that meet their goals.

For more information on any Kidokinetics class, visit www.kidokinetics.com or call 954-385-8511.

SAT Preparation Class

Classes for the March 10th Exam

January 14 – March 8, 2018 | Sunday, 10:30 a.m.–1:00 p.m. or Thursday, 7:15 – 9:45 p.m.

Classes for the June 2nd Exam

April 8 – May 31, 2018 | Sunday, 10:30 a.m.–1:00 p.m. or Thursday, 7:15 – 9:45 p.m.

Classes for the August 25th Exam

June 17 – August 9, 2018 | Sunday, 10:30 a.m.–1:00 p.m. or Thursday, 7:15 – 9:45 p.m.

\$475 for 8 weeks, includes text book and materials

This course prepares students for all facets of the most recent version of the SAT for success on total score and section scores. Instructor, Jeff Steinberg, thoroughly reviews content and practical strategies for scoring well on the exam. He originally developed and taught this course at the University of Miami and has been offering this class in Weston since 2001 with remarkable results.

For more information or to enroll, please contact Mr. Steinberg at 954-478-0792.

Superstars Dance and Baton

Thursday	4:00 – 5:00 p.m.	Beginner, Ages 4-7
	5:00 – 6:00 p.m.	Beginner, Ages 8-12
	6:00 – 7:00 p.m.	<i>Shining Stars</i> Competition Team
	\$55 per month, plus \$55 annual registration fee, includes baton & pompoms	

This is a high-energy combination class that includes cheerleading, baton twirling and dance. Develop grace, poise and self confidence. Members will be invited to perform in Disney World and halftime shows for the Miami Heat, Miami Dolphins, University of Miami and a variety of local events.

For more information, please call 954-438-2075 or visit www.floridasuperstars.com.

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Advanced Performance Ensemble

Sunday 4:00 – 8:00 p.m., Ages 13-18
 \$425 per session
 January 21 – May 6, 2018

This class targets serious theatre students that are interested in fine-tuning their performance skills. The program culminates in the production of a Broadway musical performance in a professional theatre setting. **Please note: Rehearsal hours will be added on Sundays, once the show is cast.**

For more information, contact Robin Braun of Inside Out Theatre Company at 954-385-3060 or visit www.insideouttheatre.org.

ADULT PROGRAMS

AARP Defensive Driving Class

Saturday, March 17, 2017 9:30 a.m. - 3:30 p.m.
 \$15 for AARP members
 \$ 20 non-members

AARP's Smart Driver Class is a six-hour classroom session designed for drivers age 60 and over to refresh driving skills, review the current rules of the road and learn defensive driving techniques. The course may earn you a discount on your automobile insurance.

Advanced registration is required. Participants should bring a bagged lunch. AARP members should bring their card for proof of membership. **To register, call Linda Peck at 954-943-0648.**

Adult Karate

Monday 7:00 - 8:30 p.m.
 Wednesday 8:00 - 9:30 p.m.

\$125 (1 class/week) for 3 months | \$200 (2 classes/week) for 3 months

USA Goju Karate is a practical martial art taught to active adults seeking strength, conditioning and flexibility. Since 1997, David Schopp, 6th degree Black Belt, has taught in the City of Weston, focusing on the basic principles of self-defense, kata, fighting, and weaponry. A great class for building confidence and self-esteem.

For more information, visit www.foxusagoju.com or email Sensei at schopp4@att.net.

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Adult Posture and Alignment Class

Sunday 10:30 a.m. – 11:30 a.m.

Thursday 9:30 a.m. – 10:30 a.m.

\$88 1 class/week or \$176 2 classes/week per 8-week session

February 1 – March 25, 2018

Appropriate for all ages and fitness levels, this class is designed to promote proper alignment, correct posture and active muscle engagement that can reduce or eliminate pain. The exercises are based upon the Egoscue Method and involve the use of props, which are designed to help decrease the rotations of the trunk and pelvis, improve rounding of the shoulders and normalize the curves of the spine.

For more information, contact Randee Engelhard, BS, MPT, PAS, Physical Therapist and Posture Alignment Specialist at 954-873-5666 or visit www.realignbyrandee.com

Watercolor Painting

Friday 10:00 a.m. - 1:00 p.m.

\$195 for 6 weeks

Award-winning watercolorist Rolande Moorhead teaches the vocabulary of colors, shapes, composition and preliminary drawing.

For more information, call 954-721-6055.

Weston 55+ Club

Membership: \$50 per year

The 55+ Club meets weekly for a wide variety of activities, including board games days, luncheon outings, movie afternoons, lectures and other events as interest arises!

For more information, call Dottie at 954-349-6029. Visit Westonfl.org/Parks for the monthly 55+ activity calendars.

Open Bridge Play

Monday 12:30 - 4:00 p.m.

Wednesday & Friday 12:30 - 3:30 p.m.

Join your friends for an afternoon of Bridge.

For more information, call Bernice Ross at 954-389-8756 (regarding Monday play) or Mac Rosen at 954-385-3683 (about Wednesday & Friday play).

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Open Mah-Jong

Thursday 11:00 a.m. - 3:00 p.m.

Enjoy a game of Mah-Jong with friends weekly.

Call Linda Pevar at 954-294-7960.

**Additional programs may be added throughout the year.
Call the Community Center at 954-389-4321 to inquire.**

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