

# C-SPAN DIGITAL BUS VISITS WESTON CITY HALL

The C-Span Digital Bus, equipped with the latest interactive technology, connects visitors to public affairs and government, while providing a greater understanding of C-SPAN.

On Tuesday, November 30, 2010 the C-SPAN Bus visited Weston City Hall attracting residents, visitors and city staff. Equipped with four Touchsmart computer kiosks, two HD monitors, three Mac laptops, an I-Pad

and I-Phone, and a Smartboard, visitors had their hands full of new-age technology to access C-SPAN's resources, which include the Video Library, C-SPAN Classroom, Book TV, and websites.

In 1993, the C-Span Bus program began with the C-Span School bus that remained operational until this brand-new C-SPAN Digital Bus and LCV was officially launched in summer of 2010. The C-SPAN Digital Bus attends events across the country including book festivals, education conferences and political gatherings at high schools, universities, libraries, and many other locations.









# VETERAN FIRE CAPTAIN RETIRES CAPTAIN JAMES ROSS PRUITT

A/K/A "the car seat guy"

Captain James Ross Pruitt received a fitting farewell on November 30, 2010 Broward after serving County for over 30 years. Captain Pruitt inspected his troops for the last time that Monday morning, and more than a few grown men had tears in their eyes, saying goodbye to their highly respected Captain and friend.



After having served as a volunteer firefighter, Ross was officially hired by the County in 1977 following the merger of several volunteer departments. He was promoted to Captain in 1986 and worked in Weston prior to the City's incorporation in 1996 through to his retirement. Captain Pruitt is recognized for assisting the County in forming a successful relationship with the City through his professionalism, communication and continual efforts in community service. Ross was instrumental in the City's fire hydrant numbering and annual maintenance (over 1,500 hydrants), pre-fire planning and new apparatus implementation.

Captain Pruitt is probably most widely known throughout Weston as "the car seat guy". Each year Ross would complete the mandatory hours of training to maintain his certification as a Car Safety Seat Installation Technician and spend many hours during each shift installing and inspecting child safety seats for Weston parents and grandparents, ensuring the safety of their most precious cargo. Ross has installed literally thousands of car seats during his career in Weston as installations by the fire department would total anywhere from 400 to over 600 yearly.

Captain Pruitt is now looking forward to spending more time with his grandchildren, horses and traveling the U.S. *Enjoy!!* 







# Annual Rotary Holiday Run - Weston Lane Closures and Traffic Delays Sunday, December 12, 2010

6:00AM – 10:30AM

The Holiday Rotary Run has been a longstanding tradition in Weston, benefitting many local charitable organizations.

Take note of the race areas to avoid any delays in your travel plans and for an enjoyable experience for all.

#### **ROAD CLOSED – 6AM-10AM**

Bonaventure Blvd., both directions, between Royal Palm Blvd. and South Post Road

#### Expect Delays - 6:30AM-10:30AM

Royal Palm Blvd., both directions, between Bonaventure Blvd. & Saddle Club Road Glades Parkway, both directions, between Saddle Club Rd. and Glades Circle South Bonaventure Blvd., both directions, between Three Village Rd. and Royal Palm Blvd. Bonaventure Blvd.,both directions, between South Post Road and Griffin Road

#### **Expect Delays – 6AM-8AM**

**Town Center Circle** 

Town Center Blvd., northbound, between Town Center Circle and Three Village Rd. Town Center Blvd., southbound, between Town Center Circle and Royal Palm Blvd. Three Village Road, eastbound, between Town Center Blvd and Bonaventure Blvd.





### **GET FIT FEST!**

# SUNDAY, DECEMBER 12, 10AM-4PM Weston's First-Ever Health, Wellness & Fitness Festival

An exciting, educational and fun-filled conclusion to the Get Fit Weston initiative, the GET FIT FEST, a free health, wellness and fitness festival will be held on Sunday, December 12<sup>th</sup> in Town Center from 10AM-4PM.

Get Fit Weston has helped hundreds to tone up, slim down, eat healthier and step up their physical activity and now it's time to celebrate!

### This first ever event for Weston is chock full of entertainment, demonstrations and activities

Free Health Tests
Former Miami Dolphin, Terry Kirby
Broward County's largest ZUMBA workout
Miami Heat Dancers
Live Music by The First Street Heat
The Florida Panthers PlayStation 3NHL Party Mobile
The Miami Dolphins/Gatorade Junior Training Camp
The Marlins Street Team

Powerlifting Demonstration Gymnastics Demonstration Cheerleading Demonstration Martial Arts Demonstration Yoga Demonstration

#### **Workshops**

Healthy Cooking, The Fresh Diet
Training the Right Way
Selecting the Proper Excersize Footware
The Right Running Shoes for You
Getting Your Kids Excited About Healthy Eating

And over 40 local exhibitors with the latest health & wellness products & services

### Sunday, December 12, 10am-4pm Weston Town Center



Weston's First-Ever Health, Wellness & Fitness Festival

#### **LIVE & IN PERSON!** at Weston Town Center



Former Miami Dolphin & Fitness Expert TERRY KIRBY



USAPL Florida State Bench Press Record Holder



THE MIAMI HEAT DANCERS



Miami Dolphins/Gatorade
JUNIOR TRAINING CAMP



Florida Panthers PlayStation 3 NHL 2010 PARTY MOBILE





THE FIRST STREET HEAT Funk, Hip Hop, Pop & Soul all rolled into one fun band from Ohio!



#### FREE HEALTH TESTS! Know Your Numbers!

NIIOW TOUI NUITIBETS:

AARP Walgreens.
Wellness Tour

\$140 Health Tests for FREE!\*

Glucose

Total Cholesterol

Waist Circumference

Body Mass Index (BMI)

**Blood Pressure** 

**Bone Density** 

\*Must be 18 or over. First come, first served

### Cleveland Clinic

Florida

Blood pressure

Glucose\*

Cholesterol\*

**Strength Assessments** 

Flexibility Assessments

**BMI Calculations** 

\*Test Results available by mail 2 weeks after testing.
You may fast prior to these tests for more accurate results

#### **ENTERTAINMENT & EDUCATION**

#### Main Stage at the Bell Tower

8:30 AM Post Race Cooldown Workout
9:30 AM Mind, Body, Spirit Challenge Quiz Bowl
10:00 AM Meet Terry Kirby, Former Miami Dolphin
11:00 AM Gymnastics Demonstration, Park Ave. Gymnastics
11:30 AM FREE: Broward County's Largest ZUMBA Workout
12:00 PM Miami Heat Dancers
12:30 PM Cheerleading Demonstration, Miami Elite Cheer & Dance

1:00 PM Florida's Strongest Man, LeBron Grimes, Powerlifting Demo
1:30 PM LIVE MUSIC: Funky Fun from Ohio: The First Street Heat
2:30 PM Martial Arts Demonstration, Imperial Martial Arts

3:00 PM Yoga Demonstration, Weston Yoga

#### **Workshops & Demonstrations on Market St. Stage**

Healthy Cooking, The Fresh Diet
Training the Right Way,
Selecting the Proper Exercise Footwear
The Right Running Shoes for You
Getting Your Kids Excited About Healthy Eating

PLUS: the Latest Health & Wellness Products & Services from more than 40 Local Exhibitors

# There's still time to Get Fit! Register today. www.getfitweston.com

FRED HUNTER'S



















### GIVE THE GIFT OF LOVE THIS HOLIDAY SEASON

Purchase a Broward County Animal Care Gift Certificate to Help a Homeless Pet

Don't quite know what to get that animal lover for the holidays? Well, Broward County Animal Care and Adoption has the "purrfect" solution that will make someone happy and at the same time, go to help the pets at the shelter.



If you know of someone who would love a four-pawed, furry friend in their lives, then you can purchase an Animal Care gift certificate. Each certificate is \$74.95 and covers the adoption fee of a homeless dog or cat. It also includes all necessary vaccinations, pet licensing and spaying/neutering. The certificates are good for one year and can be used at either Broward County Adoption Center in Fort Lauderdale or Pompano Beach.

Gift certificates are available through Broward County Animal Care and Adoption. In Fort Lauderdale the address is 1870 S.W. 39th Street. In Pompano Beach the address is 3100 N.W. 19th Terrace.

For more information about the agency, visit <a href="https://www.broward.org/animal">www.broward.org/animal</a>





## MOTORISTS AND RESIDENTS SHOULD TAKE SAFETY PRECAUTIONS REGARDING WILDLIFE

Weston's close proximity to the Everglades provides an environment rich in wildlife. While wildlife adds a unique and often enjoyable component to our community, motorists and residents are reminded to take safety precautions.



#### In accordance with the Department of Motor Vehicles (DMV):

- A collision with some form of wildlife occurs, on average, every 39 minutes.
- One out of every 17 car collisions involves wandering wildlife.
- 89% of all wildlife collisions occur on two-lane roads.
- 84% of all wildlife collisions occur in good weather on dry roads.
- The average repair cost of a car-deer collision is \$2,800.
- Approximately 200 motorists die in the United States each year from car-wildlife collisions.



### Trim your chances of colliding with traversing wildlife by practicing the following precautions:

- Slow down when passing yellow animal-crossing signs.
- Wildlife is most active during dusk, dawn, and night. Look for reflecting eyes.
- Headlights have an illumination range of 200 to 250 feet. To allow for sufficient brake time, reduce your speed to 45 mph at night.
- Pay attention to shoulders. Even though wildlife may be off to the side as your car approaches, animals may suddenly attempt to flee by inexplicably leaping into the road. Slow as you approach, and don't hesitate to hit the horn.
- Keep in mind that deer wander in groups. If you see one crossing, slow to a crawl. More are bound to follow.





Online News Article

### **BROWARD COUNTY "365 FOOD DRIVE" COLLECTIONS TOP 10,000 POUNDS!!!**

#### A YEARLONG EFFORT TO COLLECT FOOD AND TOILETRIES

Broward County's "365 Food Drive" continues. Headed into its twelfth month, the program has now collected and donated over 10,402 pounds of non-perishable items for local food pantries.

While all non-perishable food items are welcome, each month has a theme or focus:

#### FOR DECEMBER – the focus is on items for a fabulous winter holiday meal

Residents are encouraged to take advantage of "buy one-get one free" offers from area grocery stores, and donate the second item to the 365 Food Drive.

Collection boxes are available at the Broward Government Center, County Courthouses, the Broward County Main Library and all branch libraries.

#### **WESTON COLLECTION LOCATION:**

#### The Weston Branch Library

4205 Bonaventure Blvd.

Hours: Mon-Wed 10am-8pm and Sat 10am-6pm

#### Suggested Donation Items - All items must be nonperishable

- Individually-Packaged Entrees
  - Soups Canned or Instant
  - Beans Dry and Canned
  - Baby Food and Formula
  - Nonperishable Cheese
  - Crackers and Cookies
  - Cereal Hot or Cold Canned Vegetables

  - Diapers and Wipes
    - Canned Meats
    - Canned Fruits
    - Peanut Butter
    - Jelly or Jam
    - Canned Fish
    - Shelf Milk
      - Pasta
      - Juice
      - Rice

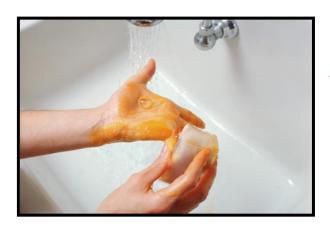




# NATIONAL INFLUENZA VACCINATION WEEK DECEMBER 5-11, 2010

The Broward County Health Department continues to advise the public to take precautionary measures against influenza (flu). Flu season can begin as early as October and last as late as May. **Everyone 6 months and older is encouraged to get vaccinated against the flu.** 

The flu is a contagious disease, caused by the influenza virus, and spreads to others when infected persons cough, sneeze or talk. Individuals at high risk for flu complications include children, pregnant women, persons age 65 years and over, and persons of any age with chronic medical conditions. It is especially important for these individuals and their caretakers to get vaccinated.



Along with getting vaccinated, these steps are very effective in preventing the spread of influenza:

- Wash your hands often with soap and water or an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, or mouth.
- Do not share eating utensils, drinking glasses, towels or other personal items.





# UPCOMING EVENTS DECEMBER 2010



Saturday, December 11th 7:30 p.m. Moonlight Movies in the Park

#### **Avatar**

In the future, Jake, a paraplegic war veteran, is brought to another planet, Pandora, which is in habited by the Na'vi, a humanoid race with their own language and culture. Those from Earth find themselves at odds with each other and the local culture

**Genre:** Animation | Comedy | Family | Fantasy | Sci-Fi Bring lawn chairs or blankets and relax. Full-length feature films are projected onto a giant inflatable screen. The movie is presented at the event stage in Weston Regional Park, 20200 Saddle Club Road. For more information, please call 954-389-4321.



Sunday, December 12<sup>th</sup>
13<sup>th</sup> Annual Rotary Run For Tomorrow
Half Marathon and 5K Run/Walk

Event Starts: Half Marathon at 6:30AM and 5K at 6:40AM

Annual event with a NEW location: the start and finish line will be in the Weston Town Center with the Get Fit Fest following the competition. For details including age groups, race course, and other details, please click on the links

below.

Entry Fees thru December 11, 2010

Half Marathon - Pre-Registration: \$20 Raceday Registration: \$45 5K Run/Walk - Pre-Registration: \$20 Raceday Registration: \$35

http://www.westonrotaryclub.com/Run For Tomorrow %20Committee%20.html or http://www.splitsecondtiming.com/







#### Sunday, December 12, 2010 10AM-4PM Get Fit Fest – Health, Wellness & Fitness Festival

#### **Weston Town Center**

Free Health Tests, Live Music by The First Street Heat, Miami Dolphins Jr. Training Camp, Florida Panthers Playstation Party Mobile, Marlins Street Team, Miami Heat Dancers, Superman/Superwoman Challenge; Guest star appearance: Terry Kirby, Former Miami Dolphin.

<u>Demonstrations:</u> LeBron Grimes-Florida's Strongest Man, Powerlifting Demo; Yoga Demo; Gymnastics Demo; Cheerleading Demo; Martial Arts Demo; ZUMBA – Broward's largest Zumba workout.

<u>Workshops:</u> Healthy Cooking; Training the Right Way; Selecting Proper Exercise Footwear; The Right Running Shoe; Getting Kids Excited about Eating Healthy; plus over 40 exhibitors with the latest health and wellness products and services.



#### Monday, December 13<sup>th</sup> 5pm & 7:15pm Weston Foreign Film Series

#### A Deal is a Deal

A comedy about ordinary people with unique dilemmas. (UK, 2008) **Tickets:** \$7 per ticket

Tickets available at the Weston Community Center, Friends Bookstore at the Weston Branch Library & Community Bank of Broward

### Saturday, December 18<sup>th</sup> 10:00 am – 4:00 pm AARP Safe Driving Program for Mature Adults

#### **The Weston Community Center**

The City of Weston is offering AARP's 55 Alive/Mature Driving Program. This is a six (6) hour classroom session designed as a refresher course in safe driving. The course is designed especially for older motorists dealing with age related physical changes. The course is available to anyone 50 and over. A reduction in automobile insurance is allowed to each person 55 and over, by most insurance companies when the course is completed and the driver has a safe driving record. Advance registration is required.

To register, call Sonny at 954-385-9920

Location: Weston Community Center, 20200 Saddle Club Road, 954-389-4321

**Cost:** \$12.00 members/\$14.00 non-members (please bring a bagged lunch and members should bring AARP card)





#### Friday, December 24th

#### **City Offices Closed**

All City administrative offices (City Hall, the Community Center, the Public Works Services Center, and the Building Department) will be closed in observance of the Christmas holiday.

#### All City parks will close at 6PM

There will be regularly scheduled garbage collection.

#### Saturday, December 25<sup>th</sup>

No Garbage/Recycling Collection – collection will be on your next regularly scheduled collection day, of Monday, December 27<sup>th</sup>.

All City Parks will close at 6PM



#### **Christmas Tree Curbside Collection – Trees are Recycled**

Residential Christmas tree curbside collection begins Monday, January 3<sup>rd</sup> and the last collection day will be on Saturday, January 29<sup>th</sup>.

Place tree curbside and not obstructing regular garbage cart collection.

Be sure to remove all ornaments and lights as trees are recycled.

#### Friday, December 31st

#### **City Offices Closed**

All City administrative offices (City Hall, the Community Center, the Public Works Services Center, and the Building Department) will be closed in observance of the New Year's Day holiday.

#### All City parks close at 6PM

There will be regularly scheduled garbage collection.



#### **PLANNING AHEAD:**

The next free Residential Bulk Trash Pick-up will occur in JANUARY on your regularly scheduled garbage day as follows:

Wed., January 26th, Thur., January 27th, or Friday, January 28th / Multi-family: Sat. 29th