



FREE RESIDENTIAL BULK TRASH PICK-UP

Wednesday, July 21st; Thursday, July 22nd; Friday, July 23rd; and
*Saturday, July 24th

Bulk trash will be picked up only on your regularly scheduled collection day. Bulk trash must be placed curbside by 7 a.m. For residences with dumpster service, place items alongside dumpster. *Indicates pick-up for multi-family units (condominiums & apartment complexes).

Occasionally bulk trash is not collected on its regularly scheduled collection day due to heavy volume, if this occurs it will be collected the following day.

THINK BEFORE YOU THROW – Consider donating before tossing

Help those in need, keep items out of the waste stream, *and* get a tax deduction. Several national organizations will even pick-up directly from your residence – you don't even have to wait for bulk pick-up day! There are many local, well-established charitable organizations that readily accept donated items.

From Your home to a New home...

Don't forget pet shelters, many are in need of sheets and towels on a regular basis.

For more information, please call the Weston Public Works Services Center at 954-385-2600.



Kidokinetic Classes Offered At the Weston Community Center

Kidokinetics is the fun way to fitness that's inspiring kids to get up, get moving and get in shape!

This diverse sport fitness program helps children ages 2 to 10, develop important building blocks for life: discipline, confidence, coordination, fine and gross motor skills, and fitness. Activities include: soccer, hockey, tennis, basketball, volleyball, golf, t-ball, polo, lacrosse, frisbee, hula-hoops, obstacle courses, relays, hurdles and more.

Tuesday Session: 8/3 to 9/7 - \$50 (or) 9/14 to 10/26 - \$55
Thursday Session: 8/5 to 9/2 - \$40 (or) 9/16 to 10/28 - \$55

	Tuesdays	Thursdays
Ages 2-3	10:00-10:45	
Ages 3-5	4:00-4:45	
Ages 2-3	4:45-5:30	
Ages 5-10		4:15-5:00
Ages 3-5		5:00-5:45

Babykinetics is an introduction to physical activity for babies. The classes increase body awareness and help babies learn coordination, balance and to control muscles. Babies will have a fun opportunity to interact with soccer balls, footballs, bouncy balls, bean bags, cones, hula hoops, tunnels and much more, all with their parents proudly standing by.

Summer Session II: 8/3 to 9/7 - \$50
Fall Session I: 9/14 to 10/26 - \$55

Ages 15 months to 24 months (Tuesday 9:15-10:00)
Ages 6 months to 14 months (Tuesday 10:45-11:30)

Kidokinetics Jr. is a high energy, active class for both parents and children. Introducing them to sports and making fitness fun while setting the pace for them in years to come. Parent and child will develop coordination, concentration, and motor skills, while having fun in a safe, non competitive environment. Every week focuses on a different sport. Activities include soccer, hockey, basketball, hula hoops, bean bag skills, football, tennis, t-ball, obstacle courses, golf and much more.

Summer Session II: 8/7 to 9/11(no class 9/4) -\$40
Fall Session I: 9/25 to 10/30 - \$50

Ages 18 mos-4 years (Saturdays 9:00-9:45)

All classes are held indoors. For more information call 954-385-8511. To register call the Weston Community Center at 954-389-4321 or register online at <http://www.westonfl.org/Departments/ParksAndRecreation/ClassRegistrationHome.aspx>



TAKE STEPS NOW TO BE PREPARED HURRICANE-PROOF YOUR BUSINESS!

HURRICANE PREPAREDNESS – *A Continuing Series*

Business owners are tasked with the double responsibility of securing a home and a business when preparing for a hurricane. Following the checklist below now, will help later when a storm is looming.

- Make multiple backups of critical computer data and store them off premises. Keep checks, purchase orders, financial records, property and vehicle titles off the premises as well.
- Unplug and wrap all electronics in plastic and store them in high and dry places.
- Have a communication plan in place and make sure your employees' emergency contact information is current.
- Take "before" photos NOW and then, "after" pictures to aid in any claims.
- Allow employees adequate time to prepare for the approaching storm.

Use Weston's online Emergency Preparedness tool



Just go to <http://www.westonfl.org/ReadyTownAgent.aspx>



WESTON **KEEPS** BSO SCHOOL RESOURCE DEPUTIES IN SCHOOLS

Contrary to the July 13, 2010 report by Steve Litz on Miami's NBC6, the City of Weston will continue to fund the School Resource Deputy program in the School Board of Broward County's schools located in Weston.

The City, along with funding from the School Board, will provide one BSO School Resource Deputy in Cypress Bay High School, one in Tequesta Trace Middle School, one in Falcon Cove Middle School, and two shared among the six elementary schools located in the City.

What the School Resource Deputy Program is about -

The program has grown beyond the initial mission of providing security on school grounds to incorporate the goal of addressing the risk factors that contribute to juvenile delinquency. This is accomplished both by enhancing the relationship between law enforcement and students, as well as through the implementation of specific prevention and intervention programs. These efforts are focused primarily on the issues of school safety, violence prevention, drug awareness, and gang resistance.





Broward County Health Department Urges Residents to Protect Against Mosquito-Borne Illnesses

Officials at the Broward County Health Department are reminding the public how important it is to eliminate mosquito-breeding sources and to take precautions against mosquito bites. West Nile Virus (a strain of encephalitis), St. Louis Encephalitis, Eastern Equine Encephalitis and Dengue Fever are known diseases carried by mosquitoes. Taking appropriate precautions will help to prevent mosquito-borne and/or transmitted diseases.

RECOMMENDED PREVENTATIVE METHODS:

- Avoid outdoor activities when mosquitoes are most active (normally at Dusk and Dawn).
- Dress in clothing that covers the skin (long pants and long sleeves).
- Use DEET (with concentrations up to 30%) or other repellents containing picaridin or oil of lemon eucalyptus - when the potential exists for exposure to mosquitoes. It is NOT recommended to use DEET on children less than two months of age. Instead, infants should be kept indoors or mosquito netting used over carriers. Always read the manufacturer's directions carefully before applying repellent.
- Check Drainage - around your home and rid it and surrounding areas of any standing water where mosquitoes can lay their eggs.
- Make sure that windows remain closed or are sealed completely by screens (especially at night). Keep screens in good repair.

All three encephalitis strains produce the same symptoms: headache, fever, fatigue, dizziness, light sensitivity and confusion. Symptoms of dengue fever vary according to the age of the patient. Infants and young children may have a fever with rash. Older children and adults may have either a mild fever or a more severe case of the disease with abrupt onset and high fever, severe headache, pain behind the eyes, muscle and joint pains, and rash.

People with serious health problems, infants and the elderly are most at risk. Persons experiencing these symptoms should seek medical attention. Physicians should contact the Broward County Health Department if they suspect an individual meets the case definition for a mosquito-borne disease.



TIPS ON ELIMINATING MOSQUITO BREEDING SITES:

- Clean out any troughs and gutters.
- Remove old tires and drill holes in tires used in playgrounds so that water can drain out.
- Turn over or remove empty flower pots, beverage containers and cups.
- Check tarps on boats, equipment or patio furniture to ensure they are not collecting water.
- Pump out bilges on boats.
- Replace water in birdbaths and pet/animal feeding dishes at least once each week.
- Change water in plant trays, including hanging plants, at least once each week.
- Remove vegetation or obstructions in drainage ditches that prevent the flow of water.
- Clean and chlorinate swimming pools (and pool covers) that are not being used.
- Use landscaping to eliminate standing water.

For more information on mosquito-borne diseases and prevention methods visit <http://www.epa.gov/pesticides/health/mosquitoes/mosquito.htm> or www.browardchd.org

Who to call for mosquito spraying: Broward County Mosquito Control operates a countywide control program. Any Broward resident or business owners who are troubled by mosquitoes may request service by:

Phone (954) 765-4062

Online, using the County Mosquito Spraying Request Form:

<http://bcegov3.broward.org/mosquito/>