



## 18<sup>th</sup> Annual HARVEST DRIVE "Children Helping Children" THANK YOU FOR YOUR GENEROSITY

The Harvest Drive is a yearlong project that culminates in a food collection event that takes place at a number of public schools every Thanksgiving.

The photos below show just how generous our community is, and the amount of work that the Harvest Fest "Worker Bees", students and volunteers undertake.

Extremely organized in their 18<sup>th</sup> year of feeding those in need for the Thanksgiving holiday, the Harvest Fest crew is shown here sorting and packing on Monday, November 22<sup>nd</sup> at Western High School.



**They completed their mission this year of feeding over 1700 families in Broward County.**







## CONGRATULATIONS BRAD KAINE, DIRECTOR OF PUBLIC WORKS

**The American Public Works Association, South Florida branch has presented its Administrative Support Award to Brad Kaine, Weston's Director of Public Works.**

The award, presented on November 19, 2010, is in recognition of Brad's outstanding achievement in the area of public works administration and his significant contributions to the advancement of administrative management.



The award recognizes: outstanding leadership and vision evidenced by employing progressive management techniques; employment of new innovative ideas and technology in advancing the effectiveness of administrative management; implementation of effective methods to optimize fiscal management of administrative services; maintenance of a high degree of satisfaction among customers and other stakeholders.

The American Public Works Association (APWA) is an international educational and professional association of public agencies, private sector companies, and individuals dedicated to providing high quality public works goods and services. APWA provides a forum in which public works professionals can exchange ideas, improve professional competency, increase the performance of their agencies and companies, and bring important public works-related topics to public attention in local, state and federal arenas.

Public Works and Utilities services in Weston include pavement and drainage maintenance of the public rights-of-way, the maintenance of the public water bodies, maintenance of water mains, sanitary sewer mains, and lift stations, and managing the city's contract for solid waste disposal and recycling.

***Mr. Kaine is congratulated on this recognition and honor by those within his professional association.***



## Weston Mayor Throws Down Challenge to Weston Elementary School Students "Mayor's Get Fit Cup Challenge"

With students having enjoyed a long holiday weekend, many filling up on one too many helpings at Thanksgiving, Mayor Hersh has added a new challenge to *Get Fit Weston* – this to Weston's youngest residents – the "Mayor's Get Fit Cup Challenge."

The Mayor and City Commissioners would like to see every student in Weston, and their family, participate in the **December 12<sup>th</sup> Rotary Run for Tomorrow 5K**. And to clarify, it's not necessary to *run*, participants can walk.

The challenge is to get as many people to participate as possible. The prize: the school with the largest number of participants, based on a percentage of their enrollment, will win the "Mayor's Get Fit Challenge Cup".

*Get Fit Weston* has made it extremely affordable for students and parents with a special family registration fee of just \$8 per student or \$25 for a family of up to 5 people. The registration form, only for students in Weston elementary schools is attached and forms were made available all of the schools Principals via a personal email from Mayor Hersh.

**Date:** Sunday, December 12, 2010  
**Time:** 6:30 AM  
**Location:** Weston Town Center  
1900 Bell Tower Lane, Weston, FL

After the 5K there will be tons of fun for kids and parents alike when the free Get Fit Fest kicks off at 10AM!



*Get FIT* is a partnership between the Rotary Club of Weston, Cleveland Clinic Florida, the City of Weston, the YMCA of Broward County, Billy Beck III Personal Performance & Training Center, and the Midtown Athletic Club, to help make Weston the Fittest City in Florida, and raise funds for the development and implementation of after school physical activity programs at elementary schools in Weston where PE is being eliminated or cut back due to budget cutbacks.

**B** Billy Beck III Personal Training  
& Performance Center presents

The 13th Annual

# Run for Tomorrow



A Rotary Club of Weston Charitable Event



# Mayor Issues Challenge to Weston Elementary Schools



**Asks all students to participate in the Rotary Run for Tomorrow 5K Run/Walk. Will award "Mayor's Get Fit Challenge Cup" to the school with the most participants**

With Get Fit Weston underway, the Mayor would like to see every student in Weston, and their family, participate in the December 12th Run for Tomorrow 5K. Don't worry Mom's and Dad's; you can walk if you like!

The challenge is to get as many people to participate as possible. The school with the largest number of participants will win the "Mayor's Get Fit Challenge Cup". Students and parents can register for a reduced price of \$8 per student or \$25 for a family of up to 5 people.



**Print the registration form on the following page, fill it out and return it to your teacher with your entry fee. Walk with Mayor Hersh and hundreds of others as we help make Weston the Fittest City in Florida!**

**Walk in the morning, then stay all day for health, fitness & wellness activities**

# Walk to Get Fit Sunday December 12, 2010

**NEW LOCATION! Weston Town Center**



Sponsored by:



Media Sponsors:



# Which Weston elementary school will win the Mayor's Get Fit Challenge Cup?



Kids' Fitness Training on our real grass, mini football field, right in the middle of Town Center!

Food! Prizes! Contests! Live Entertainment All Day!  
Billy Beck III Superman/Superwoman Challenge



## Sign up today and help your school win!

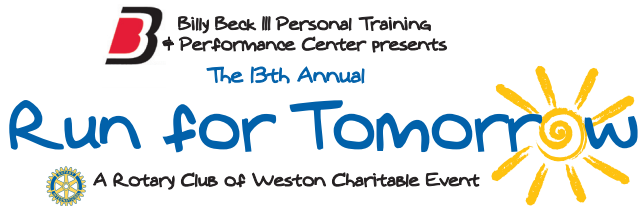
**DATE:**  
Sunday, December 12, 2010

**LOCATION:**  
Weston Town Center  
Bell Tower Lane

**SCHEDULE:**  
Check-in 5:30-6:45 am  
Advanced Registration Required  
Half-Marathon 6:30 am  
5K Run/Walk 6:40 am  
Get Fit Fest 8:00 am -4:00 pm

**FREE HEALTH TESTS!** **AARP** | **Walgreens**  
Know Your Numbers.  
Hop onboard the Walgreens Wellness Bus!  
**Wellness Tour**  
Smarter. Stronger. Healthier.

**FREE PARKING!**



**STUDENT/FAMILY PARTICIPANT REGISTRATION FORM**  
Turn this form in to your teacher at school, along with your payment



Arrive by 6:30 am. Walkers will not be allowed to enter the course after the official start time of the 5K Run/Walk

**All participants must complete this registration form!**

Student Name \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_  
 Student Name \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_  
 Student Name \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_  
 Parent/Guardian \_\_\_\_\_  
 Parent/Guardian \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

**FEE: \$8 per person; \$25 per family (up to 5 people!)** Total # participants \_\_\_\_\_ Total Fee Enclosed: \$ \_\_\_\_\_

**RELEASE:** In consideration of accepting this entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors and administrator, waive and release any and all rights and claims for losses and damages I may have against The Rotary Club of Weston; The City of Weston; Split Second Timing Inc.; Race Directors, their officers, directors, members, and volunteers, any and all injuries suffered by me in said event. I attest that I am physically fit and have sufficiently trained for the competition of this athletic event and competition which I am voluntarily entering at my own risk. My physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all foregoing to use photographs, videotapes, motion pictures, recordings or any other records of this event for any purpose whatsoever. USE OF STROLLERS, BABY JOGGERS, HEADSETS OR WALKMANS IS NOT PERMITTED ON THE COURSE. NO ONE MAY ENTER WITHOUT SIGNING THIS OFFICIAL WAIVER.

**DATE** \_\_\_\_\_ **SIGNATURE** \_\_\_\_\_ **GUARDIAN** \_\_\_\_\_  
 (If under 18, signature of legal guardian of participant is required.)

**HEAT WARNING:** Temperatures/humidity can be high in South Florida. Participants should drink plenty of fluids (non-alcoholic) for 48 hours prior to, during and upon finishing the race. Beware of heat-injury symptoms (dizziness, sweating, nausea, cramps, redness, incoherent speech and thoughts). Seek immediate assistance if these symptoms occur. Wear loose, light-colored clothing.



## **GET FIT FEST!**

**SUNDAY, DECEMBER 12, 10AM-4PM**

### **Weston's First-Ever Health, Wellness & Fitness Festival**

An exciting, educational and fun-filled conclusion to the Get Fit Weston initiative, the GET FIT FEST, a free health, wellness and fitness festival will be held on Sunday, December 12<sup>th</sup> in Town Center from 10AM-4PM.

Get Fit Weston has helped hundreds to tone up, slim down, eat healthier and step up their physical activity and now it's time to celebrate!

**This first ever event for Weston is chock full of entertainment, demonstrations and activities**

Free Health Tests  
Former Miami Dolphin, Terry Kirby  
Broward County's largest ZUMBA workout  
Miami Heat Dancers  
Live Music by The First Street Heat  
The Florida Panthers PlayStation 3 NHL Party Mobile  
The Miami Dolphins/Gatorade Junior Training Camp  
The Marlins Street Team

Powerlifting Demonstration  
Gymnastics Demonstration  
Cheerleading Demonstration  
Martial Arts Demonstration  
Yoga Demonstration

#### **Workshops**

Healthy Cooking, The Fresh Diet  
Training the Right Way  
Selecting the Proper Exercise Footwear  
The Right Running Shoes for You  
Getting Your Kids Excited About Healthy Eating

**And over 40 local exhibitors with the latest health & wellness products & services**

# Sunday, December 12, 10am-4pm Weston Town Center

# get **FIT** fest

Rotary Club of Weston City of Weston

Weston's First-Ever Health, Wellness & Fitness Festival

**LIVE & IN PERSON!** at Weston Town Center



Former Miami Dolphin & Fitness Expert **TERRY KIRBY**



USAPL Florida State Bench Press Record Holder **LE BRON GRIMES**



**THE MIAMI HEAT DANCERS**



Miami Dolphins/Gatorade **JUNIOR TRAINING CAMP**



Florida Panthers PlayStation 3 NHL 2010 PARTY MOBILE



Enter the Billy Beck III **SUPERMAN/SUPERWOMAN CHALLENGE** Championship Belts for Male & Female Winners!



**THE FIRST STREET HEAT** Funk, Hip Hop, Pop & Soul all rolled into one fun band from Ohio!

Billy Beck III Personal Training + Performance Center presents  
The 13th Annual  
**Run for Tomorrow**  
A Rotary Club of Weston Charitable Event  
5K Run/Walk & Half-Marathon  
**Best Running Value in Florida!**  
Register online at [www.runfortomorrow.com](http://www.runfortomorrow.com)

**ONLY \$20!**  
Includes Race Entry & Get Fit Program!

## FREE HEALTH TESTS! Know Your Numbers!

**AARP | Walgreens | Cleveland Clinic**  
**Wellness Tour**  
Smarter, Stronger, Healthier.  
\$140 Health Tests for FREE!\*

Glucose	Blood pressure
Total Cholesterol	Glucose*
Waist Circumference	Cholesterol*
Body Mass Index (BMI)	Strength Assessments
Blood Pressure	Flexibility Assessments
Bone Density	BMI Calculations

\*Must be 18 or over. First come, first served.  
\*Test Results available by mail 2 weeks after testing. You may fast prior to these tests for more accurate results

## ENTERTAINMENT & EDUCATION

### Main Stage at the Bell Tower

- 8:30 AM Post Race Cooldown Workout
- 9:30 AM Mind, Body, Spirit Challenge Quiz Bowl
- 10:00 AM Meet Terry Kirby, Former Miami Dolphin
- 11:00 AM Gymnastics Demonstration, Park Ave. Gymnastics
- 11:30 AM FREE: Broward County's Largest ZUMBA Workout
- 12:00 PM Miami Heat Dancers
- 12:30 PM Cheerleading Demonstration, Miami Elite Cheer & Dance
- 1:00 PM Florida's Strongest Man, LeBron Grimes, Powerlifting Demo
- 1:30 PM LIVE MUSIC: Funky Fun from Ohio: The First Street Heat
- 2:30 PM Martial Arts Demonstration, Imperial Martial Arts
- 3:00 PM Yoga Demonstration, Weston Yoga

### Workshops & Demonstrations on Market St. Stage

- Healthy Cooking, The Fresh Diet
- Training the Right Way,
- Selecting the Proper Exercise Footwear
- The Right Running Shoes for You
- Getting Your Kids Excited About Healthy Eating

**PLUS: the Latest Health & Wellness Products & Services from more than 40 Local Exhibitors**

# There's still time to Get Fit! Register today.

[www.getfitweston.com](http://www.getfitweston.com)

Sponsored by:



Media Sponsors:



Healthy Food Provided by:







## WESTON BUILDING DEPARTMENT NEW LOCATION

As of December 1, 2010 the Weston Building Department will be in a new location:

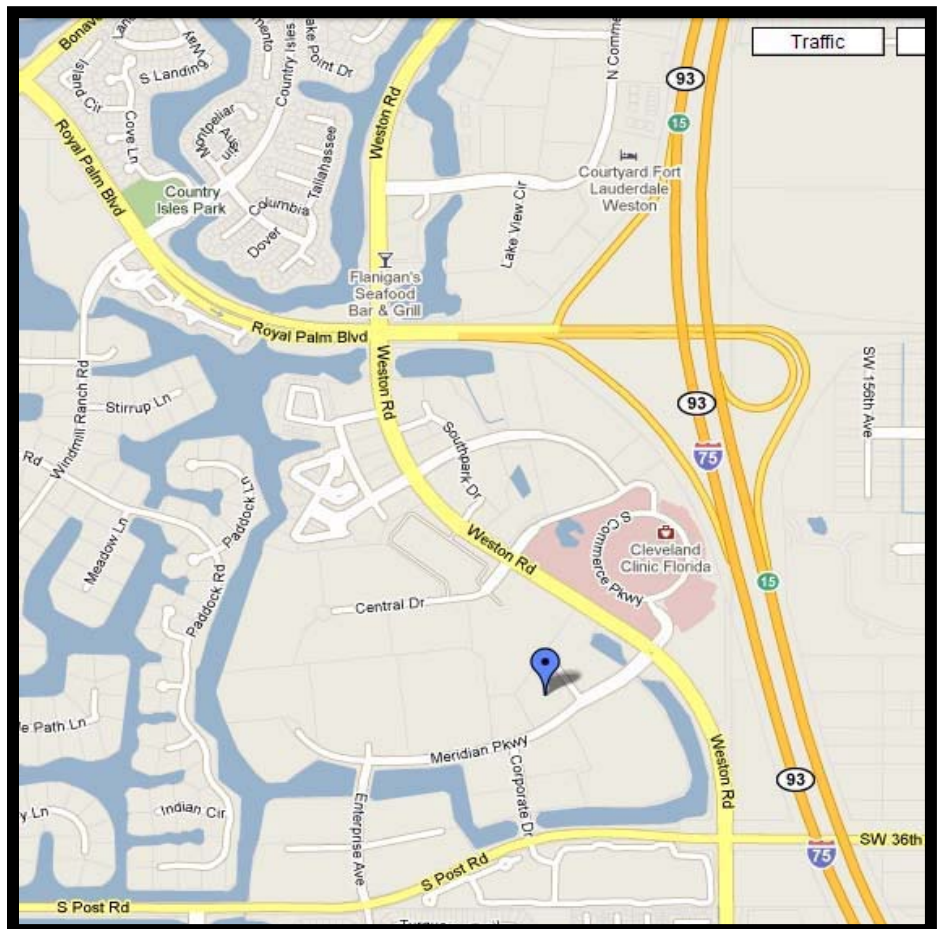
**3265 Meridian Parkway, Suite 100, Weston, FL 33331.**

The lease in their current space on South Commerce Parkway will be up and they are taking advantage of this opportunity to move to a physically larger space that will provide a larger reception area to better accommodate those filing for permits. The new location in the Meridian Business Campus, just off Weston Road, will also provide more convenient parking.

Only the Building Department physical location is changing.  
[Show on Google Maps](#)

Same phone  
Same fax  
Same email  
Same website

Feel free to contact the Building Department with any questions at **954-385-0500**.





## UPCOMING EVENTS DECEMBER 2010



**Saturday, December 11th 7:30 p.m.**  
**Moonlight Movies in the Park**

**Avatar**

In the future, Jake, a paraplegic war veteran, is brought to another planet, Pandora, which is inhabited by the Na'vi, a humanoid race with their own language and culture. Those from Earth find themselves at odds with each other and the local culture

**Genre:** *Animation | Comedy | Family | Fantasy | Sci-Fi*

Bring lawn chairs or blankets and relax. Full-length feature films are projected onto a giant inflatable screen. The movie is presented at the event stage in Weston Regional Park, 20200 Saddle Club Road. For more information, please call 954-389-4321.



**Sunday, December 12<sup>th</sup>**  
**13<sup>th</sup> Annual Rotary Run For Tomorrow**  
**Half Marathon and 5K Run/Walk**

Event Starts: Half Marathon at 6:30AM and 5K at 6:40AM

Annual event with a NEW location: the start and finish line will be in the Weston Town Center with the Get Fit Fest following the competition. For details including age groups, race course, and other details, please click on the links

below.

**Entry Fees thru December 11, 2010**

Half Marathon - Pre-Registration: \$20      Raceday Registration: \$45

5K Run/Walk - Pre-Registration: \$20      Raceday Registration: \$35

[http://www.westonrotaryclub.com/Run\\_For\\_Tomorrow\\_%20Committee%20.html](http://www.westonrotaryclub.com/Run_For_Tomorrow_%20Committee%20.html)  
or <http://www.splitsecondtiming.com/>



## Sunday, December 12, 2010 10AM-4PM **Get Fit Fest – Health, Wellness & Fitness Festival** Weston Town Center

Free Health Tests, Live Music by The First Street Heat, Miami Dolphins Jr. Training Camp, Florida Panthers Playstation Party Mobile, Marlins Street Team, Miami Heat Dancers, Superman/Superwoman Challenge; Guest star appearance: Terry Kirby, Former Miami Dolphin.

Demonstrations: LeBron Grimes-Florida's Strongest Man, Powerlifting Demo; Yoga Demo; Gymnastics Demo; Cheerleading Demo; Martial Arts Demo; ZUMBA – Broward's largest Zumba workout.

Workshops: Healthy Cooking; Training the Right Way; Selecting Proper Exercise Footwear; The Right Running Shoe; Getting Kids Excited about Eating Healthy; plus over 40 exhibitors with the latest health and wellness products and services.



## Monday, December 13<sup>th</sup> 5pm & 7:15pm Weston Foreign Film Series **A Deal is a Deal**

A comedy about ordinary people with unique dilemmas. (UK, 2008)

**Tickets:** \$7 per ticket

Tickets available at the Weston Community Center, Friends Bookstore at the Weston Branch Library & Community Bank of Broward

## Saturday, December 18<sup>th</sup> 10:00 am – 4:00 pm **AARP Safe Driving Program for Mature Adults**

### The Weston Community Center

The City of Weston is offering AARP's 55 Alive/Mature Driving Program. This is a six (6) hour classroom session designed as a refresher course in safe driving. The course is designed especially for older motorists dealing with age related physical changes. The course is available to anyone 50 and over. A reduction in automobile insurance is allowed to each person 55 and over, by most insurance companies when the course is completed and the driver has a safe driving record. Advance registration is required.

**To register, call Sonny at 954-385-9920**

**Location: Weston Community Center, 20200 Saddle Club Road, 954-389-4321**

**Cost: \$12.00 members/\$14.00 non-members** (please bring a bagged lunch and members should bring AARP card)



**Friday, December 24<sup>th</sup>**

**City Offices Closed**

All City administrative offices (City Hall, the Community Center, the Public Works Services Center, and the Building Department) will be closed in observance of the Christmas holiday.

**All City parks will close at 6PM**

**There will be regularly scheduled garbage collection.**

**Saturday, December 25<sup>th</sup>**

**No Garbage/Recycling Collection** – collection will be on your next regularly scheduled collection day, of Monday, December 27<sup>th</sup>.

**All City Parks will close at 6PM**



**Christmas Tree Curbside Collection – Trees are Recycled**

Residential Christmas tree curbside collection begins Monday, January 3<sup>rd</sup> and the last collection day will be on Saturday, January 29<sup>th</sup>.

Place tree curbside and not obstructing regular garbage cart collection.

Be sure to remove all ornaments and lights as trees are recycled.

**Friday, December 31<sup>st</sup>**

**City Offices Closed**

All City administrative offices (City Hall, the Community Center, the Public Works Services Center, and the Building Department) will be closed in observance of the New Year's Day holiday.

**All City parks close at 6PM**

**There will be regularly scheduled garbage collection.**



**PLANNING AHEAD:**

The next free Residential Bulk Trash Pick-up will occur in **JANUARY** on your regularly scheduled garbage day as follows:

**Wed., January 26<sup>th</sup>, Thur., January 27<sup>th</sup>, or Friday, January 28<sup>th</sup> / Multi-family: Sat. 29<sup>th</sup>**



## TEMPORARY ROADWAY CLOSURES **I-95 and I-595 Closures** On **SUNDAY, DECEMBER 5<sup>TH</sup>**

**TIMES:** Parade Route begins at 9:30AM until approx. 1:30PM

**ROUTE:** US 441 in Coconut Creek, to Wiles Road.  
East to Powerline Road South to Sample Road.  
East to I-95 South to I-595 West to Exit 1 (136<sup>th</sup> Ave)  
to Markham Park.

**Main Closures:** I-95 South from Sample to I-595  
**ALL LANES** I-595 Westbound from I-95 ramp to 136<sup>th</sup> Ave

**The roadways will be closed from 9:30AM until 1:30PM**

The annual Toys in the Sun Run is a motorcycle group ride and toy drive, that began in 1987 with approximately 700 riders netting just over 500 toys and \$965 in cash. Today, over 32 motorcycle clubs and organizations are involved in planning this huge event with over 30,000 motorcycles participating.

The Toy Run has the help of all 22 police agencies and 230 officers ensuring a safe ride. BSO is the lead coordinating agency for motor traffic, and this year Sheriff Al Lamberti is also the Grand Marshall.

Since inception, over \$20 million in toys have been collected and distributed in four counties, and over \$8.5 million raised and donated to numerous local charities and hospitals.