



## Public Works Staff Member Honored For Heroism



L-R: Commissioner Angel Gomez, Commissioner Daniel J. Stermer, Mayor Eric Hersh, Drainage Technician Chris Cameron, Public Works Director Brad Kaine, Drainage Manager David Dove, Commissioner Mercedes G. Henriksson and Commissioner Murrav Chermak.

Weston Public Works Drainage Technician Chris Cameron witnessed a fatal crash on September 14, 2010, on I-75 near Indian Trace while working at a city pump station. He rushed across the highway, was the first person on the scene and immediately called 9-1-1. Unable to help the driver, he attempted to turn off the ignition of the crashed vehicle by crawling into the passenger side of the vehicle. Chris then began traffic control until emergency vehicles arrived in order to prevent any further accidents.

At the September 27<sup>th</sup> City Commission meeting, Chris was honored for his heroic response which went far above the call of duty.

*Be mindful that during our many downpours, drivers will slow and even stop – so be prepared and drive defensively. Arrive alive.*





## FIRE PREVENTION MONTH OCTOBER 2010



During the month of October, Weston's BSO Fire Rescue units will be visiting Weston area elementary schools (public and private) to teach children the importance of fire safety education.

This year's campaign includes the theme: **When Fire Strikes, Get Out and Stay Out!** The educational component is also designed to educate people about the importance of smoke alarms and encourages everyone to take the steps necessary to update and maintain their home smoke alarm protection.

Last year, Fire Rescue visited Weston's elementary schools (public and private) and toured over 1,800 students through fire stations or demonstrations, and held over 60 classroom training events.

For more information on the various programs BSO Fire Rescue will be providing during Fire Prevention Week, please call 954-831-8210.



**Recent Fire Rescue Employees of the Month** were Special Projects Coordinator Courtney Palmer (not pictured), Life Safety Educator LaToya Carbonell and Life Safety Educator Pamela Gorman

The employees of the month were recognized for their ongoing efforts and dedication in providing fire and life safety education to our most vulnerable residents: our children and our senior citizens. They accomplish this through various programs including: child safety car seat installations, numerous contests and presentations given in conjunction with our elementary schools, and safety presentations (hurricane prevention, slip and fall prevention etc.) given to senior citizens.



## **BROWARD COUNTY COMMISSION VOTES TO KEEP BUS ROUTE 23**

At a public hearing held on Tuesday, September 28, 2010, the Broward County Board of County Commissioners voted to keep Bus Route 23, the only public transportation route provided to the City of Weston, which runs north and south along Weston Road.

A revised service schedule, provided by Broward County Transit, will go into effect on October 31, 2010 whereby Bus Route 23 will now operate under a 60 minute frequency, weekdays only from 6 a.m. to 10 a.m. and 3 p.m. to 7 p.m. In addition, a minor change to the route will occur in that it will now travel along Dykes Road instead of I-75 (*revised map of Bus Route 23 as provided by Broward County Transit is attached on page 2*).

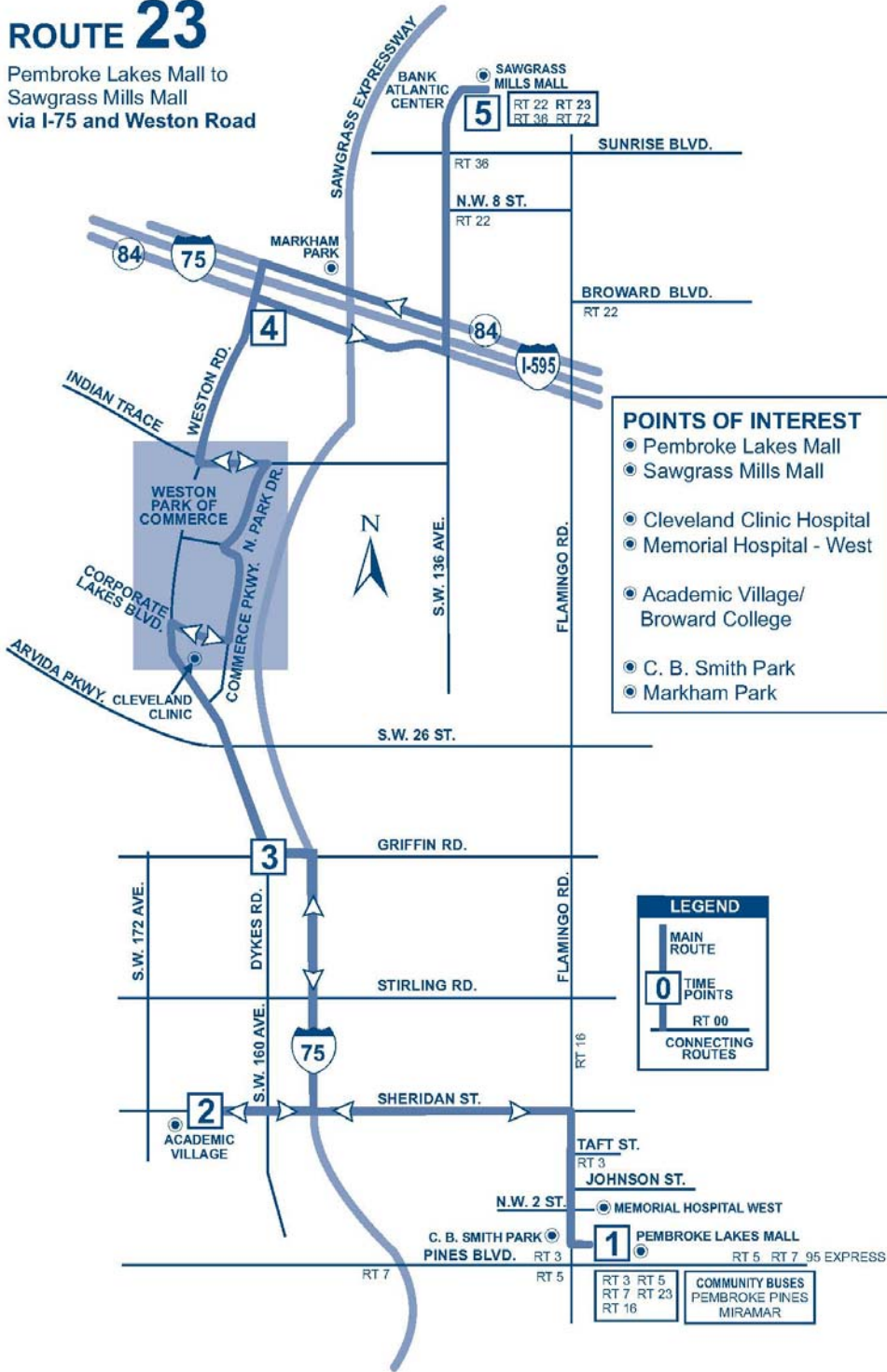
The City is currently constructing 14 bus stop shelters along Weston Road (*a map showing bus shelter locations is attached on page 3*). The shelters are approximately 9 feet by 14 feet in size and are designed to give those waiting for the bus significant protection from South Florida's sun and rain. Each shelter is equipped with a bench, waste receptacle, bicycle rack, and lighting. The shelters are designed to blend in aesthetically with the Weston surroundings while providing a safe environment for riders with visibility through the tempered glass on the rear and sides etched with the Weston "W".

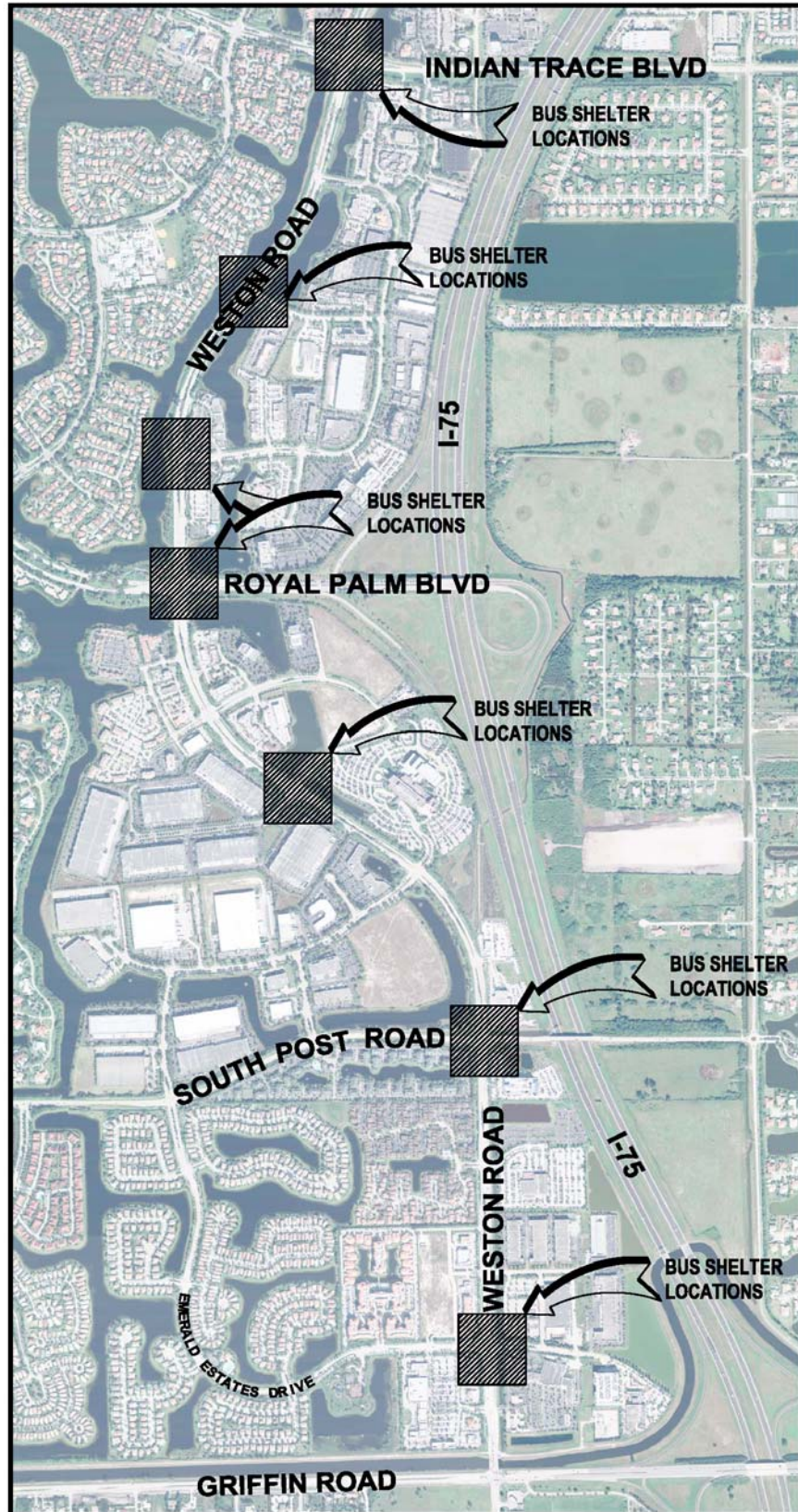




## ROUTE 23

Pembroke Lakes Mall to  
Sawgrass Mills Mall  
via I-75 and Weston Road







Get Ready...  
Get Set...



The City of Weston has proudly joined in partnership with the Rotary Club of Weston, the Cleveland Clinic, Billy Beck III Personal Performance & Training Center, the YMCA of Broward County and the Midtown Athletic Club, to help make Weston the Fittest City in Florida.

***Sixty days. That's all it takes.***

In just two months, regardless of your current physical condition, you can be in good enough shape to participate in a 5K race! Think it's impossible? Well think again, because your plan for success is right here!

**Beginning October 11, 2010**, everyone living or working in Weston will be able to access training programs, classes, health evaluations, screenings, testing and online education that will help you to adopt healthier lifestyles and become more physically fit.

**In just 60 days you'll look better and feel better.  
There are special training programs for people of all ages  
and skill levels--from novice to expert, kids to seniors--and  
everyone in-between.**

**Goals:**

- Stimulate awareness and participation by children, adults and businesses in events and activities to adopt healthier lifestyles and become more physically fit.
- To get every participant prepared to run or walk in the 13th Billy Beck III Run for Tomorrow on Sunday, December 12, 2010, AND become the Fittest City in Florida.
- Most importantly, funding through the registration fee, will benefit physical education programs at four Weston elementary schools which are being cut because of budget deficits and it will also support local and international charities that help children and families.



## What you get with GetFIT:

- Unlimited Get Fit training classes (at any of the three athletic clubs)
- 10 free one-day passes to Midtown Athletic Club
- 3 free personal training sessions from Billy Beck III
- Free Cleveland Clinic educational seminars
- Access to free or reduced cost health screenings and test
- Healthy dining discounts
- A Get Fit T-Shirt
- Contests and promotions
- Free access to online fitness and wellness tips, videos and other materials to help make healthy lifestyle choices
- FREE entry into the 13th Annual Run for Tomorrow 5K or Half-Marathon (*your choice*) on December 12, 2010

***\$20 Never Got You So Much!  
27 Workout Programs! 3 Great Fitness Centers!***

Weston organizations have banded together to help achieve a major community goal: **to GetFit**-- all of us, no matter our age or the shape we're in. In just 60 days we'll help you lose weight, eat healthier and become more physically fit. We're making fitness easy and fun for the whole family.

**Your registration fee goes towards funding to restore physical education in elementary schools in Weston.**

From Aerobics to Zumba, there is a training program for everyone, and every, body.

**Sign Up!  
Join In!  
GetFit!**

*To Register, go to:*

[www.getfitweson.com](http://www.getfitweson.com)

[www.getfitweston.com](http://www.getfitweston.com)



## **BROWARD COUNTY HEALTH DEPARTMENT ENCOURAGES THE PUBLIC TO TAKE PRECAUTIONS AGAINST FLU**

The Broward County Department Health Department officials are advising the public to take precautionary measures against influenza (flu). Flu season can begin as early as October and last as late as May. Everyone 6 months and older is encouraged to get vaccinated against the flu.

The flu is a contagious disease, caused by the influenza virus, and spreads to others when infected persons cough, sneeze or talk. Individuals at high risk for flu complications include children, pregnant women, persons age 65 years and over, and persons of any age with chronic medical conditions. It is especially important for these individuals and their caretakers to get vaccinated.

Common symptoms of the flu include: Fever (usually high), headache, extreme tiredness, cough, sore throat, runny or stuffy nose, muscle aches, nausea, vomiting, and diarrhea, (much more common among children than adults).

### **Along with getting vaccinated, these steps are very effective in preventing the spread of influenza:**

- Wash your hands often with soap and water or an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, or mouth.
- Do not share eating utensils, drinking glasses, towels or other personal items.
- Stay home when you are sick, keep sick children home and check with a health care provider, as needed.
- Avoid close contact with people who are sick, if possible.
- Avoid crowds and areas where people congregate and are likely to be sneezing and coughing.

***Flu vaccine is available at local retail outlets, pharmacies and health care providers. For more flu information, visit [www.browardchd.org](http://www.browardchd.org).***





## FREE RESIDENTIAL BULK TRASH PICK-UP Mark Your Calendar...

**Wednesday, October 20<sup>th</sup>; Thursday, October 21<sup>st</sup>; Friday,  
October 22<sup>nd</sup>; and \*Saturday, October 23<sup>rd</sup>**

Bulk trash will be picked up only on your regularly scheduled collection day of the dates above.

Bulk trash must be placed curbside by 7 a.m. For residences with dumpster service, place items alongside dumpster. \*Indicates pick-up for multi-family units (condominiums & apartment complexes).

*Occasionally bulk trash is not collected on its regularly scheduled collection day due to heavy volume, if this occurs it will be collected the following day.*

### THINK BEFORE YOU THROW

*Consider donating before tossing*

Help those in need, keep items out of the waste stream, *and* get a tax deduction. Several national organizations will even pick-up directly from your residence – you don't even have to wait for bulk pick-up day! There are many local, well-established charitable organizations that readily accept donated items.

From **Your** home to a **New** home...

Don't forget pet shelters, many are in need of sheets and towels on a regular basis.

***For more information, please call the Weston Public  
Works Services Center at 954-385-2600***



## UPCOMING EVENTS OCTOBER 2010

*Rollover the photos to link to the Weston Events Calendar for more information regarding these events as well as other events.*

Sunday, October 10<sup>th</sup> 1:00 p.m. – 4:00 p.m.



### Family Fun Day

**Fiesta 2010 – Celebrate Hispanic Heritage and Culture**  
At the Scheinberg Family YMCA of Weston  
(20201 Saddle Club Road)

A **FREE** event for the entire family with celebrations, education and entertainment celebrating Hispanic heritage; activities, food, games, music and more! **For more information contact the YMCA at 954-424-9622.**

Sunday, October 19<sup>th</sup> 7:00 p.m. – 9:30 p.m.



**Wonderful World of Weston – Presenting Art, Culture and Diversity**  
At the Hyatt Regency Bonaventure Hotel, Grand Ballroom  
(250 Racquet Club Road)

A **FREE** event, hosted by the Arts Council of Greater Weston, Inc. featuring arts and cultural exhibits, refreshments, silent auction and continuous entertainment.

**For more information visit [www.artscouncilwestonfl.com](http://www.artscouncilwestonfl.com).**



**Friday, October 29<sup>th</sup> 6:00 p.m. – 9 p.m.**



**Halloween Safety Expo  
At Tequesta Trace Park  
(600 Indian Trace)**

Sponsored by the City of Weston, the Broward Sheriff's Office and the Joe DeMaggio Children's Hospital, this entertaining, action-packed, safe trick-or-treating event is fun for the whole family. Don't forget to wear your cutest or spookiest costume and be sure to bring a bag for goodies!

There will be live entertainment, bounce houses, bloodmobile and plenty of kid oriented activities including a table top Teddy Bear Clinic, Poison Prevention Awareness, Child ID activity, Sports Medicine Obstacle Course, Arts and Crafts activities and much more! There will even be a pumpkin patch where kids can decorate pumpkins for a small fee! ***For more information, please call the Weston Community center at 954-389-4321.***

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**Friday, October 29<sup>th</sup>**



**USTA 8th Annual City of Weston Tennis Tournament  
(Men and Women)  
Weston Tennis Center, 16451 Racquet Club Road**

This tournament will start on Friday, October 29<sup>th</sup> and continue until November 1<sup>st</sup>. It is open to both men and women. The entrance fee is \$33.00 for singles or \$18.00 per player for doubles. Entries open on **Monday, September 27<sup>th</sup>**. ***For more information, please contact the Weston Tennis Center at 954-389-8666.***