



## F.D.N.Y. Remembrance Rescue Project Rescue 4 Visits Weston



Rescue 4 of the Fire Department of New York was the only heavy rescue vehicle to survive the impact of the terrorist attack of September 11, 2011. The nine crewmembers on Rescue 4 that day did not. Immediately after 9/11, Rescue 4 was the only rescue company covering the City of New York.

The Remembrance Rescue Project now involves former FDNY Rescue 4 and Rescue 5. After extensive renovation, it allows the

Rescue vehicles to serve as mobile memorials to educate, honor and remember the events of 9/11 and all firefighters killed in the line of duty throughout the country each year.

On May 3<sup>rd</sup>, Weston Battalion Chief Hoecherl, Life Safety Educator, Pamela Gorman and the crew of Weston Engine company No. 67 were privileged to be a part of the Remembrance Rescue Project. The YMCA in Weston was one of the stops while here in Broward County for a 2-week period.

The children and adults in attendance learned not only about the events of 9/11, but about the heroes who came out of it and how that tragic event impacted the fire service.



For information about the Remembrance Rescue Project, please visit <http://remembrance.co/>



## STROKE AWARENESS



**May is Stroke Awareness Month and an excellent time to set about increasing our community's knowledge on stroke**



Three of Cleveland Clinics top physicians, intent on educating our community regarding the risks and warning signs of stroke, attended the May 7, 2012 City Commission meeting to accept a proclamation designating May as Stroke Awareness Month.

Dr. Salgado emphasized that strokes are preventable. Being aware of risk factors and making lifestyle modifications and public awareness are key weapons in conquering stroke.

### Preventative Measures:

While you cannot control such risk factors as age, gender, race and family history, you can modify many other risk factors.

Pictured L-R: *Dr. Nestor Galvez, Chairman of the Department of Neurology, Dr. Efrain Salgado, Director of the Stroke Program and Dr. John Morren, Chief Neurology Resident, Cleveland*

To decrease stroke risk, you may need to make lifestyle changes and treat underlying medical conditions. This includes losing weight, quitting smoking, exercising regularly and increasing your consumption of fruit and vegetables and eating a healthy diet, low in sodium. Under the care of your doctor, you need to closely monitor and control high

blood pressure and diabetes and, if necessary, take medication to control atrial fibrillation (irregular heartbeat). Regular screenings for blood pressure and cholesterol are highly recommended.

The best way to lower your chances for a stroke is to understand your level of risk, then take the steps to decrease it.

*Stroke Awareness information will be provided each week during the month of May.*



## 2012 Southeast Police Motorcycle Safety Trials BSO Weston Motormen Once Again Bring Home the Hardware

The 2012 SE Police Motorcycle Rodeo & Safety Trials was held May 2<sup>nd</sup> – May 5<sup>th</sup> in Hollywood. Two deputies of the Broward Sheriff's Office Weston Motor Unit competed in this highly skilled competition, and each came home proudly displaying a trophy or plaque.



The Safety Trials is the largest police motorcycle safety skills event held in the Southeastern United States. The courses are intricate and demanding, drawing a large segment of the police community from throughout Florida and the southeast United States. This year 100 law enforcement officers competed with a total of 25 teams.

The training courses are set up to enhance the daily riding skills of the motorcycle officer and the event benefits the Concerns of Police Survivors (COPS) and the Muscular Dystrophy charities. COPS is a national organization that benefits the children of police officers killed in the line of duty.

### Congratulations BSO Weston!

Weston Motormen earned the following awards and recognition:

#### Deputy Mike Fazio

- 1<sup>st</sup> Place - Team Slow Race
- 1<sup>st</sup> Place - Overall Team challenge
- 1<sup>st</sup> Place - Broffman Challenge
- 2<sup>nd</sup> Place - 50 YOA and older
- 3<sup>rd</sup> Place - Individual Slow race

#### Deputy Jose Gonzalez

- 2<sup>nd</sup> Place - Team Slow Race



Deputy Fazio skillfully rides his course while being carefully observed by Certified Police Motorcycle Instructors



## THE YMCA'S HEALTHY KIDS DAY April 2012



Weston's Sheinberg Family YMCA was the first stop on Jared's Subway/YMCA Healthy Kids Day kick off tour on April 27, where he was welcomed by kids from Country Isles elementary school. The popular Subway spokesperson was in town to help the YMCA of Broward County "Blow the Whistle on Childhood Obesity", and Commissioner Angel Gomez was there on Healthy Kids Day to make it official. The annual Y event brought 750 Weston residents together to connect and learn about healthy living options, like

Summer Camp with daily YFit coaching, nutrition information, water safety demonstrations, memberships, child watch and more.

The Broward Sherriff's Office was also participated in the event. The Police Department provided child fingerprinting, bike safety lights and educational information on crime prevention. The Fire Department brought an engine where the children had a chance to meet the firefighters as well as try on the protective gear. A great time was had by all!



The YMCA Healthy Kids Day focused on helping parents keep their kids healthy and engaged during the summer. Y Summer Camp with YFit has limited space, so register now by calling 954-424-9622.



## CYPRESS BAY HIGH SCHOOL

Identified as among the Most Outstanding Public Schools



U.S. News & World Report has released its 2012 Rankings of the Best High Schools in the nation. Over 22,000 public high schools were evaluated across the country, with the cream of the crop making it into the top 500 which received gold medal status. **Cypress Bay is one of those schools.**

Three high schools in Broward made the top 500.

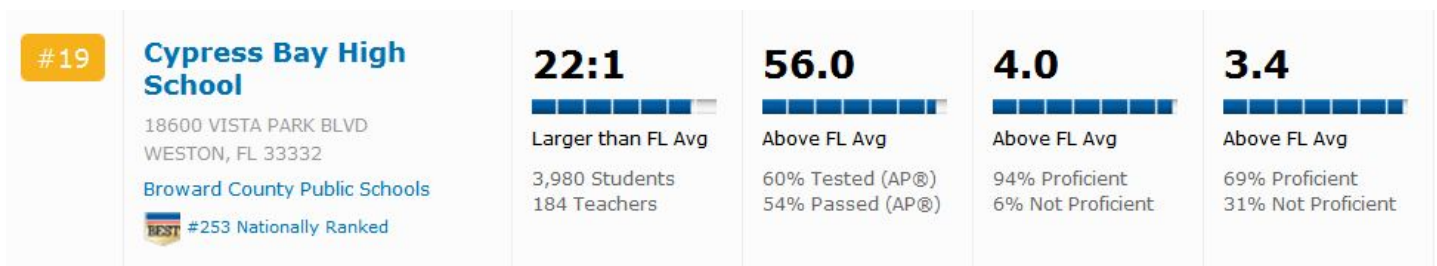
**Cypress Bay High School:** #19 state, #253 national  
**Pompano Beach High School:** #20 state, #262 national  
**McFatter Technical High School:** #24 state, #329

<http://www.usnews.com/education/best-high-schools>

A three-step process was used to determine the Best High Schools. The first two steps ensured that the schools serve all of their students well, using performance on state proficiency tests as the benchmarks. For those schools that made it past the first two steps, a third step assessed the degree to which schools prepare students for college-level work. Schools with highest unrounded college readiness index values were numerically ranked nationally from No. 1 to No. 500 and were the gold medal winners.

In all, a total of 14 Broward County Public School high schools received gold, silver or bronze medals in the U.S. News & World Report 2012 national rankings.

### Congratulations to Cypress Bay and to all schools that made it into the national ranking!





## Love is in the air and crawling over land...

### Alligator mating season is here once again!

With our close proximity to the Everglades and almost endless bodies of water intertwined within our community, it is very likely you may see an alligator scurrying by. Most of the year alligators remain primarily out of sight. But in May and June gators become more visible as they seek a mate. This time of year you may see them cruising lakes and canals, sunning on water banks or even in a pool deck or on a driveway... At this time of year it is suggested to keep children and pets away from the water. The larger, mature male alligators are the ones most likely to be seen, but the smaller female alligators are also active after being dormant during the winter when waters are cooler. Most have no intentions of bothering you – they are just looking for love.

If you see an alligator nearby, stay calm. Feeding, harassing, or killing alligators violate State law. If an alligator appears threatening, comes close to your home, or becomes a risk for humans or pets, contact the **Florida Fish and Wildlife Conservation Commission (FWC)** at **(866) 392-4286**.

Only nuisance alligators can be removed and the FWC will make that determination and contact a licensed trapper. Generally, alligators may be considered a nuisance when they are at least four feet in length and pose a threat to people or their pets or property.

**The City is not permitted to handle alligators for any reason.** Please pay a little extra attention to your surroundings when you and your family are spending time near the water, but continue to enjoy the uniqueness of our environment.

*Alligators are a part of Florida's natural environment and play an important role in the State's wetlands ecology. For more information about these natural inhabitants visit the following website: <http://myfwc.com/conservation/you-serve/wildlife/gators/>*



# HOUSEHOLD HAZARDOUS WASTE AND ELECTRONICS COLLECTION EVENT

*Sunday, May 20th*



Put aside items that cannot be placed into the trash or put out for bulk pickup, and bring them to the annual **FREE Household Hazardous Waste and Electronics Collection** event and they will be recycled or disposed of properly without harming the environment.

On **Sunday, May 20, 2012**, simply drop off your household hazardous waste and electronics items at the **Weston Public Works Services Center** (2599 South Post Road) from **8:00 a.m. to 3:00 p.m.**

Household Hazardous Waste (HHW) refers to used or leftover contents of consumer products that contain chemicals with one of the four characteristics: *Toxic, Ignitable, Corrosive, or Reactive* as defined by the Environmental Protection Agency.



**What items are being accepted?** Oil and latex paints and thinners, used motor oil, auto fluids and gasoline solvents, pesticides, fertilizers, pool chemicals, drain cleaners, tires, mercury, rechargeable & automobile batteries and electronics such as computers and televisions will be accepted.

***For more information, please call the  
Public Works Services Center at 954-385-2600***

***Follow us on Twitter to receive real-time city information at  
[www.twitter.com/CityofWeston](http://www.twitter.com/CityofWeston)***



## NEW BUS SERVICE FROM BROWARD COUNTY TRANSIT 595 EXPRESS



### **New, 595 Express Bus Service to Start on May 29** **Complimentary Rides for Passengers During First Week of Service!**

The new 595 Express will begin service on Tuesday, May 29<sup>th</sup>, with two routes from the park-and-ride lot located at the BankAtlantic Center in Sunrise; one to downtown Miami/Brickell Avenue and the other to downtown Fort Lauderdale, both traveling along I-595.

The Miami/Brickell route will make a stop at the Fort Lauderdale Airport Tri-Rail station with an additional park-and-ride. The Fort Lauderdale route will make three morning and afternoon reverse commute trips to and from Sawgrass Mills Mall. Service will operate approximately every 30 minutes on weekdays during morning and afternoon peak traffic hours.

Southbound morning buses to downtown Miami/Brickell Avenue will depart at 5:20 a.m. up to 7:40 a.m. every 30 minutes and afternoon northbound buses to Sunrise will depart at 3:35 p.m. up to 6:05 p.m. every 30 minutes.

Eastbound morning buses to downtown Fort Lauderdale will depart at 6:05 a.m. up to 8:30 a.m. every 30 minutes and afternoon westbound buses to Sunrise will depart at 3:30 p.m. up to 6:05 p.m. every 30 minutes.

Visit <http://www.co.broward.fl.us/BCT> for schedule and route map information.





## Weston Library offers Immersion Language Program LINGUISTICA 2000



The Weston Branch Library will offer an Immersion Language Program with 14 different language options to select from and three learning levels: beginner, intermediate and advanced. **Classes begin in June.**

**Languages offered:** French, Italian, Spanish, English, German, Greek, Japanese, Korean, Latin, Portuguese, Arabic, Chinese (Mandarin), Russian, Hebrew.

For those interested in learning a language, this program offers many options for your schedule and all at a very affordable price. Rates for the Summer Session which begins in June will cost between \$85 to \$100 dependent upon which language is selected. This includes 10 hours of class instruction with qualified teachers, text books and handouts.

### Schedule options:

Monday thru Friday, 10AM-Noon or 4PM-6PM;  
Mon thru Wednesday, 6PM-8PM; or  
Saturdays, 10-12:30 or 12:30-3PM or 3PM-5:30PM.

All classes are held at the Weston Branch Library, 4205 Bonaventure Boulevard.

For additional information you can call 954-999-5455 or visit [www.Linguistica200.com](http://www.Linguistica200.com)





## Join the League of American Bicyclists for National Bike to Work Week - **May 14<sup>th</sup>–18<sup>th</sup>** National Bike to Work Day - **Friday, May 18<sup>th</sup>**

### Why Commute by Bike

#### *Fight pollution*

- Automobiles produce toxic substances that pollute the ground, air and water
- Burning fossil fuels creates CO2 that contributes to global warming
- Automobiles also produce noise pollution

#### *Stay fit*

- Bicycle commuting allows you to include your workout in your daily schedule
- Riding a bike instead of your car sitting in traffic is less stressful
- Staying in better shape will decrease your chances of getting sick



#### *Avoid traffic delays*

- Off-road trails, bike lanes and wide curb lanes allow you to ride past traffic
- Bike commuting takes less time when you account for car parking and traffic
- Longer rides can result in less traffic and more enjoyment of your commute

#### *Save money*

- Maintenance costs for your automobile will decrease, as will your gas bill
- You will save money on parking (and tickets)
- You won't have to have a membership to a gym to workout



#### *Enjoy your commute*

- Arrive at work refreshed and full of energy; ride off stress after work
- Commuting under your own power gives you a sense of accomplishment
- Take the long way home and ride through a park or along a local river

For more information, visit the League of American Bicyclists: [www.bikeleague.org/programs/bikemonth](http://www.bikeleague.org/programs/bikemonth).



## UPCOMING EVENTS

**MAY - Water Meter Replacements in Windmill Ranch Estates, Cameron Lake and Hampton Lake.** Water meters in residential communities in the Indian Trace portions of Weston are being systematically replaced. For additional information: [http://www.westonfl.org/media/docs/misc/2012\\_Residential\\_Water\\_Meter\\_Replacement.pdf](http://www.westonfl.org/media/docs/misc/2012_Residential_Water_Meter_Replacement.pdf)



### **Sunday, May 20, 2012 – 8AM – 3PM** **Household Hazardous Waste & Electronics Collection Event**

Free annual event where residents may drop off household hazardous waste products and electronic to be recycled or disposed of properly without harming the environment.

**Items include:** oil and latex paints/thinners, motor oil, auto fluids, gasoline solvents, pesticides, fertilizers, pool chemicals, drain cleaners, mercury, rechargeable batteries, automobile batteries and electronics such as computers, keyboards and televisions.

**LOCATION:** The Weston Public Services Center, 2599 South Post Road – just drive up and drop off. Crews will be on-hand to unload your items. 954-385-2600



### **Monday, May 28, 2012** **Memorial Day**

All City offices will be closed on Monday, May 28<sup>th</sup> in observance of Memorial Day, a day of remembrance for those who have died in our nation's service.

All city parks will be open and there is regular garbage collection.



### **Registration Underway** **Police Services Academy for ages 11-17**

This is a free, 8-week program that meets on Monday nights from 6-8PM from June 18 – August 6<sup>th</sup>. The program is designed to introduce students, ages 11-17, to law enforcement and the Broward Sheriff's Office as well as a variety of career paths. This is a hands-on program that combines training, demonstrations, education and fun. Space is limited.

Click here to download an application form:

[http://www.westonfl.org/media/docs/misc/2012\\_Police\\_Services\\_Academy\\_for\\_Kids.pdf](http://www.westonfl.org/media/docs/misc/2012_Police_Services_Academy_for_Kids.pdf)

**[Click to view all pages of Events](#)**



### **Summer Tennis Camp Registration Underway Weston Tennis Center**

Weekly session will run from June 11 thru August 17<sup>th</sup>  
Half day, daily and weekly options available. Program includes tennis drills, tour techniques, team competitions, team sports, water sports and activities, awards and video show. For details and registration: <http://cliffdrysdale.com/locations/weston-tennis-center>



### **SMOKE ALARM AND BATTERY REPLACEMENT PROGRAM**

**BSO Weston Fire Rescue** - This program is designed to reach resident seniors or the disabled who are unable to safely install smoke alarms and/or replace the batteries in existing alarms. Please call 954-389-2015 to schedule this FREE service for our Weston residents.