



Traffic Sign Replacement Program Moving Along at a Good Pace



Begun in December of 2009, the traffic sign replacement program is replacing the current traffic signs on Weston's roadways with signs that are more durable and emulate Weston's visually pleasing aesthetics.

Due to age, and the effects of Hurricane Wilma in October 2005, the City has lost a majority of its gray post and frame traffic signs. Replacing the missing and old signs with the same style signs will only require repeating the costly sign-replacement cycle after each storm.

The City engineered a new style sign that was designed and tested to withstand sustained winds of 106 mph, to withstand the rigors of South Florida's tropical climate, and to meet the aesthetic standards of our community.

To view a Progress Map and view where signs will go next, just visit the City Projects section of our website – here's the link:

<http://www.westonfl.org/Departments/DevelopmentServices/Projects/Roadways.aspx>

Traffic Signage Inventory and Replacement	
Location:	All public roadways in Weston
Description:	<i>Design and installation of new traffic signage that is more durable during storm events. The newly styled signage has been tested to withstand 106 mph winds.</i>
Phase:	<input checked="" type="checkbox"/> Design <input type="checkbox"/> Bid <input checked="" type="checkbox"/> Construction
Completion:	Please view the attached Progress Map

By being proactive, the City's traffic sign replacement program will:

- minimize future sign replacement expenses; and
- have street name signs in place to aid public safety responders immediately after a storm; and
- have traffic signs in place to aid motorists immediately after a storm; and
- maintain the appearance and value of the City.





STROKE AWARENESS



May is Stroke Awareness Month and an excellent time to set about increasing our community's knowledge on stroke

In our partnership with the Cleveland Clinic, the City is providing weekly information on stroke during the month of May. Here is a recap of some of the most important information in a Question & Answer format provided by Dr. Efrain D. Salgado, Cleveland Clinic Florida.

Q: What is a stroke?

A: A stroke or “brain attack” is damage to the brain when blood supply to part of the brain is reduced or completely stopped. Brain cells deprived of blood die and can no longer function because they stop getting oxygen and nutrients they need to survive and function.

Q: What are signs or symptoms of a stroke?

A: Sudden weakness or numbness of the face, arm or legs; sudden confusion, trouble speaking or understanding; sudden trouble seeing in one or both eyes; sudden trouble walking, dizziness, loss of balance or coordination; and sudden, severe headache unlike any you have ever had.

Q: What You Can Do To Prevent a Stroke?

A: Up to 80% of strokes are preventable. A healthier lifestyle plays a big part in decreasing the risk of stroke, associated disability and potential death: stop or don't smoke; exercise regularly; control high blood pressure; maintain ideal body weight; limit alcohol intake; control cholesterol; improve eating habits; take medication as directed; control diabetes; and get regular check-ups.

Q: What stroke treatments are available at the Cleveland Clinic Stroke Center?

A: A history and examination are expeditiously performed to determine brain impairment and the cause of stroke. A CT Scan of the head is also performed to further investigate the type of stroke. If a blood clot is the cause of stroke, as it most often is, a clot busting medication called Tissue Plasminogen Activator (tPA) can be used for treatment, but must be administered within 4 ½ hours of the onset of symptoms. **The earlier this treatment can be provided within that 4 ½ hour period, the higher the likelihood of a good outcome.**

If you or someone with you has one or more of the above symptoms of stroke, don't delay, call 9-1-1 immediately.





MEMORIAL DAY HISTORY AND TRADITIONS

Weston City Administrative Offices Closed on Monday, May 28th



Memorial Day is a United States federal holiday that is observed on the last Monday of May. It was formerly known as **Decoration Day**. This holiday commemorates U.S. men and women who have died in military service to their country. It began first to honor Union soldiers who died during the American Civil War. After World War I, it was expanded to include those who died in any war or military action.

Many people observe this holiday by visiting cemeteries and memorials. A national moment of remembrance takes place at 3 p.m. EST. One tradition is to fly the U.S. flag at half-staff from dawn until noon local time. Volunteers place a U.S. flag upon each gravesite located in a National Cemetery.

In addition to remembrance, Memorial Day is also a time for picnics, family gatherings, and sporting events. Some Americans view Memorial Day as the unofficial beginning of summer and Labor Day as the unofficial end of the season. Some Americans use Memorial Day to also honor any family members who have died, not just servicemen.

Please note that the City Administration Offices will be closed in observance of the holiday. All City Parks will be open and there will be regular garbage collection.

Have a safe and fun holiday!



Broward County Veterans Services Providing Assistance For Veterans and Their Families

Broward County Elderly and Veterans Services Division has eight state-certified Veterans Services Officers, all themselves veterans, who provide free service and assistance to local veterans and their families.

Services include assistance with application for veterans benefits and entitlements, needs assessment for other community support services and programs; and referrals to other county and community organizations that offer resources to help veterans and their families achieve self-sufficiency and enhance quality of life.

Veteran Services Officers help change the lives of hundreds of residents annually, helping to get claims submitted and approved.

Veterans Services Officers are also available for presentations to homeowner associations and community groups.

The process of applying for and receiving veterans benefits can be confusing. For assistance, call **954-357-6622**, or visit www.broward.org/eldervets and click **VETERANS SERVICES**.

There are seven offices in Broward County.





GATOR RUN ELEMENTARY SCHOOL WINS \$20,000 PLAYGROUND MAKEOVER



We are thrilled to provide the community with this update. Back in January the City ran a Newsday Tuesday article urging residents to help their local school to win a playground makeover and you certainly rallied to that call.

Students, parents and school staff were desperately trying to win the national contest, **Rally for Recess**, sponsored by Dannon Danimals. The school was in second place but could see that first was within their reach...with just a little more help.

On Friday, May 18th students at Gator Run were treated to an Ultimate Recess Day by Dannon Danimals and "ultimate" barely describes the event. There were literally dozens of carnival games and bounce houses that filled the inside of the school and the outside. Students were grinning from ear-to-ear as they went from area to area for a fun-filled afternoon. Teachers and parents were excited as well.



But everyone is excited about the \$20,000 playground makeover that will come with the new school year, turning a rather barren site into one that turns frowns upside down.





FREE ART EXHIBITS WESTON BRANCH LIBRARY

The Weston Branch Library is not just a location for sources of information, but also inspiration. Two art exhibits will be ongoing simultaneously through June.



TITA MILLAN
May 21-June 30, 2012

May 21 to June 30, 2012
4205 Bonaventure Blvd.
Weston, FL 33330

Like the ever changing patterns in a Kaleidoscope, Tita Millan's paintings are arresting collages of bold colors, textures and intricate symbols which draw their inspiration from both her Mexican ancestry and her growing fascination with the human condition and all its nuances. In this exhibition we found different textures, colors and languages, from portraits to abstracts, with one element in all: Tita's spiritual journey.

BRUARD
www.bruard.com

From May 21 thru June 30, 2012, the paintings of artist and Weston resident Tita Millan will be on display for all to enjoy.

Her 26 works of art that on display are melded with bold colors, textures and intricate symbols, in part, inspirations from her Mexican ancestry.

In the Children's Section, 30 pictures are on exhibit by students of art teacher Tammy Costantino at Country Isles Elementary School in Weston.

The exhibit was made possible thanks to a generous grant from Paradise Bank with frames from Weston's JAZZ Framing and sponsored by the Weston Friends of the Library



The Weston Branch Library
4205 Bonaventure Boulevard, Weston
954-389-2098



National Bike Month - Rules of the Road

The League of American Bicyclist's six Rules of the Road will prepare you for a safe and fun bike commute this Bike Month

1. Follow the law

Your safety and the image of bicyclists depend on you. You have the same rights and duties as drivers. Obey traffic signals and stop signs. Ride with traffic.

2. Be predictable

Make your intentions clear to motorists and other road users. Signal turns, and check behind you well before turning or changing lanes.

3. Be conspicuous

Ride where drivers can see you; wear bright clothing. Use a front white light and red rear light and reflectors at night or when visibility is poor. Make eye contact with drivers. Don't ride on sidewalks.

4. Think ahead

Anticipate what drivers, pedestrians, and other bicyclists will do next. Watch for turning vehicles and ride outside the door zone of parked cars. Look out for debris, potholes, and utility covers. Cross railroad tracks at right angles.

5. Ride Ready

Check your tires, brakes, chain, and quick release wheel levers. Carry repair and emergency supplies. Wear a helmet.

6. Keep your cool

Road rage benefits no-one and always makes a bad situation worse.

For more information, visit the League of American Bicyclists: www.bikeleague.org/programs/bikemonth.





Ways to Decrease Chances of Identity Theft

National Do Not Call Registry:

By placing your number in the National Do Not Call Registry you will not receive unsolicited telemarketing phone calls except in certain cases. By limiting your contact with telemarketers you have less of a chance of your personal information being sold to a larger data warehouse. To place your number on the National Do Not Call Registry fill out the form located at <https://www.donotcall.gov/default.aspx>



Prescreened Credit Card and Insurance Offers:

By opting out of pre-screened credit card and insurance offers you will no longer receive these offers through the mail. Your personal information is obtained by these companies through the three major credit reporting agencies. The receipt of these offers through the mail may lead to identity theft if someone were to steal your mail and respond to the offer. Also, many times these offers contain a significant amount of personal information that you would not want in the public domain.

You can “opt-out” of these offers by filling out the form located at <https://optoutprescreen.com>

Direct Marketing Association Opt Out Service:

The Direct Marketing Association is the largest trade association of marketers in the U.S. They provide marketing services for companies through both standard mail and email. Limiting your contact with these companies reduces the risk of your personal data being sold to third party data brokers.

An individual can “opt-out” of these services by filling out the forms at <http://www.dmachoice.org>

Bank Financial Institutions Opt-Out:

Banks and financial institutions typically provide your personal data to non-affiliated companies for the purpose of marketing and other services such as data brokers. The ability to “opt-out” of such services is dependent on the privacy terms of an individual’s bank or financial institution (including credit cards). Review your banks privacy policy and contact them to obtain more information on their particular “opt-out” procedure.

Credit Security Freeze:

The three major credit reporting agencies offer you the ability to freeze your credit which stops the credit reporting agencies from disclosing your credit report. This prevents any new accounts from being opened in your name. This is an effective way to prevent identity theft, and may be necessary for anyone already a victim of theft or identity theft.

- *Experian:* <https://www.experian.com/freeze/center.html>
- *Equifax:* https://www.freeze.equifax.com/Freeze/jsp/SFF_PersonalIDInfo.jsp
- *TransUnion:* <http://www.transunion.com/personal-credit/credit-disputes/creditfreezes.page>

*** If you feel it is necessary to utilize a credit freeze due to the risk of identity theft, ensure you include your children in the freeze.

Passwords:

It is very important that you use different passwords for each online account, especially if you have been the victim of a compromise. In many situations a hacker will not stop at one account once they have a valid password. They will try all accounts possible to see if the password was reused. As most people maintain a number of online accounts, using a password manager will help you achieve this goal while still remembering a large number of complex passwords. There are a number of these available.



School is (Almost) Out Safety Reminders



With the upcoming end of school combined with longer daylight hours, it is time for parents and community members to be mindful of safety precautions. Children will soon be spending more time outdoors and on-the-go.

Among the suggested precautions are:

- Model safe driving practices and teach children how to be safe when crossing streets.
- Make sure everyone in your family wears a helmet when biking.
- Make sure you know where your child is going when they leave the house to play with friends.
- Plan a specific time for your child to be home.
- Remind children that, even though it seems light outside, dusk brings a new darkness to drivers.
- To avoid heat exhaustion, make sure to dress children properly. Children should be dressed in lightweight, light-colored clothing, and a hat.
- Make sure to stay hydrated. Children should try to drink water often, especially during extremely hot days.
- Always apply sunscreen and keep the bug repellent handy! Sunscreen needs to be reapplied every two hours.



Your summer ahead can be safe and enjoyable with appropriate planning and discussions with your children. We look forward to seeing everyone around Weston!



Sign up for Air Quality Alerts from throughout Broward County



Have you ever wondered about the air quality around Broward County and the surrounding areas? Now you can find out the answers to your questions.

While air quality in Broward County falls within the "Good" category about 87% of the time, there are occasionally days where the air quality conditions may become adverse and people - especially children, the elderly, and those with pre-existing respiratory illnesses - may need to take certain precautions.

EnviroFlash is a system that sends e-mails about your daily air quality forecast.

Signing Up: When you sign up for Enviroflash, you will receive an email ONLY when the air quality goes out of the good range.

There are two ways to do it:

1. Email to airoutreach@broward.org
- or -
2. Visit www.enviroflash.info/signup.cfm
and fill in the information needed.

This program pertains to Broward County. For more information, please contact Scott Strauss with Broward County's Pollution Prevention, Remediation and Air Quality Division at (954) 519-1278 or sstrauss@broward.org.

What is the Air Quality Index?

Good 0-50	Air quality is considered satisfactory, and air pollution poses little or no risk.
Moderate 51-100	Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people who are unusually sensitive to air pollution.
Unhealthy for Sensitive Groups 101-150	Members of sensitive groups* may experience health effects. The general public is not likely to be affected.
Unhealthy 151-200	Everyone may begin to experience health effects; members of sensitive groups may experience more serious health effects.
Very Unhealthy 201-300	Health alert: everyone may experience more serious health effects.
Hazardous 301-500	Health warnings of emergency conditions. The entire population is more than likely to be affected.

* Sensitive groups include active adults, people with heart or lung disease (including asthma), older adults and children.



UPCOMING EVENTS

MAY - Water Meter Replacements in Windmill Ranch Estates, Cameron Lake and Hampton Lake. Water meters in residential communities in the Indian Trace portions of Weston are being systematically replaced. For additional information: http://www.westonfl.org/media/docs/misc/2012_Residential_Water_Meter_Replacement.pdf



Monday, May 28, 2012

Memorial Day

All City offices will be closed on Monday, May 28th in observance of Memorial Day, a day of remembrance for those who have died in our nation's service.

All city parks will be open and there is regular garbage collection.



Registration Underway

Police Services Academy for ages 11-17

This is a free, 8-week program that meets on Monday nights from 6-8PM from June 18 – August 6th. The program is designed to introduce students, ages 11-17, to law enforcement and the Broward Sheriff's Office as well as a variety of career paths. This is a hands-on program that combines training, demonstrations, education and fun. Space is limited.

Click here to download an application form: **Application deadline is June 4th**

http://www.westonfl.org/media/docs/misc/2012_Police_Services_Academy_for_Kids.pdf



Summer Tennis Camp Registration Underway Weston Tennis Center

Weekly session will run from June 11 thru August 17th
Half day, daily and weekly options available. Program includes tennis drills, tour techniques, team competitions, team sports, water sports and activities, awards and video show. For details and registration: <http://cliffdrysdale.com/locations/weston-tennis-center>



SMOKE ALARM AND BATTERY REPLACEMENT PROGRAM

BSO Weston Fire Rescue - This program is designed to reach resident seniors or the disabled who are unable to safely install smoke alarms and/or replace the batteries in existing alarms. Please call 954-389-2015 to schedule this FREE service for our Weston residents.