



July 16, 2013

## **RAISE YOUR VOICE, NOT YOUR HANDS BROWARD SHERIFF'S OFFICE MESSAGE TO YOU**



The Broward Sheriff's Office (BSO), working closely with the Sanford Police Department and other local law enforcement agencies, has coordinated a response plan in light of the verdict of the George Zimmerman trial.

Freedom of expression is a constitutional right. While raising your voice is encouraged, using your hands is not. BSO has created a public service announcement with the help of kids from the Jason Taylor Foundation, H.A.N.D.Y. (Helping Abused, Neglected, Disadvantaged Youth) and basketball star James Jones of the championship Miami Heat team urging young people not to let their emotions get the best of them.

"We don't have information about any specific event that might take place, but we encourage everyone to keep any protests peaceful," Sheriff Scott Israel said.

Members of the BSO Strategic Investigation Division have been monitoring the pulse of the situation, maintaining open lines of communication with community leaders, civic activists, members of the clergy, as well as local, state and federal agencies.

To view the video, please visit

[http://www.sheriff.org/posts/post.cfm?id=bf1326e0-d238-0577-7446-a3a4ca5438d3&utm\\_source=posts&utm\\_medium=email&utm\\_campaign=posts](http://www.sheriff.org/posts/post.cfm?id=bf1326e0-d238-0577-7446-a3a4ca5438d3&utm_source=posts&utm_medium=email&utm_campaign=posts).



**RAISE YOUR VOICE – NOT YOUR HANDS**



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## HURRICANE PREPAREDNESS – A Continuing Series

# EMERGENCY VOLUNTEER OPPORTUNITIES

Volunteer opportunities abound in Broward County, and at no time is the need for volunteers greater than during a recovery from a hurricane or other emergency. Broward County Emergency Management Division encourages residents who are interested in becoming a volunteer in the aftermath of a storm or other emergency, to contact one of these County emergency response partners. Please click on the blue underlined link for more information.



The [Community Emergency Response Team](#) (offered by the City of Weston and the BSO's Division of Fire Rescue, is a training program which educates people about disaster preparedness for hazards, such as fire safety, light search and rescue and disaster medical operations.



The mission of [2-1-1 Broward](#) is to provide 24-hour comprehensive helpline and support services for individuals seeking crisis intervention assistance and/or information about health and human services.



The [Aging and Disability Resource Center](#) serves senior residents age 60 or older, and is a one-stop source of information regarding services for seniors, persons with mental illness, their families and caregivers.



[The American Red Cross Broward County Chapter](#) needs volunteers for the hurricane evacuation centers. Volunteers must be at least 18 years old and must submit to a background check.



The mission of the [Center for Independent Living Broward](#) is to offer assistance to people with disabilities in fulfilling goals of independence and self-sufficiency. Volunteers will help before, during and after a storm.



[Citizen Corps](#) is the FEMA grassroots strategy to bring together government and community leaders to involve citizens in all-hazards emergency preparedness and resilience.



COOPERATIVE FEEDING PROGRAM

The [Cooperative Feeding Program](#) provides 1.2 million meals annually to families and individuals who have fallen into economic hardship, including the homeless, nearly homeless, those with disabilities, the elderly, and persons with mental illness.


**\* PLEASE SEE PAGE 2 FOR MORE ORGANIZATIONS \***



## VOLUNTEER OPPORTUNITIES – Page 2



Crisis Housing Solutions provides temporary and permanent housing solutions for those made homeless by natural, manmade or economic disasters. The ultimate goal is to return these families to a sustainable situation and to self-sufficiency.

 **Neighbors to the Rescue** Neighbors to the Rescue “virtual warehouses” are community-based, community-controlled vehicles for helping people recover from disasters. This organization helps communities keep track of surplus items and pro bono services and match them up with people in the same geographical area who have lost everything.



The Salvation Army's Disaster Services In case of a countywide emergency such as a hurricane, volunteers would deliver relief supplies and offer support to those in need.



SKYWARN is a nationwide volunteer network of weather spotters who report observations of significant weather and resulting damage from severe weather events to the National Weather Service. SKYWARN offers free training classes to interested volunteers, who include amateur radio operators, Red Cross volunteers, firefighters, students and others who want to serve.



United Way of Broward County is a volunteer driven, community-based, organization with a mission to improve the lives of individuals and families. They bring together people from all across the community—government, business, labor, faith groups, nonprofits, academic institutions, and residents—to tackle the issues that matter most.



Hands On Broward (formerly Volunteer Broward) connects people who want to help with volunteer opportunities that make a difference in the community. Volunteer Broward refers individuals and groups to over 600 nonprofit organizations in Broward County. Call 954-233-1300 or send an email to [contactus@volbrow.org](mailto:contactus@volbrow.org) to participate in a new volunteer orientation.

For more information on hurricane/emergency preparedness, please visit our site: <http://www.westonfl.org/Residents/Hurricane/Default.aspx>.



## FIVE WAYS TO STAY (RELATIVELY) WATERPROOF DURING FLORIDA'S RAINY SEASON

It's no secret that the South Florida's wet season has begun. However, the water puddles in shoes and the hassles of walking across a parking lot in the pouring rain no longer have to be a problem if you follow these simple steps:



1. Wear waterproof shoes— wet shoes are always the last part of the outfit to dry and can become highly uncomfortable. Investing in some inexpensive rain boots, or for further affordability, simply spraying your favorite pair of shoes with a waterproof coating spray will assure dry socks and warm feet.

2. Check the weather forecasts- a trip to the beach with an 80% chance of thunderstorms might not be the best idea. Download some weather apps to your phone and have all storms under your radar.



3. Poncho preparedness- before heading out grab a poncho for each member of the family. A bulky rain jacket won't work as well as lightweight plastic in the Florida heat. Tourist locations will always have overpriced ponchos for those who came unprepared.

4. Avoid the "wet dog" look- the fear of exposing freshly done hair to the pouring rain doesn't have to hold you back anymore. Look into owning a "rain scarf" which is fashionably water repellent and can be wrapped around hair easily, protecting it from the water.



5. Protect your phone- there are many measures to protect your electronics. Techniques can be as fancy as a lifeproof case or as simple as a ziplock bag, but just assure your phone isn't in your pocket while you run through the rain. Note: If any of your electronics do happen to get wet- put them in rice overnight, the grains absorb the water that seeped through.



## SMART IRRIGATION MONTH SAVE MONEY AND WATER DURING SUMMER'S HOTTEST!

Broward Water Partnership encourages residents to conserve water outside their homes during the hottest month! Yes, that's right; July is traditionally the month of peak demand for irrigating lawns, gardens and landscapes in the United States.

Broward County Natural Resources Planning and Management are encouraging residents to be aware of the numerous ways they could be wasting water outside their homes.



The following are some tips from the **Irrigation Association**:

- **Plant right.** Choose grass or plants that have low water requirements and that will thrive in Florida climate.
- **Mulch well around plants, bushes and trees.** Using 2 to 4 inches of mulch reduces evaporation, moderates soil temperatures, improves water penetration and helps control weeds that compete for water.
- **Maintain your yard regularly.** A well-maintained yard requires less water.
- **Don't send water down the drain.** Set sprinklers to water plants, not your driveway or sidewalk.
- **Water only when needed.** Saturate root zones and let the soil dry.
- **Check your irrigation system monthly.** Check for leaks, broken or clogged sprinkler heads and other problems.



You can also save outdoors by following the County's permanent irrigation measures. **All homes and businesses are limited to irrigating twice per week.**

**For more information, please visit**

<http://www.broward.org/IWRP/Pages/TenWaysToConserveWater.aspx>.



July 16, 2013

## WESTON TENNIS CENTER'S CARDIO TENNIS AND MEMBERSHIP

Join your friends every Tuesday and Thursday morning for great tennis and a great workout! Any tennis level welcome

Days: Tuesday and Thursday  
Time: 8:30am – 9:30am



Join Weston Tennis Center's Family Today  
Become a Member!

- Free use of the 16 lighted tennis courts
- Reserve tennis courts up to 24 hours in advance of play
- Four guests passes for each year of membership
- Preferred pricing on tennis lessons and clinic programs
- Discount on all Pro-Shop purchases
- Game arranging through the staff
- Complimentary evaluation with the Director of Tennis

For more information and membership pricing, please contact  
the Weston Tennis Center  
at 954-389-8666 or visit [www.CliffDrysdale.com](http://www.CliffDrysdale.com).



**IT'S TIME TO START PREPARING...  
SIGN UP TODAY FOR WESTON'S SAT PREP COURSE  
FOR THE OCTOBER 5<sup>th</sup> TEST**



The Weston Community Center offers 8-week SAT Preparatory Courses. The next session begins in August and will prepare you for the **OCTOBER 5<sup>th</sup> SAT TEST**. Instructed by Jeff Steinberg, this course prepares students for all facets of the College Board exam.

The class thoroughly reviews content of what is tested and exposes students to numerous insightful strategies for scoring well on the SAT.

Jeff Steinberg is a former University of Miami SAT Preparation Course Developer, instructor and teacher trainer as well as a former full time advisor and instructor of college preparatory and study skills courses and recipient of excellence award at Miami Dade College. *Results from this course have produced an overall average increase of 200 points; 330 points for students who complete all homework!*

**FALL 2013 CLASS OFFERINGS FOR THE OCTOBER 5<sup>th</sup> TEST**

SUNDAY MORNINGS:	August 11 <sup>th</sup> – September 29 <sup>th</sup>	10:30am – 1:00pm
SUNDAY AFTERNOONS:	August 11 <sup>th</sup> – September 29 <sup>th</sup>	1:30pm – 4:00pm
TUESDAY EVENINGS:	August 13 <sup>th</sup> – October 1 <sup>st</sup>	7:00pm – 9:30pm
THURSDAY EVENINGS:	August 15 <sup>th</sup> – October 3 <sup>rd</sup>	7:15pm – 9:45pm

**Class cost is \$475 for entire 8 week course and all materials.**

For more information or to enroll, please contact Jeff Steinberg,  
at 954-478-0792 or email [jeffly1968@yahoo.com](mailto:jeffly1968@yahoo.com).

For a complete list of Classes and Events at the Community Center, please visit [www.westonfl.org](http://www.westonfl.org) and select 'Parks and Recreation' and then 'Programs'.



July 16, 2013

## **BUILDBOTS ROBOTICS ACADEMY SUMMER CLASS at Weston Community Center**



Explore the magic of **Lego® Robotics** and apply your knowledge to design, build and program robots that can solve the most amazing challenges. The Buildbots program combines creativity, design, logic, teamwork, scalability and problem solving skills, the main building blocks for an exciting future in tomorrow's high-tech world.

The class provides a step-by-step progression from beginner to advanced levels, accommodating individual abilities. With the aid of Lego®'s programmable bricks along with sensors, motors and more, children can create robots limited only by their imagination.



Where: Weston Community Center, Weston Regional Park  
Ages: Boys and Girls ages 7-14  
More Info: Please visit [www.buildbots.com](http://www.buildbots.com)

**July 18<sup>th</sup> - August 16<sup>th</sup>**

Days: Thursday and Fridays  
Time: 12:00pm - 4:00pm

For information on other Weston Community Center classes, please visit [www.westonfl.org/Departments/ParksAndRecreation/ParksAndRecreationHome.aspx](http://www.westonfl.org/Departments/ParksAndRecreation/ParksAndRecreationHome.aspx).  
or contact the Weston Community Center at 954-389-4321.





## **BROWARD COUNTY ANIMAL CARE AND ADOPTION Announces New Price Structure for Pet Registration Tags**

Broward County Animal Care and Adoption has adjusted its pet registration fees for dogs and cats, effective July 1st. All dogs and cats that are at least 4 months old must be vaccinated against rabies and registered with the County as follows:

### **Dog Pet Registration Tag:**

Spay/neutered (fixed) dog: **\$25**

Not spayed/neutered (not fixed) dog: **\$55**

### **Cat Pet Registration Tag:**

Spay/neutered (fixed) cat: **\$15**

Not spayed/neutered (not fixed) cat: **\$30**



**A three-year pet registration tag is no longer available.** Animal Care offers several **ways to purchase pet tags**. While dogs and cats can continue to receive a three-year rabies vaccination, the pet registration must be renewed each year on the anniversary the rabies vaccination was received. A \$10 late fee will be added if the pet registration tag is not purchased within 30 days of the rabies vaccination.



Previously, pet registration fees were based only on whether a pet was fixed (spayed/neutered). Now the fees will also reflect whether the pet is a dog or cat. Residents who get their pet fixed will continue to pay a lower registration fee. In addition, the pet registration tag must be purchased even if the pet is micro-chipped, tattooed or has a personal name tag.

"A pet registration tag worn on a secure collar acts as your pet's cell phone number," said Lisa Mendheim, public education coordinator, Broward County Animal Care. Each year, the center receives thousands of pets who do not have their tag. Not only does the registration tag confirm ownership of the pet, but it also provides the owners contact information.

For more information, please visit [www.broward.org/animal](http://www.broward.org/animal) or call Animal Care and Adoption at 954-359-1313.



## CELEBRATE NATIONAL DANCE DAY ON JULY 27<sup>th</sup> AT A BROWARD COUNTY LIBRARY



Put your body in motion at the library this summer as they celebrate National Dance Day, held annually on the third Saturday in July. Launched in 2010 by Nigel Lythgoe, the judge/executive producer of the hit TV show *So You Think You Can Dance* and Dizzy Feet Foundation co-president, National Dance Day promotes dance education and physical fitness for all. This year's event will be celebrated on Saturday, July 27<sup>th</sup>.

Young or old, you can try out hip-hop, jazz, salsa or line dancing – all for free at your Broward County Library. Go around the world and watch a Hawaiian dance performance, learn Latin American folk dancing or learn about African beats. There are classes, performances, drum-and-dance programs and even Zumba for kids!

What are you waiting for? Get moving at your local library with various great programs. Visit [www.broward.org/library](http://www.broward.org/library) for class details and locations.

National Dance Day is now an annual occurrence made up of grass root events designed to get everyone moving no matter what age! There are endless ways to participate. Those looking to learn the official routines can visit [dizzyfeetfoundation.org/national-dance-day](http://dizzyfeetfoundation.org/national-dance-day). This year there will be a Hip-Hop Master Class and an Everybody Dance routine from Zumba Fitness.

**Get active, get dancing and have fun!**





## UPCOMING EVENTS & PROGRAMS

### **BROWARD HEALTH FOOD TRUCK, FOOTBALL & SPORTS PHYSICAL EVENT**

**Tuesday, July 16<sup>th</sup> 6PM-9PM**

Broward Health Weston hosts pro football players Ryan Tannehill, Brandon Fields and Dan Carpenter in a fun-filled event complete with free sports physicals (by appointment.) The players will be available for interactive activities and autographs; enjoy music and a variety of food trucks.

6pm-6:40pm: Passing/kicking/punting tips from the pros

7pm-7:30pm: Autograph signing in the Main Lobby

6pm-9pm: Free sports physicals with appointment: call 954-217-5700

**Location:** Broward Health Weston, 2300 N. Commerce Pkwy, Weston.



### **FREE QUARTERLY RESIDENTIAL BULK PICK UP**

**Wed., July 24<sup>th</sup>, Thur., July 25<sup>th</sup> or Fri., July 26<sup>th</sup>**

**Multi-family units with dumpsters: Sat., July 27<sup>th</sup>**

Bulk trash will be picked up **on your regularly scheduled collection day**. Bulk trash must be placed curbside by 7AM for single family residences. For residences with dumpster service (\*condominiums & apartment complexes) place items alongside dumpster.

*For more information, please contact Public Works at 954-385-2600.*

**Think Before You Throw – Consider donating before tossing.**



### **CPR SAFE COMMUNITY INITIATIVE**

**BSO Weston Fire Rescue** – This program offers FREE CPR classes to residents, organizations and businesses and their employees. Convenient weeknight and weekend CPR classes are offered as well as training right at your own location at a time convenient for you (min. 8 persons). **Call 954-389-2015** today.



### **SMOKE ALARM AND BATTERY REPLACEMENT PROGRAM**

**BSO Weston Fire Rescue** - This program is designed to reach resident seniors or the disabled who are unable to safely install smoke alarms and/or replace the batteries in existing alarms. Please call **954-389-2015** to schedule this FREE service for our Weston residents.



## Notifications

### **WESTON DELIVERS THE LATEST NEWS DIRECTLY TO YOUR INBOX**

Select from two options (*we recommend BOTH*):

- **Newsday Tuesday:** A collection of city news articles, information and events.
- **General Notifications:** Updates on construction projects; media releases; sports registrations and events. Subscribe at [www.westonfl.org/EmailSubscriptions.aspx](http://www.westonfl.org/EmailSubscriptions.aspx).



### **REGISTER FOR CodeRED TODAY** **Hurricane Season began June 1<sup>st</sup> – be prepared!**

All residents and businesses should register with the City's CodeRED Emergency Notification System. The

City will only send out a message on CodeRED in an emergency situation or to update residents after an emergency. To register, please visit <http://www.westonfl.org/Residents/Hurricane/CodeRed.aspx>.