



July 23, 2013

BROWARD SHERIFF'S OFFICE WESTON UNIVERSITY POLICE ACADEMY

Weston University Police Academy is an 8 week program for students that are interested in possibly pursuing a career in Law Enforcement or Public Safety. Each week, the 39 currently enrolled students are participating in group activities that are hands on learning, informative and not to mention, just plain fun.

This week, the students were able to learn and demonstrate defensive tactics, imitate someone taking a sobriety test for DUI by using night vision goggles during the day to impair vision while walking a straight line, and took a tour of the gun range. The gun range tour taught the students the safety procedures required while handling a weapon and the continuous training needed in order to maintain the position of a Police Officer.

Most students enter the program with little to no interest or knowledge about Law Enforcement careers but after the program is finished the percentage of students that will have interest in becoming a cop is now about 75%.



For more information or questions, please call the Weston Broward Sheriff's Office at 954-385-2010 or email Kari_Pallotto@sheriff.org.



VIEW CITY OF WESTON VIDEOS ONLINE



Looking for city information in a quick, easy way? The City of Weston's YouTube Channel is the perfect outlet for you to tune into! Videos with city information ranging from tree pruning advice to parks information, the Weston Tennis Center, city project insights, special events and more are keeping you, our residents, visitors and business owners informed.

With social media all the rage, YouTube is a tool at the forefront that allows web browsers worldwide, to view videos and have a visual learning experience. WTV videos will also air on the city's government access cable channel.

Subscribe to the City of Weston YouTube channel today by visiting <http://www.youtube.com/profile?user=CityofWeston>.





HURRICANE PREPAREDNESS – A Continuing Series

July 23, 2013

HURRICANE WIND SCALE

The National Hurricane Center declares, June 1st to November 30th as “The Atlantic Ocean hurricane season.” When determining the severity of the storm, the National Weather Service uses the Saffir-Simpson Hurricane Wind Scale; used only to describe hurricanes formed in the Atlantic Ocean and Northern Pacific Ocean.

A storm that is classified as a hurricane must first be recognized as a **Tropical Cyclone**. A tropical cyclone is a rotating, organized system of clouds and thunderstorms that originates counterclockwise over tropical or subtropical waters. They are classified as follows:



Tropical Depression: A tropical cyclone with maximum sustained winds of 38 mph or less.

Tropical Storm: A tropical cyclone with maximum sustained winds of 39 to 73 mph.

Hurricane Watch: Indicates that hurricane conditions could arrive within 36 hours.

Hurricane Warning: Indicates that sustained winds of at least 74 mph are expected within 24 hours or less.

Once winds exceed 73 mph, they are classified hurricanes and based on wind severity are categorized from a **1-5**. The classifications can provide some indication of potential damage and flooding caused upon landfall.
Category 3 or higher are considered “**major**” hurricanes; Their potential is significant for loss of life and damage.

Categories Sustained Winds

1	74-95 mph
2	96-119 mph
3	111-129 mph
4	130-156 mph
5	157 mph or higher

For National Hurricane info, please visit www.nhc.noaa.gov.

For helpful info & tips, please visit www.westonfl.org/residents/hurricane/default.aspx.



WATER SAFETY AROUND THE HOUSE

Water is everywhere – especially in your house. Below you will find everything you need to know about water in the home. Whether you're bathing your baby in the sink or splashing around with your toddler in the bathtub, water is great fun for kids. But it's also a place where safety must come first, so here are a few tips for kids who love to get wet.

The Hard Facts

Drowning is the leading cause of injury-related death among children between 1 and 4 years old. And it's the third leading cause of death among children.

Top Tips

Never leave your child unattended around water. We know it sounds strict, but there is no room for compromise on this one. Babies can drown in as little as one inch of water.

Put the cell phone away, forget about all the other things you have to do and give young children 100 percent of your attention when they are near or around water.

Empty all tubs, buckets, containers and wading pools immediately after use. Store them upside down and out of children's reach.

Keep toilet lids closed and use toilet seat locks to prevent drowning. It's also a good idea to keep doors to bathrooms and laundry rooms closed.

Parents have a million things to do, but learning CPR should be on the top of the list. It will give you tremendous peace of mind – and the more peace of mind you have as a parent, the better.

Learn More

Want more information about safety in and around water? Check out some [additional tips](#).





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FLORIDA DEPARTMENT OF HEALTH FREE BACK TO SCHOOL IMMUNIZATIONS

It's that time again to get your little ones ready for school! August 19th is the **BIG** Day for children that attend public schools in Broward County.

There is a **FREE** Back to School Immunizations offered at the Lauderhill Mall, 1267 NW 40th Avenue in Lauderhill, 33313. For more information call 954-467-4705.



**Florida Department of Health in
BROWARD COUNTY**

FREE

Back to School Immunizations

A great chance to get your child immunized before the start of school!

Broward County Public Schools start on August 19, 2013!

Beat the Back to School Rush!

LAUDERHILL MALL
1267 NW 40th Avenue • Lauderhill, 33313

MONDAY, TUESDAY, WEDNESDAY & FRIDAY
August 5, 6, 7 & 9 – 9:00am-3:00pm • August 12, 13, 14 & 16 – 9:00am-3:00pm

THURSDAY
August 8 & 15 – 9:00am-7:00pm

SATURDAY – COMMUNITY RESOURCE FAIR & IMMUNIZATIONS
August 17th – 10:00am-2:00pm

MONDAY & TUESDAY
August 19 & 20 – 9:00am-3:00pm

Each child must be accompanied by a parent or legal guardian. Parent or legal guardian should remember to bring the child's immunization records.

School Physicals – By Appointment Only At:

EDGAR MILLS HEALTH CENTER
900 NW 31st Avenue • Fort Lauderdale 33311

MONDAY-FRIDAY
Call for appointment: **(954) 467-4705**
Cost: \$36.00 per child payable by cash or credit card only

School physical examinations are available for children 3 to 18 years of age. Child must be accompanied by parent or legal guardian. Bring copy of child's immunization record. Sports physicals are NOT provided.





July 23, 2013

IS YOUR HEAD IN THE STARS?

Visit the Fox Observatory at Markham Park for Free Stargazing Every Saturday

One of South Florida's best-kept secrets is the Fox Observatory at Broward County's Markham Park located at the intersection of Weston Road and State Road 84.

If you've ever paid more than passing attention to what goes on in the sky after dark, you may be interested in checking out the observatory and the South Florida Amateur Astronomers Association (SSFA).



This nonprofit organization has been around since 1965 and is dedicated to "bringing the universe closer to all South Floridians." As well as volunteering on Saturday nights, the members have monthly meetings on the first Thursday of every month. Visit their website at <http://www.sfaaa.com/> for more information on membership with SFAA.

Every Saturday night at dusk, SFAA opens the park's Fox Observatory to the public for free stargazing until midnight (weather permitting). The park's weekend gate admission of \$1.50 per person (children 5 and under free) will be in effect.



Among the telescopic equipment at the group's disposal are a pair of 16-inch and 14-inch Schmidt-Cassegrains, a Brandon refractor, three Dobson reflectors, and a 12-inch Newtonian. Both Schmidt-Cassegrains are fitted with imagers that offset the effects of light pollution.

If none of this makes much sense to you, don't worry. Members are there to help you learn about such gear and how it operates. They often even bring along their own telescopes, so that on a clear night there may be as many as 15 set up in various spots around the observatory.

For more information on the park and observatory,
please visit Broward County's website at

<http://www.broward.org/Parks/MarkhamPark/Pages/Default.aspx#observatory>.



READ ALOUD 15 MINUTES EVERY CHILD. EVERY PARENT. EVERY DAY.

Read Aloud 15 MINUTES is a non-profit organization that is working to make reading aloud every day for at least 15 minutes the new standard in child care. When every child is read aloud to for 15 minutes every day from birth, more children will be ready to learn when they enter kindergarten, more children will have the literacy skills needed to succeed in school, and more children will be prepared for a productive and meaningful life after school.

Reading aloud is the single most important thing a parent or caregiver can do to improve a child's readiness to read and learn.



By making 15 minutes of daily reading aloud the new parenting standard, the face of education *will* change in this country. For more information, please visit <http://www.readaloud.org/mission.html#>.

Brain Development

Babies are born learning. From birth to age 3 are critical years for the development of language skills that are foundational for future learning success.

Parents are a child's first and most important teacher.

Knowledge

Books are a pleasure, yes, and they are also informative. You and your child can learn something new when you read aloud.

Language

The number of words that a child knows when he or she enters kindergarten is the most important predictor of a child's success or failure.

Reading aloud grows your child's vocabulary and introduces many words and concepts that you might not use in everyday conversation.

Why Read Aloud?

Love of Reading

Parents that read aloud demonstrate that reading is important, that reading is pleasurable, that reading is valued.

Bonding

Is there anything better than sharing a good book with a child in your lap?

Literacy Skills

Vocabulary. Phonics. Familiarity with the printed word. Storytelling. Comprehension. Reading aloud is invaluable for building literacy skills.



VIEWING WILDLIFE AROUND FLORIDA HERE IS WHAT YOU CAN FIND IN JULY...

- ❖ Scrub morning glory and butterfly weed bloom in July.
- ❖ Sea oats are flowering on Atlantic beaches.
- ❖ In South Florida young [crocodiles](#) are hatching.
- ❖ Buck [deer](#) in new velvet may occasionally be spotted.
- ❖ [Swallow-tailed](#) and Mississippi kites, purple martins, and tree swallows begin to gather to migrate south for the winter.
- ❖ Look for magnificent frigatebirds flying overhead in south Florida.
- ❖ [Mulch your garden](#) to conserve water but leave patches of soil exposed for dusting by birds.
- ❖ Second litters of [gray squirrels](#) are being born.
- ❖ Baby [raccoons](#), [foxes](#), [armadillos](#), and [bobcat](#) leave their mothers.
- ❖ [Bear](#) breeding season starts.
- ❖ Listen for Eastern narrowmouth toads ("waaa", like a baying sheep) after heavy rains.
- ❖ Lights Out! [Sea turtles](#) emerge from their nests and head for the ocean. Females may become confused by lights on the beach.
- ❖ Leatherback, [loggerhead](#), and [green sea turtles](#) continue to crawl ashore to lay eggs.





FUN THINGS THAT KIDS CAN DO AT HOME

Silence the "I'm bo-ored" cries with fun learning activities

Short attention spans may become a challenge when children are simply staying at home, especially during school vacations. There are many fun things adults can do with kids at home, preventing them from getting bored and allowing them to develop their mental, physical and creative skills. They'll be too busy having fun to realize they're learning.

Scavenger Hunt



Find something...

- Red
- Soft
- Bumpy
- Sticky
- Smelly
- Green
- Noisy
- Cold
- Blue
- Hard
- Crunchy
- Yellow

Stalking Through a Scavenger Hunt

A scavenger hunt is a simple, fun way to keep children engaged while they are stuck inside the house. The children search for all the items on a list, and they place them in their designated baskets. Hiding clues around the house or drawing a map where the items can be found also make the game more entertaining and exciting. For the youngest participants, use a pictorial list or send them to find one item at a time, telling them what they are seeking.

Building an Indoor Fort

The house's playroom, the kid's room or any other available space inside the house can be a venue for a fort-building project. Children can even make an indoor clubhouse designed as a little place of their own. After making a blanket fort, a camper's mini-home, a doll house, a giant box decorated using markers and crayons or a little cave made of thick boards and papers, crawl in together to enjoy a snack, watch a movie or even take a nap.



Making Scrapbooks

To enhance the creative skills of children, encourage them to use photos, stickers, colored papers and more to create personalized scrapbooks. With your guidance or assistance, let the kids cut and paste their favorite photos and art materials onto their scrapbook pages. This type of activity inspires them to see fun memories transform into colorful works of art.



Playing with Bubbles

Mixing liquid dishwashing detergent, water and food coloring produces a bubble-blowing solution that is safe for indoor use and doesn't cause adults headaches over possible waste and mess. Dip in a wand made from clothes hanger wire or pipe cleaners, and pucker up to blow and have fun!





UPCOMING EVENTS & PROGRAMS



FREE QUARTERLY RESIDENTIAL BULK PICK UP
Wed., July 24th, Thur., July 25th or Fri., July 26th
Multi-family units with dumpsters: Sat., July 27th

Bulk trash will be picked up **on your regularly scheduled collection day**. Bulk trash must be placed curbside by 7AM for single family residences. For residences with dumpster service (*condominiums & apartment complexes) place items alongside dumpster. *For more information, please contact Public Works at 954-385-2600. **Think Before You Throw – Consider donating before tossing.***



CPR SAFE COMMUNITY INITIATIVE

BSO Weston Fire Rescue – This program offers FREE CPR classes to residents, organizations and businesses and their employees. Convenient weeknight and weekend CPR classes are offered as well as training right at your own location at a time convenient for you (min. 8 persons). **Call 954-389-2015** today.



SMOKE ALARM AND BATTERY REPLACEMENT PROGRAM

BSO Weston Fire Rescue - This program is designed to reach resident seniors or the disabled who are unable to safely install smoke alarms and/or replace the batteries in existing alarms. Please call **954-389-2015** to schedule this FREE service for our Weston residents.



WESTON DELIVERS THE LATEST NEWS DIRECTLY TO YOUR INBOX

Select from two options (*we recommend BOTH*):

- **Newsday Tuesday:** A collection of city news articles, information and events.
- **General Notifications:** Updates on construction projects; media releases; sports registrations and events. Subscribe at www.westonfl.org/EmailSubscriptions.aspx.



REGISTER FOR CodeRED TODAY

Hurricane Season began June 1st – be prepared!

All residents and businesses should register with the City's CodeRED Emergency Notification System. The

City will only send out a message on CodeRED in an emergency situation or to update residents after an emergency. To register, please visit <http://www.westonfl.org/Residents/Hurricane/CodeRed.aspx>.