



**SYMPHONY OF THE AMERICAS**  
**THE MAGIC OF CIRQUE DE LA SYMPHONIE**  
**Saturday, November 8<sup>th</sup> at 7:30pm**

**THE MAGIC OF**  
*Cirque de la*  
**Symphonie**

**SYMPHONY  
OF THE AMERICAS**

Saturday, November 8th  
7:30pm

Cypress Bay High School Theater  
18600 Vista Park Boulevard

**Ticket Prices:**

\$20 in advance  
\$30 at the door (if available)  
\$10 for students  
\$15 at the door for students (if available)

**Tickets available at:**

· Weston Community Center  
20200 Saddle Club Road  
954-389-4321  
· Community Bank of Broward  
1504 Weston Road  
954-888-9989

THE  
CITY OF WESTON

**PRESENTED BY THE  
CITY OF WESTON AND  
THE WESTON  
PHILHARMONIC SOCIETY**



Cirque de la Symphonie brings the magic of cirque to the music hall. Artists include mesmerizing veterans of exceptional cirque programs throughout the world—acrobats, contortionists, dancers, jugglers, balancers, and strong - men. Each artist's electrifying selection is professionally choreographed to classical masterpieces and popular contemporary music in collaboration with the Symphony of the Americas under the direction of James Brooks-Bruzzese. Purchase your tickets today as the event is sure to sell out quickly!

For more information, please visit [www.westonphilharmonic.com](http://www.westonphilharmonic.com) or [www.westonfl.org](http://www.westonfl.org) or call 954-389-4321.



## EMERALD ESTATES AND PEACE MOUND PARKS Now Open

Come out and enjoy the newly renovated Emerald Estates Park and Peace Mound Park.

Both parks are now open to the public to enjoy the new enlarged parking, pathways, fitness stations, new playground structure with swings, new deck material for bridge/fishing dock, new L.E.D walkway lighting, interpretive plaques that educate visitors, landscaping and much more.

**Emerald Estates Park**  
16400 Emerald Estates Drive  
Hours: 8AM- 9PM



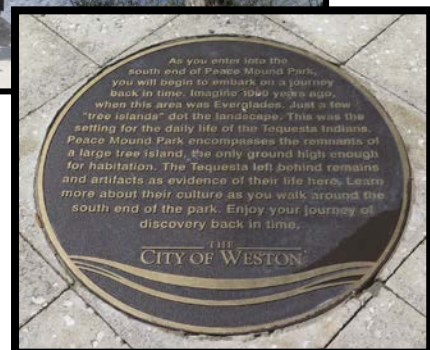
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September 9, 2014

**Peace Mound Park**  
1300 Three Village Road  
Hours: 8AM- 9PM



For more information regarding Peace Mound Park or Emerald Estates Park, please call Parks & Recreation at 954-389-4321 or visit

<http://www.westonfl.org/Departments/ParksAndRecreation/ParksAndRecreationHome.aspx>.





## TAKE STEPS NOW TO BE PREPARED SURVIVING THE STORM: KNOW BEFORE YOU GO

### *HURRICANE PREPAREDNESS – A Continuing Series*

#### Evacuation and Shelter information:

As the 2014 Hurricane season progresses, do you know where to go if you had to evacuate? Below are the six closest shelters to Weston by distance. **Please call the Broward County Emergency Hotline, 311 or 954-831-4000 to verify shelter availability during a state of emergency.**

#### **Falcon Cove Middle School**

4251 Bonaventure Blvd., Weston

#### **Fox Trail Elementary School**

1250 Nob Hill Road, Davie

#### **Silver Trail Middle School**

18300 Sheridan Street, Pembroke Pines

#### **Everglades High School**

17100 SW 52<sup>nd</sup> Avenue, Miramar

#### **New Renaissance Middle School**

10701 Miramar Blvd., Miramar

#### **Millennium Middle School**

5803 NW 94<sup>th</sup> Avenue, Tamarac

*(Pet friendly shelter only;*

*Pre-registration required.*

*Call the Pet Hurricane Hotline at  
954-266-6871 for more information.)*



#### What to bring:

- One complete change of clothing, including shoes and rain gear.
- A cot or sleeping bag and pillow.
- Portable electronics such as a radio.
- Personal items such as toothbrush, soap, towel, sanitary napkins, toilet paper and towelettes.
- Medications that are clearly marked with name, dosage, type and physician.
- Important papers and Identification.

**For more information on shelters, please visit**

<http://www.broward.org/Hurricane/Pages/EvacuationShelterInformation.aspx>.

THE CITY OF WESTON • phone 954-385-2000 • facsimile 954-385-2010

*The Nation's Premiere Municipal Corporation<sup>SM</sup>*



# BROWARD COUNTY PUBLIC SCHOOLS

## Conversations with the District



**CONVERSATION**  
with the **DISTRICT**

Now that the new school year is underway, Broward County School (BCPS) is excited to announce the return of their **Conversations with the District** events.

The events are a series of town-hall style meetings aimed at gaining feedback from parents, students and community members.

The Conversations with the District initiative began in 2013 as a follow-up to the 2011 Listening Tour which gained valuable insight into issues facing our District and the educational priorities of the community.

BCPS encourages the attendance of the scheduled meetings for the support of the students and schools as the key component for success.

See the chart below for **Conversation with the District** details:

| Day       | Date   | Time   | District | School (click for directions)               |
|-----------|--|--------|----------|---|
| Monday    | September 8, 2014                                      | 6:30pm | 3        | <a href="#">Northeast High School</a>       |
| Wednesday | September 10, 2014                                     | 6:30pm | 7        | <a href="#">Atlantic Technical College</a>  |
| Wednesday | September 17, 2014                                     | 6:30pm | 6        | <a href="#">Cypress Bay High School</a>     |
| Monday    | September 22, 2014                                     | 6:30pm | 1        | <a href="#">Hollywood Hills High School</a> |
| Tuesday   | September 30, 2014<br>(Rescheduled from<br>October 15) | 6:30pm | 2        | <a href="#">Flanagan High School*</a>       |
| Wednesday | October 1, 2014  | 6:30pm | 4        | <a href="#">J.P. Taravella High School</a>  |
| Wednesday | October 15, 2014<br>(Cancelled)                        | 6:30pm | 2        | <a href="#">Flanagan High School</a>        |
| Monday    | October 27, 2014                                       | 6:30pm | 5        | <a href="#">Piper High School</a>           |



For more information about Conversations with the District, please visit <http://browardschools.com/BCPS-Spotlights/Conversations-with-the-District>.





September 9, 2014

## SEPTEMBER KIDOKINETICS CLASSES AT THE WESTON COMMUNITY CENTER



**The fun way to inspire kids to get up,  
get moving and get in shape!**

These diverse sport fitness programs helps children to learn discipline, confidence, coordination, fine and gross motor skills, and fitness. Activities include: soccer, hockey, tennis, basketball, football, volleyball, golf, t-ball, polo, lacrosse, hula-hoops, obstacle courses, relays hurdles and more.

### **Kidokinetics Jr.**

**Ages 15 months-4 years**

The youngest children will develop important building blocks for life with a variety of different activities each class.

### **Kidokinetics/Sportskinetics**

**Ages 3-10 years**

The "Fun Way to Fitness" – your child will learn a new sport each week.

### **Monthly Sport Clinics**

**Ages 3-5 years**

The Sports Clinics will combine games, drills, and exercises to aid in the development of strong basic skills, proper technique, and knowledge of the sport.

### **Sportkinetics for Girls**

**Ages 5 - 8**

Ideal for girls who are not really into "sports" or the ones who can't get enough. Classes include a variety of sports and fun activities.

### **Adaptive Kidokinetics**

**Ages 3-18 years**

Modification of the original program for children with special needs.

For more information on the classes, please call 954-385-8511 or visit [www.kidokinetics.com](http://www.kidokinetics.com).

For detailed dates and prices, contact the Weston Community Center at 954-389-4321 or visit [www.westonfl.org/media/docs/misc/Class\\_Schedule.pdf](http://www.westonfl.org/media/docs/misc/Class_Schedule.pdf).





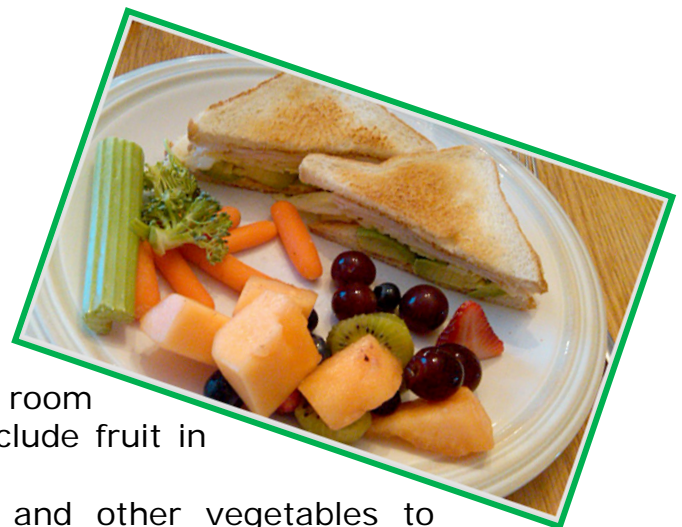


## DID YOU KNOW THAT YOU SHOULD MAKE HALF OF YOUR PLATE FRUITS AND VEGETABLES?

Most of us know our diets would be healthier if they included more fruits and vegetables every day – we just don't follow through on that knowledge. Fruits and vegetables are rich in nutrients including folate, magnesium, potassium, dietary fiber, and vitamins A, C, and K.



When you make half of your plate fruits and vegetables, you can reduce the risk of such chronic ailments as obesity, diabetes, and heart disease. When properly prepared, these naturally low-calorie foods also help with weight management.



Follow these tips to expand your use of fruits and vegetables:

- Keep whole fruit in a bowl on your dining room table or at your desk to remind you to include fruit in your diet.
- Pre-cut fresh broccoli, carrots, peppers, and other vegetables to speed meal preparation, or to serve as ready-to-go snacks.
- Emphasize variety – include fresh, frozen, canned, and dried selections. Choose vegetables with no salt added and/or fruits packed in 100 percent juice.
- As a general rule, the more colors in your diet the better – brighten your meals with fruits and vegetables that are red, orange, dark green, purple, yellow, and blue.
- Meet your fiber needs with fresh, whole cut-up fruits and vegetables instead of juice.
- Look for new recipes that use fruits and vegetables creatively.



## FUN SEPTEMBER FACTS

### Did you know?



- September's flower is the morning glory, forget-me-not and the aster.
- In Roman times, September was the 7<sup>th</sup> month until Julius Caesar reformed the calendar making it the 9<sup>th</sup> month.
- September's gem is the sapphire.
- The zodiac signs for September are Virgo and Libra.
- September is National Chicken Month, National Rice Month, National Potato Month and National All-American Breakfast Month.
- On September 6, 1901, William McKinley the 25<sup>th</sup> President of the United States was assassinated.
- Uncle Sam's image was first used September 13, 1813.
- September is one of the warmest months in southern United States.
- The very first comic strip was printed in an American newspaper.
- The 1<sup>st</sup> Continental Congress was called to order on September 5, 1874.
- Band-Aids were invented.
- September 24, 1789 the US Supreme Court was established.
- September 11, 1962 was the day the Beatles recorded their first single, "Love Me Do."
- Some famous people born in September are Stephen King, Queen Elizabeth I, Hugh Grant, Bruce Springsteen, Beyonce and Adam Sandler.
- Soap rationing ended in Britain on September 9, 1950.
- Penicillin was discovered by Alexander Fleming on September 30, 1928.







## BROWARD COUNTY ANIMAL CARE AND ADOPTION

### Just FIX It

Now that the weather is warm and enjoyable, you're not the only one in the household that wants to escape outside to experience it! Look out for your household cat or dog that wants to sniff the different smells, lie in the grass or find it's long lost soul mate!

Make sure your pet is fixed to reduce over population, homeless animals, roadside deaths and the six million unwanted healthy dogs or cats that are euthanized in the U.S every year.

Did you know Broward County provides a vast network of low-to-no-cost pet sterilization resources?

The SPOT (Stop Pet Overpopulation Together) Program provides access to more than 35 participating animal clinics for low cost spray and neutering services. Broward County residents that meet eligibility requirements could arrange pet sterilization for as low as \$10 co-pay.



The SPOT program is funded by a \$3 surcharge on Broward County rabies registration tags. Proceeds from the surcharge are used to pay participating veterinarians at a reduced surgery fee.

For more information on eligibility requirements, registration, or the SPOT Program, please **contact Broward County Animal Care and Adoption SPOT Coordinator** at 954-359-1313 or visit

[www.broward.org/Animal/ProgramsServices/Pages/SPOT.aspx](http://www.broward.org/Animal/ProgramsServices/Pages/SPOT.aspx).



## UPCOMING EVENTS & PROGRAMS



### **NATIONAL DAY OF SERVICE AND REMEMBRANCE**

**Thursday, September 11<sup>th</sup>**

The City of Weston joins our country in remembering the victims, their families, first responders and rescue and recovery workers, the soldiers who have taken up arms to defend our freedom and safety, and the volunteers who contributed their efforts in the aftermath of 9/11/2001.



### **CITY COMMISSION MEETING**

**Monday, September 15<sup>th</sup> 7:00PM**

A regular meeting and Budget Hearing of the Weston City Commission.

**Location:** Weston City Hall, 17200 Royal Palm Blvd.



### **CITY COMMISSION MEETING**

**Monday, September 29<sup>th</sup> 7:00PM**

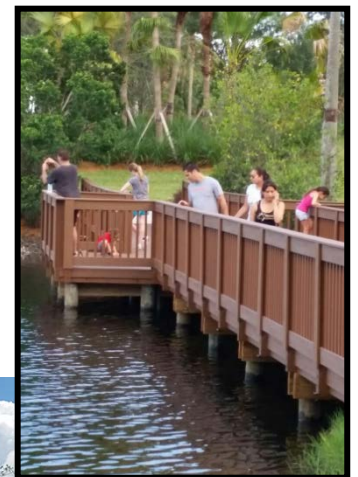
A regular meeting and Budget Hearing of the Weston City Commission.

**Location:** Weston City Hall, 17200 Royal Palm Blvd.



### **PARKS REOPENED – PEACE MOUND & EMERALD ESTATES**

Visitors are welcomed back to Peace Mound and Emerald Estates Parks. Major renovations have been completed at both parks which are now open for your enjoyment.







## SAFE SELLING LOCATION FOR POTENTIAL ONLINE BUYERS/SELLERS

When selling items online, keep in mind that not all buyers are legitimate. Meet strangers in a safe place. Starting immediately, BSO's Weston district office's parking lot will serve as a safe haven for the City's online buyers and sellers to meet. Weston Police Services Building is located at 17300 Royal Palm Boulevard. The parking lot is accessible 24 hours a day.



## EMS GO PACKET INITIATIVE

**BSO Weston Fire Rescue** – The EMS Go Packet is being offered for free to residents. It is designed to contain all of your important medical information and legal documents to place in an accessible spot such as bedroom or inside of front door so that EMS and hospital personnel can be immediately aware of your medical conditions and adhere to your rights as a patient. Call Fire Station No. 81 at 954-389-2015.



## CPR SAFE COMMUNITY INITIATIVE

**BSO Weston Fire Rescue** - This program offers FREE CPR classes to residents, organizations and businesses and their employees. Convenient weeknight and weekend CPR classes are offered as well as training right at your own location at a time convenient for you (min. 8 persons). Call 954-389-2015 today.



## SMOKE ALARM AND BATTERY REPLACEMENT PROGRAM

**BSO Weston Fire Rescue** - This program is designed to reach resident seniors or the disabled who are unable to safely install smoke alarms and/or replace the batteries in existing alarms. Call 954-389-2015 to schedule this FREE service for our Weston residents.



## WESTON DELIVERS THE LATEST NEWS DIRECTLY TO YOUR INBOX

Select from two options (we recommend BOTH):

**Newsday Tuesday:** A collection of weekly city news articles, information and events.

**General Notifications:** Updates on construction projects; media releases; sports registrations and events.

**Subscribe at** [www.westonfl.org/EmailSubscriptions.aspx](http://www.westonfl.org/EmailSubscriptions.aspx).



## REGISTER FOR CodeRED TODAY

All residents and businesses should register with the City's CodeRED Emergency Notification System. The City will only send out a message on CodeRED in an emergency situation. To register, please visit:

[www.westonfl.org/Residents/Hurricane/CodeRed.aspx](http://www.westonfl.org/Residents/Hurricane/CodeRed.aspx).

Watch for many upcoming community events beginning in October including Movies in the Park and much more!