





HERE THEY ARE!

YOUR WEEKLY NEWSDAY TUESDAY ARTICLES

INSIDE THIS EDITION:

Page 1	BSO School Resource Deputy Saves Student
Page 2	Weston Fire Safety Education Continues at Local Schools
Page 3	Emergency Building Repairs – Hurricane Preparedness Series
Page 4	Preventing Suicide: Awareness Can Save a Life
Page 5	Annual Harvest Drive
Page 6	Teen Read Week at Broward County Library
Page 7	Upcoming Events at Weston YMCA Family Center
Page 8	Community Center Classes: Kidokinetics
Page 9	Upcoming City Events and Ongoing Programs





October 20, 2015

SCHOOL RESOURCE DEPUTY

The Broward Sheriff's Office School Resource Deputy (SRD) program promotes positive relationships between students and law enforcement personnel and works to prevent truancy, drug abuse, gang violence and juvenile delinquency.

The City of Weston helps to fund School Resource Deputies at Cypress Bay High School, Tequesta Trace and Falcon Cove Middle Schools and two deputies shared among the public elementary schools within the City.



Want to contact your School Resource Deputy?

Click Here

BSO SCHOOL RESOURCE DEPUTY SAVES STUDENT FROM CHOKING

On Friday, October 9th BSO Deputy Charles Rawls said he "was just doing my job", when he save the life of a choking teen at Cypress Bay High School where he is assigned as the School Resource Deputy.



Rawls was certainly in the right place at the right time when a student ran up to him and said someone was choking. Rawls ran to the student who was clutching his throat and struggling to breathe. Deputy Rawls performed several Heimlich Maneuver compressions on the 10th grader until dislodging the food source. The student, who had begun to pass out was taken to the hospital for evaluation and is doing just fine.

A father of four children himself, Deputy Rawls is thankful that his training enabled him to help one of his students. The soft spoken Rawls has been with the Broward Sheriff's Office since 2003. Assigned to Cypress Bay for the past six years, Rawls has also been a School Resource Deputy at both Boyd Anderson and Ely High Schools.





October 20, 2015

FIRE SAFETY EDUCATION



EVERY BEDROOM NEEDS A WORKING SMOKE ALARM.

FIRE PREVENTION WEEK OCTOBER 4-14, 2015

www.Firepreventionweek.org

Keep your family safe with a working smoke alarm in every hedroom.

Roughly half of home fire deaths result from fires reported between 11 PM and 7 AM, when most people are asleep.

Smoke alarms save lives. If there is a fire in your home, smoke spreads fast and you need smoke alarms to give you time to get out. In fact, having a working smoke alarm cuts the chances of dying in a reported fire in half!

WESTON FIRE SAFETY EDUCATORS VISIT MORE SCHOOLS

While October 4 – 10, 2015 was National Fire Prevention Week, but Weston's Fire Safety Educator Melanie Brocato and Weston Fire Rescue crews continue their visits to educate Weston school children at Country Isles Elementary.





Learning to call **9-1-1** in an emergency!

MORE PHOTOS ON THE NEXT PAGE!





Newsday Tuesday MITES

Online News Article

October 20, 2015









Working Smoke Detectors and Alarms Save Lives!

Ensure you replace batteries regularly –

don't wait until they don't work





October 20, 2015

EMERGENCY BUILDING REPAIRS

After a Storm or Any Incident

HURRICANE PREPAREDNESS – A Continuing Series



Following a hurricane or any other type of incident that may cause damage to your property, it is important to know the steps necessary to stabilize conditions and prevent further damage to your home and other property.

If you will be submitting an insurance claim, your adjuster will want to inspect the damage

before a full repair is done. Be sure to take photos of all damage prior to doing any type of emergency repairs.

It is important to hire a licensed professional. Be sure they are properly licensed and insured to perform the work in accordance with the Florida Building Code. Most repairs will require a permit and inspections by the City of Weston Building Department to ensure your safety and to maintain the integrity of your home.



<u>Click here</u> to read more about the Building Code Department and the permit process.

Example of a non-disaster type emergency repair:

Some repairs may be classified as an "emergency" even if it is not related to a disaster. For example, if an air conditioning unit fails and there is a chronically ill person in the home that requires air conditioning. A new unit can be installed prior to a permit being received, but it must be done by a licensed professional, with a permit pulled and the work inspected after completion.

Call the Weston Building Department if you have a question regarding permit requirements.

954-385-0500





October 20, 2015

KNOW THE WARNING SIGNS

An easy way to remember the signs: **IS PATH WARM**

- **I** Ideation
- **S** Substance Abuse
- P Purposelessness
- **A** Anxiety
- T Trapped
- **H** Hopelessness
- W Withdrawal
- A Anger
- **R** Recklessness
- **M** Mood Changes

If you or someone you know is contemplating or at risk for suicide, call the National Suicide

Prevention Lifeline 1-800-273-TALK

1-800-273-8255

More details available from the <u>Centers for Disease</u>
Control

PREVENTING SUICIDE Awareness Can Save A Life

Annually, 41,000 Americans take their own lives and hundreds of thousands are treated for self-inflicted injuries. It is the second leading cause of death for 15-24 year olds, and the 10th leading cause overall.

Suicide is often the result of multiple risk factors. Yet, suicide can be prevented with awareness and education. Knowing the risk factors and warning signs can save a life. Risk factors that researchers have identified include the following:

- History of previous suicide attempts
- Family history of suicide
- History of depression or other mental illness
- History of alcohol or drug abuse
- Stressful life event or loss (e.g., job, financial, relationship)
- Easy access to lethal methods
- History of interpersonal violence
- Stigma associated with mental illness and helpseeking

It is important to <u>learn the warning signs</u> and share these resources with friends and family. Awareness could make a difference for someone down the road. Visit the American Association of Suicidology at <u>suicidology.com</u> for more details and resources for suicide prevention.







October 20, 2015

Annual HARVEST DRIVE "Children Helping Children"

KEEP THE DRIVE ALIVE.....

Since 1992, the Harvest Drive has been a yearlong project that culminates in a food collection event that takes place at numerous public schools prior to Thanksgiving. Fundraising efforts and collections go on throughout the Fall season. Students from over 150 public and private schools, as well as churches, temples and neighborhoods are holding drives to supply the Harvest Drive with the non-perishable food that is distributed to the families. Click here to learn more about the Harvest Drive project.

The Harvest Drive provides families in need, residing in Broward County, with a complete Thanksgiving meal and a week's worth of groceries, as well as personal and household necessities during the Thanksgiving season.

THIS YEAR'S GOAL: Feed 2,200 families in Broward

HOW TO HELP: Drop off donations or volunteer your time! Requested non-perishable items:

Juice Pancake Mix Cereal/Oatmeal
Rice Pasta Cookies
Jelly Peanut Butter Stuffing

Napkins Aluminum Foil Shampoo
Dish Soap Laundry Detergent Canned meats
Toothpaste Soap/Body Wash Canned Vegetables
Canned Fruit Canned Cranberries Canned Sweet Potatoes

Canned Gravy

Keep Harvest Drive in mind when you see those "BOGO" - buy one, get one items - perfect for donating!

Weston Area Collection and Sorting/Packing Dates and Times:

WESTERN HIGH SCHOOL - In the Mini-gym

Friday, November 20th 3 PM – 9 PM, community drop off

Monday, November 23rd 8 AM – 9 PM, sorting and packing

For more information on how you can help with this year's Harvest Drive, please visit www.harvestdriveflorida.com





October 20, 2015

DON'T MISS 2015 TEEN READ WEEK

This Year Get Away at Broward County Libraries

Teen Read Week™, celebrated this year from October 18 - 24, is a national adolescent literacy initiative created by the Young Adult Library Services Association (YALSA). It began in 1998 and is held annually during the third week of October. Its purpose is to encourage teens to be regular readers and library users.

This year's theme, Get Away @ your library, spotlights the great Broward County Library resources and activities available for teens.

These resources help teens build literacy skills while reading for the fun of it. All teen read week™ events at broward county libraries are free and open to the public.



Teen Read Week Event @ BCL Main Library:

Wednesday, October 21st, 4:00-5:30 PM Get Away @ Your Library with the Dennis Project

Main Library

100 S. Andrews Avenue, Fort Lauderdale 954-357-7444

Resources for Teens @ BCL:

- FREE ACT/SAT Prep Classes
- Teen Programs
- Weekly Teen Reading List
- FREE Online Resources Book/magazine/song downloads. online classes, e-tutoring, reference materials, and much more

Visit Broward.org/Library or follow

@BrowardLibrary

@BrowardTeens







October 20, 2015



UPCOMING EVENTS & PROGRAMS AT THE WESTON YMCA FAMILY CENTER

10th Anniversary Celebration Monday, October 19th – Saturday, October 24th

The Weston Y will be celebrating its 10th anniversary with special events throughout the week for the entire Weston community. **During this week, all guests are complimentary and the Joiner's Fee is only \$10!** Come check out the great things that have happened at here over the last 10 years and find out what we are excited to bring to Weston in the future!

Halloween Hullabaloo Monday, October 26th, 6 PM – 8 PM

Join us for our annual Halloween event! Enjoy crafts, games, cooking, trick or treating, and family photo opportunities that the whole family can enjoy. If you're feeling brave come and be prepared to get scared as the teen center is transformed into a haunted house with six scare zones!

YMCA of South Florida
Weston YMCA Family Center
20201 Saddle Club Road
Weston, FL 33327
www.ymcasouthflorida.org
954-424-9622





October 20, 2015

KIDOKINETICS CLASSES

AT THE WESTON COMMUNITY CENTER

Inspiring kids to get up, get moving and get in shape!



Children learn to enjoy the fun way to fitness through a structured program that focuses on discipline, confidence, coordination, fine and gross motor skills, and fitness. Babies interact with soccer balls, footballs, bouncy balls, bean bags, cones, hula hoops, tunnels and much more, all with their parents proudly standing by. Older children participate in activities such as: soccer, hockey, tennis, basketball, football, volleyball, golf, lacrosse, hula-hoops, obstacle courses, hurdles and more!



REGISTER TODAY!!!

Next Session Begins November 3rd
Cost is \$77 for the 7 week session

Babykinetics

Ages 6-14 months

This is an introduction to physical activity for babies! Classes help increase body awareness and help babies learn coordination and balance.

Tuesdays 11:00 – 11:45 AM

Kidokinetics Jr.

Ages 15 months – 4 years

Children will develop important building blocks for life with a variety of different activities during each class.

Tuesdays 10:00 – 10:45 AM Ages 2 – 4 years

11:00 – 11:45 AM Ages 6 – 14 months

Kidokinetics/Sportkinetics

Ages 3 - 5 years

The "Fun Way to Fitness" – your child will learn a new sport each week.

Wednesdays 4:00 – 4:45 PM

For class information, contact Kidokinetics at 954-385-8511 or visit <u>kidokinetics.com</u>. For information on additional classes available at the Weston Community Center, call 954-389-4321 or click here to download the current Class Schedule.





October 20, 2015

SUMMARY OF EVENTS AND PROGRAMS

CITY EVENTS

Westonfl.org/events



QUARTERLY RESIDENTIAL BULK PICKUP

October 21 - 24, 2015

Single Family or Multi-family with curbside collection (on the day of your regularly scheduled garbage pickup):

- Wednesday, October 21st
- Thursday, October 22nd OR
- Friday, October 23rd

Bulk trash will be picked up on your regularly scheduled garbage collection day and should be placed at the curb by 7:00 AM.

Multi-family with dumpsters:

- Saturday, October 24th

Questions?

Call Weston Public Works 954-385-2600



END OF DAYLIGHT SAVING TIME

Sunday, November 1st at 2:00 AM
Turn clocks back Saturday, Oct. 31st before bed
Also change batteries in smoke alarms/detectors.
Elderly or disabled and need assistance changing smoke alarm batteries? Call Weston Fire Rescue 954-389-2015.



CITY COMMISSION MEETING

Monday, November 2, 2015 at 7:00 PM Weston City Hall, 17200 Royal Palm Blvd. A regular meeting of the Weston City Commission.



Newsday Tuesday

Online News Article

October 20, 2015



FREE MAGIC SHOW FOR CHILDREN

Saturday, November 7th

1:30 PM & 3:00 PM

Weston Community Center inside Weston Regional Park,
20200 Saddle Club Road

Join Magician Dave Kaplan at this free family event! Coins, cards, ropes, scarves & rings... the magic happens right before your eyes. The show is for boys and girls of all ages; children need to be accompanied by an adult. Call 954-389-4321 for details.



FREE MOONLIGHT MOVIE IN THE PARK

Featuring **ANNIE**

Saturday, November 7, 2015

7:30 PM

Outdoors at the Event Stage in the Weston Regional Park, 20200 Saddle Club Road

A foster kid, sees her life change when a business tycoon and New York mayoral candidate makes a thinly-veiled campaign move and takes her in. Drama, Family, 108 min. Rated PG.

Monthly movies through April.

Bring lawn chairs or blankets, the movie is on us!



VETERANS DAY

Wednesday, November 11, 2015

Today we honor the members of our military, past and present.

All City Administrative Offices will be closed. City parks will be open and there is regular garbage collection service.



CITY COMMISSION MEETING

Monday, November 16, 2015 at 7:00 PM Weston City Hall, 17200 Royal Palm Blvd.

A regular meeting of the Weston City Commission.

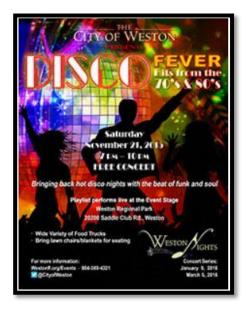


Newsday Tuesday M

Online News Article

October 20, 2015

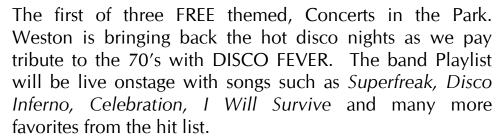
ESTON



WestonNights CONCERT IN THE PARK DISCO FEVER







Feel free to break out the bell bottoms, sequins, platforms and big hair... *WestonNights* is the perfect date night or family fun night. WestonFL.org/Events

Bring lawn seating or blankets. FOOD TRUCKS will be on site.





MAYOR'S GET FIT CHALLENGE CUP WALK Elementary Students – Registration is OPEN!

Sunday, December 13th 9:00 AM Cypress Bay High School, 18600 Vista Park Blvd.

Special pricing of \$10 per student includes entrance, race bib, T-shirt and breakfast!

All Weston elementary students are invited & encouraged to participate in a special 1-Mile *Mayor's Get Fit Challenge Cup Walk*. **The trophy cup and \$1500** will be awarded to the school with the most participants, and **\$250** to each participating schools leading classroom.

<u>Click here and Register Today!</u> Forms are also available at your school and the Weston website westonfl.org



October 20, 2015

ONGOING CITY PROGRAMS

BSO WESTON POLICE SERVICES

More information on programs listed below: Call 954-389-2010 or visit www.westonfl.org/Departments/Police/PoliceHome.aspx.





SAFE SELLING TRANSACTION ZONE A LOCATION FOR ONLINE BUYERS/SELLERS

BSO's Weston district office's parking lot serves as a safe haven for the City's online buyers and sellers to meet at 17300 Royal Palm Boulevard.

Download a flyer here: Safe Transaction Zone

BSO WESTON FIRE RESCUE DEPARTMENT

More information on programs listed below: Call 954-389-2015 or visit www.westonfl.org/Departments/FireEMS/FireEMSHome.aspx.





FREE EMS GO PACKETS

These packets hold medical information and legal documents for EMS and hospital personnel can be aware of your medical conditions.



FREE CPR CLASSES

FREE CPR classes for residents, organizations and businesses. Classes are offered at Weston Fire Station No. 81. Classes are also offered at your own location with a minimum of 8 persons.





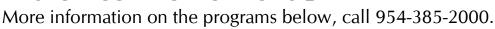
October 20, 2015



SMOKE ALARM AND BATTERY REPLACEMENT

This free service is designed to reach people who are unable to safely install smoke alarms and/or replace the batteries in existing alarms.

WESTON COMMUNICATIONS DEPARTMENT







REGISTER FOR CODERED TODAY

All residents and businesses should register with the City's CodeRED Emergency Notification System.

To register, please visit:

www.westonfl.org/Residents/Hurricane/CodeRed.aspx.



WESTON DELIVERS THE LATEST NEWS DIRECTLY TO YOUR INBOX

- * Newsday Tuesday: A collection of weekly city news articles, information and events.
- * General Notifications: Updates on projects; media releases; sports registrations, events and more.

Subscribe at:

http://www.westonfl.org/Events/EmailSubscriptions.aspx



WESTON GOVERNMENT INFORMATION CHANNEL

The Weston government access channel can be found on these channels with local cable television providers:

Advanced Communications - Channel #25

Comcast Cable – Channel #78

AT&T U-verse - Channel #99, scroll to Weston Government TV





October 20, 2015



WESTON GOVERNMENT RADIO 1680AM

Information on City events, programs, services and more. In the event of an emergency, all broadcasts will be interrupted and emergency notifications will be provided. This AM channel can be accessed in your car while in and around the City of Weston. Tune in today.

Hurricane Preparedness

HURRICANE PREPAREDNESS INFORMATION

Visit <u>Westonfl.org/Hurricane</u> for tips on how you can prepare your home, family and business throughout the hurricane season – June 1st through November 30th.