



**HERE THEY ARE!**

## YOUR WEEKLY NEWSDAY TUESDAY ARTICLES

### **INSIDE THIS EDITION:**

- Page 1** Tequesta Trace Middle Celebrates 25<sup>th</sup> Anniversary
- Page 2** Moonlight Movies in the Park to Feature *Home*
- Page 3** A Preview of Weston's 2016 Events
- Page 4** Should You Evacuate? – Hurricane Preparedness Series
- Page 5** Skywarn Storm Spotter Training Class
- Page 6** Sign Up Now for Mayor's Get Fit Challenge
- Page 7** October is Breast Cancer Awareness Month
- Page 8** Breast Cancer Awareness Tips from the YMCA
- Page 9** Specialized Programs for Children with Autism
- Page 10** Upcoming Events and Ongoing Programs



## TEQUESTA TRACE MIDDLE CELEBRATES 25<sup>TH</sup> ANNIVERSARY

**25 Years Young!** On September 30<sup>th</sup>, Tequesta Trace Middle held a celebration honoring its 25<sup>th</sup> Anniversary. At 8:30 in the morning, approximately 1,400 students, teachers, staff and PTA members were treated to cheerleaders cheering and the school band playing a rousing welcome and celebration.

Tequesta Trace's very proud Principal, Paul Micensky, welcomed School Board Member Laurie Rich Levinson and City Manager John Flint to also address the audience. An interesting fact noted by City Manager Flint was that 24 years ago, before Weston was a City, the Indian Trace Development District held meetings right in the very cafeteria where students were seated.

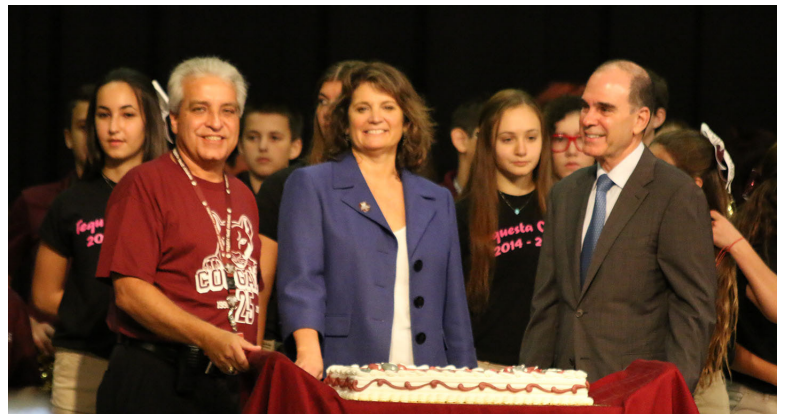


Principal Paul Micensky, School Board Member Laurie Rich Levinson, Tequesta Cougars Mascot, Teachers Debbie O'Byran and Lori Sesto, Head Facilities Serviceperson Davey Holness and Weston City Manager John Flint.

Mr. Micensky had a special presentation for three staff members who have been with Tequesta Trace from day one.

Teachers Debbie O'Bryan and Lori Sesto and Head Facilities Serviceperson Davey Holness were presented plaques for their 25 years of dedicated service.

Lastly, an anniversary cake to top off the morning celebration and then back to class for students to continue their "A" school ranking academic achievements!



Principal Paul Micensky, School Board Member Laurie Rich Levinson and City Manager John Flint with the 25<sup>th</sup> Anniversary Cake celebrating a quarter of a century of excellence in education.



## DON'T MISS THE FIRST MOVIE OF THE SEASON Moonlight Movies in the Park Series to feature *Home*

Enjoy a full-length feature film projected on a giant inflatable screen with family and friends. Bring lawn chairs or blankets. Coolers are welcome (no alcohol permitted).

**Saturday, October 10<sup>th</sup>, 8:00 PM**

Weston Regional Park, 20200 Saddle Club Road (Event stage)



The City of Weston will be screening

### *Home*

*Oh, an alien on the run from his own people, lands on Earth and makes friends with the adventurous Tip, who is on a quest of her own. (Animation / PG / 94 min.)*



### ***Don't Miss the Next Movie of the Season...***

Saturday, November 7<sup>th</sup>, 7:30 PM

Featuring ***Annie (2014)***

*A foster kid, who lives with her mean foster mom, sees her life change when business tycoon and New York mayoral candidate, Will Stacks, makes a thinly-veiled campaign move and takes her in.*

*(Drama, Family / PG 118 min.)*



## A PREVIEW OF WESTON'S 2016 EVENTS

Our 2016 events calendar is published in the 2015 Fall Parks and Recreation Guide and on our Events Calendar online at [Westonfl.org/Events](http://Westonfl.org/Events). Enjoy free admission at most of the performing arts events.



### THE CITY OF WESTON 2016 EVENTS



Save the date for these upcoming events.

Details on these events and additional events will be announced in our Winter/Spring Parks & Recreation Guide and on our online Events Calendar at [Westonfl.org/Events](http://Westonfl.org/Events).



**TICKETS NOW  
AVAILABLE FOR  
SYMPHONY  
CONCERT IN FEB.**

Tickets are on sale now for the Symphony of the Americas concert, "Opera to Broadway III", which will be held at Cypress Bay High School on February 6<sup>th</sup>.

#### JANUARY 2016 EVENTS

- 1/9 WestonNights Outdoor Concert Series
- 1/22 Winter Safety Expo at Tequesta Trace Park
- 1/23 Moonlight Movie in the Park

#### FEBRUARY 2016 EVENTS

- 2/6 Symphony of the Americas: Opera to Broadway III at Cypress Bay High School
- 2/6 Puppet Show: The Tortoise and the Hare
- 2/20 Moonlight Movie in the Park
- 2/21 Celebrate the Arts at Weston Town Center

#### MARCH 2016 EVENTS

- 3/5 WestonNights Outdoor Concert Series
- 3/6 Weston WorldFest at Weston Regional Park
- 3/12 Magic Show at Weston Community Center
- 3/12 Moonlight Movie in the Park
- 3/13 Symphony Concert at Weston Town Center
- 3/26 Royal Egg Hunt at Weston Regional Park

#### APRIL 2016 EVENTS

- 4/9 Puppet Show: Jeremy's Jungle Adventure
- 4/9 Moonlight Movie in the Park



*Event dates are subject to change.*

#### General Admission:

\$20 in advance

\$30 at the door the night of the event

#### Students:

\$10 in advance

\$15 at the door the night of the event

For details on the upcoming events, call the Weston Community Center at 954-389-4321 or visit [Westonfl.org/Events](http://Westonfl.org/Events).



## SHOULD YOU EVACUATE?

### Who needs to evacuate in Broward County?

#### **HURRICANE PREPAREDNESS – A Continuing Series**

Although the City of Weston is **not** in an evacuation zone; it is important to be informed of the areas that do need to evacuate and the plans in place to do so effectively.

#### **Who needs to evacuate in Broward County?**

**Plan A (typically for a Category 1-2 hurricane):** all residents in the area east of the Intracoastal Waterway should evacuate. Plan A evacuation zone residents may experience a storm surge 4-7 feet above sea level and winds from 74-110 miles per hour.

**Plan B (typically a Category 3, 4, or 5 hurricane):** all residents in the area east of U.S. 1/Federal Highway should evacuate. Plan B evacuation zone residents may experience a storm surge 7-11 feet above sea level and winds of 111 miles per hour or greater. NOTE: If you know someone living in these areas, consider offering your home as an evacuation destination.

Also, persons located in low lying areas or adjacent to tidal bodies of water should seek shelter elsewhere. All mobile home residents **MUST** evacuate in both Plan A and Plan B scenarios.

If you plan to evacuate outside of Broward County, leave early while the weather is still nice and be aware that roadways may be jammed and traffic slow moving.

**Red Cross Hurricane Shelters typically open 4 hours after an evacuation is ordered.**



Decide on a specific place-either a family or friend's home outside the evacuation area, a hotel or a shelter. **Call (866) 438-4636 for the nearest Red Cross Emergency Shelter.**

If you have a pet, take it with you. If you go to a shelter, you must be pre-registered for a pet friendly shelter for your pet to join you. **Call the Humane Society of Broward County at (954) 989-3977 for more information.**

For more information, please visit

<http://www.broward.org/Hurricane/Pages/HurricaneEvacuationMap.aspx>.



## SKYWARN

### STORM SPOTTERS WANTED



**Saturday, October 17<sup>th</sup>  
10AM – 2:30PM**

Broward County  
Emergency Operations Center

You must be at least  
**18 years of age**  
and **preregister** by Oct. 15<sup>th</sup>  
Email Robin Terrell at  
[n4hhp@comcast.net](mailto:n4hhp@comcast.net).

**SKYWARN Storm Spotters** are a nationwide network of volunteers who report observations of significant weather and damage resulting from severe weather to the National Weather Service.

### STORM SPOTTER TRAINING CLASS

The Broward County Emergency Management Division is hosting a **SKYWARN Storm Spotters** training class on Saturday, October 17<sup>th</sup>, at the Broward Emergency Operations Center (EOC), 201 NW 84 Ave., Plantation, from 10 AM to 2:30 PM.

The class is intended for those interested in becoming a Storm Spotter, or current spotters who want to sharpen their skills. Spotters play an integral role of alerting the National Weather Service and the public, to real-time severe weather.

Interested persons should be at least 18 years old and preregister by Thursday, October 15<sup>th</sup>, by [emailing Robin Terrell](mailto:Robin.Terrell@broward.com), Broward County SKYWARN Coordinator. Attendees need to make their own lunch arrangements.

Training is required in order to become a recognized Storm Spotter. **SKYWARN** classes are ideal for amateur radio operators, Red Cross volunteers, firefighters, students or anyone who's interested and wants to serve. Classes for beginners and advanced Storm Spotters will be taught in a combined class by a meteorologist with the National Weather Service.

Storm Spotters assist in providing information to The National Weather Service that is used to send alerts to the public via television, radio, marine and weather radios, public safety agencies and other information sources that severe weather is approaching or has been sighted.





## SIGN UP NOW! MAYOR'S GET FIT CHALLENGE



***Don't miss out on this fun experience for the family!***

Mayor Stermer would like all elementary students in Weston, their teachers, and families, to participate in the **Run for Tomorrow 1-Mile Family Health Walk** at 9 AM on Sunday, December 13, 2015.

### General Information:

Who: ALL elementary students in Weston, their teachers, and families.

What: A 1-mile Family Healthy Walk

When: December 13, 2015 at 9 A.M.

Where: Cypress Bay High School

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#### Students- \$10

Registration package includes numbered race bib, T-shirt and breakfast. Parents or other family members not registering may walk with their child but will not receive a package.

#### All others- \$20

Registration package includes numbered race bib, T-shirt and breakfast.



**THE CHALLENGE:** Win the 2015 Mayor's Get Fit Challenge Cup by getting the most walkers signed up under your school name.

**The PRIZE:** The school with the largest number of participants as a percentage of their enrollment (to make it fair!) will win the 2015 Mayor's Challenge Cup Trophy AND a \$1,500 cash prize.

There will be \$250 prizes for the leading classroom in EACH participating school.

The trophy will be presented at 10:30 AM at the event.

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### How to Register:

*NEW THIS YEAR, registration is available online!*

<http://www.westonrotary.com/run-for-tomorrow/>



## OCTOBER HEALTHY LIVING TIP

### Breast Cancer Awareness Month



October is Breast Cancer Awareness Month. While most people are aware of breast cancer, many forget to take the steps necessary to detect the disease in its early stages. Think of this: why not invest a little bit of time beforehand, rather than having to pay with your life after the fact? Although this disease is not 100% preventable, it is best treated when detected early on.

### Detection Tips from Fred Hutchinson Cancer Research Center

**1. If you are over 40, get a mammogram.** Early detection of breast cancer offers the best chance for a cure.

**2. Go digital.** Many studies show that doctors who specialize in mammography are more accurate at interpreting the images when compared to physicians with less experience. Digital scans can do a better job of detecting cancer in these women than traditional film mammography.

**3. Know how your breasts feel normally.** Your health care provider can show you how to do breast self-exams. If you notice a change in your breasts, such as a lump or swelling, skin irritation or dimpling, talk to your health care provider.

**4. Know your risk.** If you have family members who have had breast cancer before reaching menopause, tell your doctor, as your own risk of cancer may be higher than average.

**5. Try an online risk calculator.** The [Breast Cancer Risk Assessment Tool](#), designed by the National Cancer Institute, is a questionnaire to help women determine their chances of developing invasive breast cancer.

**6. Don't put off screening because of discomfort.** A mammogram should never be painful. Fear that the exam will be uncomfortable is one reason women put off scheduling a mammogram.

To reduce discomfort, try to schedule the exam after your monthly menstruation, when breast tissue is less sensitive. You may benefit by taking an over-the-counter anti-inflammatory such as ibuprofen or acetaminophen before your mammogram.

Above all, tell the mammography technologist about any discomfort you may be experiencing. They can work with you to make the experience more comfortable.





## BREAST CANCER AWARENESS



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FEEL HEALTHY BE STRONGER

In honor of Breast Cancer Awareness Month this October,  
partner with your local Y to protect your health.

### KNOW YOUR **RISK**

- Know your family history of cancer and common risk factors.

### GET REGULAR **SCREENINGS**

- Talk with your doctor to determine which screening tests are right for you.

### LIVE A **HEALTHY** LIFE

- Eat healthy and exercise regularly.



**WESTON YMCA FAMILY CENTER**  
20201 Saddle Club Road, Weston, FL 33327  
**(954) 424-9622**

[ymcasouthflorida.org](http://ymcasouthflorida.org)



## SPECIALIZED PROGRAMS FOR STUDENTS

### *Sensory Time and Social Communication Station Offer Activities for Children with Autism and more*

The Weston Branch Library will have **Sensory Storytime**, Saturday, October 24, at 11:00 AM.

This program is designed for children with autism spectrum disorders, sensory integration issues, and other developmental disabilities. If your child has difficulty sitting through one of our other story times, this program of stories, songs, and activities might be just what you are looking for. For details, contact the Library at 954-357-5420.

In addition, the City of Weston hosts the following program:

### **Social Communication Station**

**Weston Community Center, 20200 Saddle Club Road**

**Dates:** Sept. 1<sup>st</sup> – Oct. 20<sup>th</sup> or Dec. 1<sup>st</sup> – Feb 2<sup>nd</sup>  
**Tuesday** 4:15 - 5:15 pm, Ages 5-7  
5:15 - 6:15 pm, Ages 8-10  
6:30 - 7:30 pm, Ages 11-13  
7:30 - 8:30 pm, Teens



**Cost:** \$300 for 8 week session

Social Communication Station classes are designed for students with a diagnosis of Asperger's Syndrome, High-Functioning Autism, ADD/ADHD, Social Anxiety, or any other social learning challenge. In the classes, group activities are integrated with a special curriculum.

Candidates for the class should have average to above average cognitive abilities, as classes focus on teaching students skills such as perspective, self-awareness/self-regulation, problem-solving, reading non-verbal cues, understanding emotions, and conversation skills. Students must schedule a consultation with the instructor prior to registration. For more information, visit [socialcommunicationstation.com](http://socialcommunicationstation.com), or e-mail [reneakraus@socialcommunicationstation.com](mailto:reneakraus@socialcommunicationstation.com)



## SUMMARY OF EVENTS AND PROGRAMS

### CITY EVENTS

[Westonfl.org/events](http://Westonfl.org/events)



### **FREE MOONLIGHT MOVIE IN THE PARK**

#### Featuring *HOME*

**Saturday, October 10, 2015**

**8:00 PM**

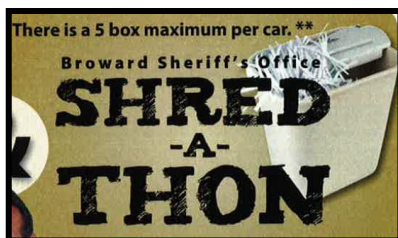
*Oh, an alien on the run from his own people, lands on Earth and makes friends with the adventurous Tip, who is on a quest of her own. Animation, 94 min. Rated "PG"*

***The first movie of the season!!!!***

***Monthly movies through April.***

**Location:** Outdoors at the Event Stage in the Weston Regional Park, 20200 Saddle Club Road, 954-389-4321.

***Bring lawn chairs or blankets, the movie is on us!***



### **BSO SHRED-A-THON &**

#### **OPERATION MEDICINE CABINET – Free!**

**Saturday, October 17, 2015**

**10AM - 1PM**

Residents can shred away identity theft by safely disposing of their personal documents, check stubs, credit card offers, receipts and any other material that might contain sensitive data. Operation Medicine Cabinet collects any unused, unwanted or expired medications for safe disposal. Come early and receive a \$5 gift card while supplies last.

For more information, call 954-389-2010.

**Location:** Weston Police Services Building, 17300 Royal Palm Blvd.



### **CITY COMMISSION MEETING**

**Monday, October 19, 2015 at 7:00 PM**

A regular meeting of the Weston City Commission.

**Location:** Weston City Hall, 17200 Royal Palm Blvd.

**CLICK HERE FOR MORE ONGOING PROGRAMS**



## **QUARTERLY RESIDENTIAL BULK PICKUP**

**October 21 - 24, 2015**

Single Family or Multi-family with curbside collection  
(on the day of your regularly scheduled garbage pickup):

- Wednesday, October 21<sup>st</sup>
- Thursday, October 22<sup>nd</sup> **OR**
- Friday, October 23<sup>rd</sup>

**Multi-family with dumpsters:**

- Saturday, October 24<sup>th</sup>

**Bulk trash will be picked up on your regularly scheduled garbage collection day** and should be placed at the curb by 7:00 AM.

For more information, please visit:

[www.westonfl.org/Departments/PublicWorks/BulkPickup](http://www.westonfl.org/Departments/PublicWorks/BulkPickup)  
or call 954-385-2600.

***Think Before You Throw – Consider Donating Items***



## **CITY COMMISSION MEETING**

**Monday, November 2, 2015 at 7:00 PM**

A regular meeting of the Weston City Commission.

**Location:** Weston City Hall, 17200 Royal Palm Blvd.



## **FREE MAGIC SHOW FOR CHILDREN**

**Saturday, November 7th 1:30 PM & 3:00 PM**

Join Magician Dave Kaplan at this free family event! Coins, cards, ropes, scarves & rings... the magic happens right before your eyes. The show is for boys and girls of all ages; children need to be accompanied by an adult.

**Location:** Weston Community Center inside the Weston Regional Park, 20200 Saddle Club Road, 954-389-4321.



## **FREE MOONLIGHT MOVIE IN THE PARK**

Featuring **ANNIE**

**Saturday, November 7, 2015**

**7:30 PM**

*A foster kid, sees her life change when a business tycoon and New York mayoral candidate makes a thinly-veiled campaign move and takes her in. Drama, Family, 108 min. Rated PG.*

**Monthly movies through April.**

**Location:** Outdoors at the Event Stage in the Weston Regional Park, 20200 Saddle Club Road, 954-389-4321.

**Bring lawn chairs or blankets, the movie is on us!**



## **VETERANS DAY**

**Wednesday, November 11, 2015**

Today we honor the members of our military, past and present.

All City Administrative Offices will be closed. All parks will be open and there is regular garbage collection service.



## **MAYOR'S GET FIT CHALLENGE CUP WALK**

**Elementary Students – Register Now OPEN!**

**Sunday, December 14<sup>th</sup>**

**9:00 AM**

All Weston elementary students are invited & encouraged to participate in a special 1-Mile Mayor's Get Fit Challenge Cup Walk. **The trophy cup and \$1500** will be awarded to the school with the most participants, and **\$250** to each participating schools leading classroom.

**[Click here and Register Today!](#)** Forms are also available at your school and the Weston website [westonfl.org](http://westonfl.org)

**Location:** Cypress Bay High School, 18600 Vista Park Blvd.





## ONGOING CITY PROGRAMS

### BSO WESTON POLICE SERVICES

More information on programs listed below: Call 954-389-2010 or visit [www.westonfl.org/Departments/Police/PoliceHome.aspx](http://www.westonfl.org/Departments/Police/PoliceHome.aspx).



### SAFE SELLING TRANSACTION ZONE A LOCATION FOR ONLINE BUYERS/SELLERS

BSO's Weston district office's parking lot serves as a safe haven for the City's online buyers and sellers to meet at 17300 Royal Palm Boulevard.

Download a flyer here: [Safe Transaction Zone](#)

### BSO WESTON FIRE RESCUE DEPARTMENT

More information on programs listed below: Call 954-389-2015 or visit [www.westonfl.org/Departments/FireEMS/FireEMSHome.aspx](http://www.westonfl.org/Departments/FireEMS/FireEMSHome.aspx).



### FREE EMS GO PACKETS

These packets hold medical information and legal documents for EMS and hospital personnel can be aware of your medical conditions.



### FREE CPR CLASSES

FREE CPR classes for residents, organizations and businesses. Classes are offered at Weston Fire Station No. 81. Classes are also offered at your own location with a minimum of 8 persons.



### SMOKE ALARM AND BATTERY REPLACEMENT

This free service is designed to reach people who are unable to safely install smoke alarms and/or replace the batteries in existing alarms.



## WESTON COMMUNICATIONS DEPARTMENT

More information on the programs below, call 954-385-2000.



### REGISTER FOR CODERED TODAY

All residents and businesses should register with the City's CodeRED Emergency Notification System.

To register, please visit:

[www.westonfl.org/Residents/Hurricane/CodeRed.aspx](http://www.westonfl.org/Residents/Hurricane/CodeRed.aspx).



### WESTON DELIVERS THE LATEST NEWS DIRECTLY TO YOUR INBOX

\* **Newsday Tuesday:** A collection of weekly city news articles, information and events.

\* **General Notifications:** Updates on projects; media releases; sports registrations, events and more.

**Subscribe at:**

<http://www.westonfl.org/Events/EmailSubscriptions.aspx>



### WESTON GOVERNMENT INFORMATION CHANNEL

The Weston government access channel can be found on these channels with local cable television providers:

Advanced Communications – Channel #25

Comcast Cable – Channel #78

AT&T U-verse – Channel #99, scroll to Weston Government TV



### WESTON GOVERNMENT RADIO 1680AM

Information on City events, programs, services and more. In the event of an emergency, all broadcasts will be interrupted and emergency notifications will be provided. This AM channel can be accessed in your car while in and around the City of Weston. Tune in today.



### HURRICANE PREPAREDNESS INFORMATION

Visit [Westonfl.org/Hurricane](http://Westonfl.org/Hurricane) for tips on how you can prepare your home, family and business throughout the hurricane season – June 1<sup>st</sup> through November 30<sup>th</sup>.