



***READ ALL ABOUT IT!***

**NEWSDAY TUESDAY  
JULY 5, 2016**

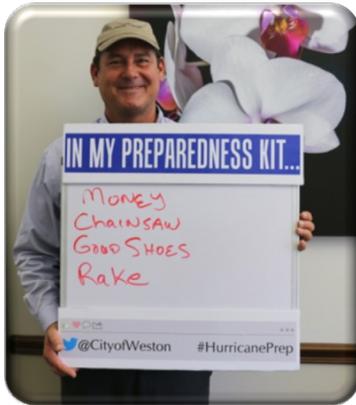
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# WHAT'S IN YOUR PREPAREDNESS KIT?

## Hurricane Preparedness...A Continuing Series



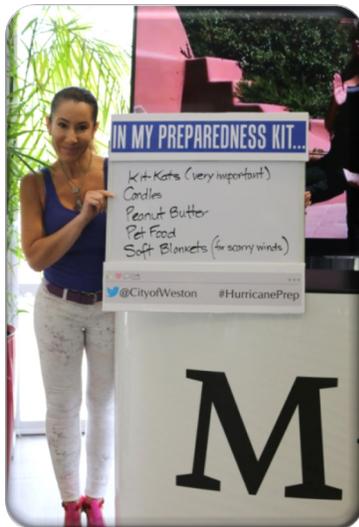
**Thad Bielecki**  
City of Weston  
Director of Landscaping



**Ms. Shari Bush**  
College Advisor  
Cypress Bay High School



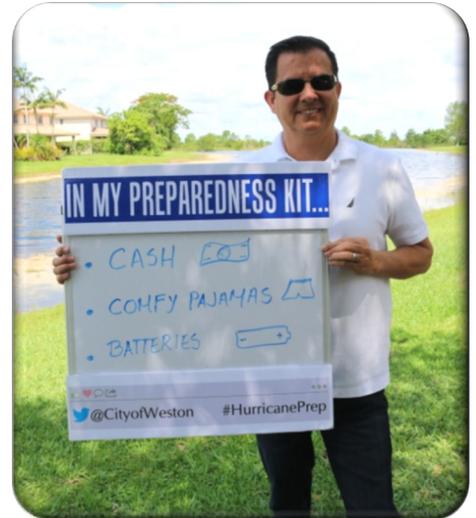
**Ms. Cheryl Rubin**  
Assistant Principal  
Falcon Cove Middle



**Mariann Marinberg**  
Midtown Athletic Club



**Deputy Brand**  
School Resource Deputy  
Falcon Cove Middle



**Junior Cediell**  
Weston Resident

Follow us on Twitter ([@CityofWeston](https://twitter.com/CityofWeston))  
to see your friends and neighbors!



# Cart Correct

## For Efficient Garbage Pick Up Service

### SPACE YOUR CONTAINERS PROPERLY

Residential customers with garbage and recycling carts are reminded to place the carts out correctly to ensure for efficient solid waste pick up service. Garbage and recycling carts should be placed three (3) feet apart. Our solid waste service uses trucks with automated mechanical collection arms and the equipment needs adequate space to pick up the cart.

 Place carts curbside with the handle facing your home. The carts must be spaced at least three (3) feet from any obstruction, such as a mailbox, tree, fire hydrant, parked car, etc.

 Do not place items on or around the cart. Break down large boxes to fit in the carts. Save items for the next service day if everything does not fit.

 Remember that all recyclable materials go into the blue recycling cart together. With single stream recycling we no longer have to separate recyclables.



These guidelines make the garbage and recycling collection system more efficient. For further details, [click here](#).

**IT'S JUST THAT EASY!**





## THIS MONTH IS BULK TRASH PICKUP IN WESTON

It's here! Quarterly pickup of bulk trash items will be done this month throughout Weston. Pick up service will take place on your **regularly scheduled garbage collection day** during the week of July 20<sup>th</sup> – 23<sup>rd</sup>. Be sure to place items out curbside by 7 AM on your scheduled service day. The next bulk pickup service will take place in October.

### BULK TRASH PICK UP SCHEDULE FOR JULY 2016

#### Single Family Homes and Multi-Family Units with curbside collection

On the day of your regularly scheduled garbage collection  
**Wednesday, July 20<sup>th</sup>; Thursday, July 21<sup>st</sup>, or Friday, July 22<sup>nd</sup>**

#### Multi-family units with dumpsters (Apartment & Condo buildings)

**Saturday, July 23<sup>rd</sup>**

The next bulk trash pickup service will be held October 19<sup>th</sup> – 21<sup>st</sup>

#### Bulk items include but are not limited to:

- Furniture, mattresses, carpets and other large household items.
- Large and small appliances, such as dishwashers, laundry machines and stoves.
- Refrigerators or air conditioners must have Freon removed by a certified dealer.
- Mirrors, glass, glass top tables, windowpanes, and plate glass items should be safely placed in a rigid container.



**NOT COLLECTED:** Bulk items DO NOT include contractor-generated material, or vegetative waste (landscape materials) or household hazardous waste. If you are having work done on your property, the contractor is responsible for disposing of the waste materials.

#### **THINK BEFORE YOU TRASH – CONSIDER DONATING ITEMS:**

Help those in need, keep items out of the waste stream, **and** get a tax deduction. Several national organizations will even pick-up directly from your residence.

**For more information on residential bulk trash service,  
call 954-385-2600 or [click here](#).**



## SIGN DOWN? SIGNAL OUT?

### *How to Report Issues with Traffic Signals and Street Signs*



Signs and signals are an integral part of driving; however, we do not actually think about them until they are missing or not working properly. The Broward County Traffic Engineering Division is responsible for the maintenance of traffic signal systems, as well as the production, installation and maintenance of roadway signs and pavement markings. Proper reporting will ensure that they are addressed quickly and efficiently.

The most efficient way to report issues with signs and signals is to send an email to the appropriate address below. Include the specific issue and the location of the issue to the best of your ability.

### Report Traffic Sign/Signal Issues

Traffic Signal Out

[SIGNALOUT@broward.org](mailto:SIGNALOUT@broward.org)

School Zone Flashing Lights

[SCHOOLFLASHEROUT@broward.org](mailto:SCHOOLFLASHEROUT@broward.org)

Stop or Yield Sign Down

[STOPSIGNDOWN@broward.org](mailto:STOPSIGNDOWN@broward.org)

Any Other Traffic Sign/Signal Issue [TRAFFIC@broward.org](mailto:TRAFFIC@broward.org)

If an intersection is on flash or the timing issue is not a persistent daily problem, please call Broward County Traffic Engineering at 954-847-2600. For persistent issues, such as a backup of traffic flow at a certain location, send an email to [traffic@broward.org](mailto:traffic@broward.org) with the following information:

1. Day of week
2. Time of day
3. Exact location including main arterial and cross street
4. Direction you were traveling in
5. Nature of the problem

This information is critical in expediting the investigation into the problem.

Do not rely on Twitter to send in this type of information, as Twitter is not monitored 24 hours a day, 7 days a week. The most efficient method of reporting an issue with signs or signals is to send an email to the appropriate address above. Visit [Broward.org/Traffic](http://Broward.org/Traffic) for more details.





## HEALTHY LIVING TIP

### *Extreme Heat*

Heat can be deadly by pushing the human body beyond its limits. In extreme heat and high humidity, evaporation is slowed and the body must work extra hard to maintain a normal temperature. You can take a number of precautions to prevent heat exhaustion and other heat-related illnesses. The best defense is prevention. When temperatures climb, remember to:

#### ***Avoid sunburn.***

Wear a lightweight, wide-brimmed hat or use an umbrella to protect yourself from the sun, and apply sunscreen to any exposed skin. Having a sunburn reduces your body's ability to rid itself of heat.

#### ***Wear loose fitting, lightweight and light-colored clothing.***

Excess, dark or tight clothing holds in heat and doesn't let your body cool properly because it inhibits sweat evaporation.

#### ***Seek a cooler place.***

Being in an air-conditioned building, even for just a few hours, is one of the best ways to prevent heat exhaustion. If you're A/C is out, consider spending time at a library or shopping mall. At the very least, find a well-shaded spot. Fans alone aren't adequate to counter high heat and humidity.



#### ***Drink plenty of fluids***

Staying hydrated will help your body sweat and maintain a normal body temperature. If your doctor has told you to limit fluids because of a health condition, be sure to check with him or her about how much extra you need to drink when the temperature rises. Avoid alcoholic beverages.

#### ***Avoid hot spots***

On a hot day, the temperature in your parked car can rise 20 degrees higher in just 10 minutes. Let your car cool off before you drive it. Never leave children or anyone else in a parked car in hot weather for any period of time.



## REGISTER NOW FOR AYSO'S 2016 FALL SOCCER SEASON Registration Open through August 1<sup>st</sup>!



**FOR BOYS AND GIRLS AGES 4 THROUGH 18**

Want to play soccer where everyone plays? Weston's American Youth Soccer Organization (AYSO) has soccer programs to fit everyone's needs. Register now for the 2016 Fall Season. Space is limited and some age brackets do close out early!



[Click here](#) to register online or for more information about the AYSO soccer program. The Fall season will begin in August.

**Consider Volunteering:** Make a difference by being a Coach, Assistant Coach, Referee (Ages 12 - Adult), Assistant Referee (Ages 9 - Adult), Team Parent or help with the administration of AYSO. No experience is necessary and AYSO offers FREE courses in Coaching and Refereeing. Click here for [more information](#).

For more information on AYSO soccer programs in Weston, visit [Ayso644.org](http://Ayso644.org).



B R O W A R D S H E R I F F ' S O F F I C E



Not everyone selling or buying items online is legitimate. Residents that would like to conduct an exchange from an online agreement can now do so in a safe environment. **Sheriff Scott Israel** and the Broward Sheriff's Office now provide a free designated "**SAFE TRANSACTION ZONE**" at all our district offices for online buyers and sellers to meet.

The Broward Sheriff's Office is committed to keeping the residents and visitors of the South Florida area safe. The Broward Sheriff's Office "**SAFE TRANSACTION ZONE**" is a necessary precaution to prevent and deter crime.

Follow us  
@browardsheriff



**Sheriff Scott Israel**  
sheriff.org

For more information please contact,  
**BSO Weston District Office**  
17300 Royal Palm Blvd., Weston, FL 33326  
**Phone: 954.389.2010**  
**Non-Emergency: 954.764.HELP (4357)**



## HAPPENINGS...

### AT THE WESTON YMCA FAMILY CENTER

#### Childwatch for Family Members

Come Check out Childwatch at the Weston Y! While you work out, your preschooler will learn social skills, shapes, colors, sign language, movement through music and so much more. Our trained and caring staff will give your child the tools to be successful in school. Come to the Weston Y today and see how you can get access to this wonderful benefit for your little ones!



#### Aquatics – Swim Lessons

The Weston YMCA is the place for your family to learn how to swim, regardless of age. Whether just learning how to swim, improving strokes, or competing against other top swimmers, Weston residents are in safe hands with our certified swimming instructors and lifeguards. The classes are about more than just techniques and skills; participants build lasting friendships from their positive experiences that will last a lifetime. Visit the Weston YMCA to sign up today!



#### Summer Camp – Rugby Camp

Okapi Wanderers RFC has partnered with the Weston YMCA to bring high quality and fun rugby training to your family this summer. Teamwork, respect, enjoyment, discipline, and sportsmanship are what makes the game special for those who enjoy the environment and culture. This camp will introduce participants to the fundamentals of rugby, while teaching these important values. Rugby Camp will offer weekly sessions through August 19<sup>th</sup>, 9AM-12PM. Parents have the option to extend camp, so participants are cared for and engaged the entire day. Email Nick Rakestraw, [nrakestraw@ymcasouthflorida.org](mailto:nrakestraw@ymcasouthflorida.org) with any questions.



***Additional programs & activities continued on the next page***



## Personal Training

We all need advice of an expert sometimes, as well as the personal attention that comes with a trainer or a coach. We offer personal training and coaching to help you set specific fitness goals in order to live healthier. Our Personal Trainers achieve this by creating a program that is unique, just for you. With personal training, you will receive a personalized program, individual and safe instruction, motivation, support, and engagement. Whatever your training goals are, we will take your fitness level to new heights!



## We're Mobile For You

We know you're using your mobile phone more and more everyday! Now get YMCA info when you want it, where you want it...on the go! **NOW** available for iPhone and Android!



**YMCA of South Florida - Weston YMCA Family Center**  
20201 Saddle Club Road, Weston, FL 33327 | [ymcasouthflorida.org](http://ymcasouthflorida.org) | 954-424-9622  
*Located inside the Weston Regional Park*



## UPCOMING CITY EVENTS AND PROGRAMS

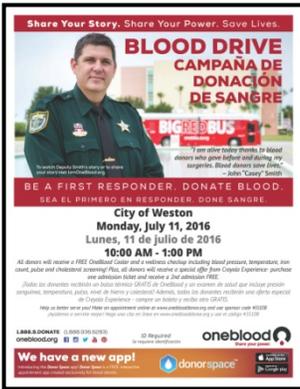
[Westonfl.org/Events](http://Westonfl.org/Events)



### CITY COMMISSION MEETING

**Tuesday, July 5, 2016 7:00 PM**

**Weston City Hall, 17200 Royal Palm Boulevard**  
A regular meeting of the Weston City Commission.



### BLOOD DRIVE

**Monday, July 11, 2016 10AM-1PM**

**Weston City Hall, 17200 Royal Palm Boulevard**

The Oneblood 'Big Red Bus' blood mobile will be at Weston City Hall (to the rear of the building) located at 17200 Royal Palm Boulevard, Weston.



### QUARTERLY RESIDENTIAL BULK PICKUP JULY 2016

**Single Family or Multi-family with curbside collection:**

Wednesday, July 20<sup>th</sup> -or- Thursday, July 21<sup>st</sup> -or-  
Friday, July 22<sup>nd</sup>

**Multi-family with dumpsters:**

Saturday, July 23<sup>rd</sup>

Bulk trash will be picked up on your regularly scheduled garbage collection day and should be placed at the curb by 7:00 AM. For more information, [click here](#) or call 954-385-2600.



## BSO ACTIVE SHOOTER RESPONSE PRESENTATION

Thursday, July 21, 2016

6:30 PM

Weston Community Center, 20200 Saddle Club Road

Learn survival tips when faced with an active shooter in a public space. Presentation is hosted by the BSO Weston District. **Pre-registration is suggested as seating is limited.** Send email with "Active Shooter Program RSVP" in the subject line to [cityhall@westonfl.org](mailto:cityhall@westonfl.org), include name, email address and number of individuals that plan to attend.

## ONGOING CITY PROGRAMS

### BSO WESTON POLICE SERVICES

More information on programs listed below: Call 954-389-2010 or visit

[www.westonfl.org/Departments/Police/PoliceHome.aspx](http://www.westonfl.org/Departments/Police/PoliceHome.aspx).



### SAFE SELLING TRANSACTION ZONE

#### A LOCATION FOR ONLINE BUYERS/SELLERS

BSO's Weston district office's parking lot serves as a safe haven for the City's online buyers and sellers to meet at 17300 Royal Palm Boulevard.

Download a flyer here: [Safe Transaction Zone](#)



### LAW ENFORCEMENT EXPLORER PROGRAM

For young men and women ages 14-21. The program provides interaction with law enforcement and other community advisors in a serious, regimented atmosphere where students can demonstrate personal initiative. Offers

students the opportunity to learn & experience lawful citizenship as they participate side-by-side with certified BSO deputies in ongoing training and community service projects. For detailed program information and an on-line application, [click here](#).



## CITIZEN OBSERVER PATROL (C.O.P.) PROGRAM

A model program, COP's are the additional eyes and ears of the community, assisting and enhancing our own BSO policing efforts. Members of the Broward Sheriff's Office Countywide Operations professionally train all volunteers. Typical assignments in addition to patrol, include performing checks on unoccupied residences at owner's request, checking on elderly or homebound and reporting potential problems and neighborhood hazards and assist at Weston community events. COP volunteers wear uniforms and drive specially marked vehicles. You must be 18 years of age with a valid driver's license. **Interested?** Please call the Weston District at 954-389-2010.



## HOMEWATCH PROGRAM

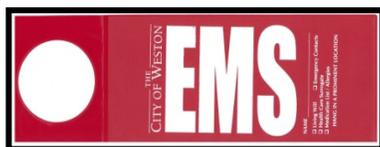
If you are leaving on vacation, a deputy or community service aide will check on your home regularly while you are away. To sign up for this free service, print the [HOMEWATCH](#) request form and return to Weston District in person or by fax: 954-659-3541 or call 954-389-2010.

## BSO WESTON FIRE RESCUE DEPARTMENT

More information on programs listed below:

Call 954-389-2015 or visit

[www.westonfl.org/Departments/FireEMS/FireEMSHome.aspx](http://www.westonfl.org/Departments/FireEMS/FireEMSHome.aspx).



## FREE EMS GO PACKETS

These packets hold medical information and legal documents for EMS and hospital personnel can be aware of your medical conditions.



July 5, 2016



### FREE CPR CLASSES

FREE CPR classes for residents, organizations and businesses. Classes are offered at Weston Fire Station No. 81. Classes are also offered at your own location with a minimum of 8 persons. Call 954-389-2015 Mon-Fri.



### SMOKE ALARM AND BATTERY REPLACEMENT

This free service is designed to reach people who are unable to safely install smoke alarms and/or replace the batteries in existing alarms.



### COMMUNITY EMERGENCY RESPONSE TEAM

The Weston CERT Program educates citizens about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, fire safety, light search and rescue, team organization and disaster medical operations. **Join today!** Call 954-389-2015

**View our CERT webpage:**

<http://www.westonfl.org/Departments/FireEMS/CERTProgram.aspx>

## WESTON COMMUNICATIONS DEPARTMENT

More information on the programs below, call 954-385-2000.



### REGISTER FOR CODERED

All residents and businesses should register with the City's **CodeRED** Emergency Notification System.

To register, please visit:

[www.westonfl.org/Residents/Hurricane/CodeRed.aspx](http://www.westonfl.org/Residents/Hurricane/CodeRed.aspx).



## WESTON DELIVERS THE LATEST NEWS DIRECTLY TO YOUR INBOX

- \* **Newsday Tuesday:** A collection of weekly city news articles, information and events.
- \* **E-Notifications:** Updates on projects; media releases; events and more.

### Subscribe at:

<http://www.westonfl.org/Events/EmailSubscriptions.aspx>



## WESTON GOVERNMENT INFORMATION CHANNEL

The Weston government access channel can be found on these channels with local cable television providers:

Advanced Communications – Channel #25

Comcast Cable – Channel #78

AT&T U-verse – Channel #99, scroll to *Weston Government TV*



## WESTON GOVERNMENT RADIO 1680AM

Information on City events, programs, services and more. In the event of an emergency, all broadcasts will be interrupted and emergency notifications will be provided. This AM channel can be accessed in your car while in and around the City of Weston. *Tune in today.*

## HURRICANE SEASON IS HERE – ARE YOU PREPARED?



Prepare now for Hurricane season, which runs from June 1<sup>st</sup> – November 30<sup>th</sup>. Gather supplies for your family's disaster kit, review your family's plan on evacuation or sheltering at home, survey your home's preparation needs, etc. Sign up for the City of Weston's **CodeRED** system by clicking [here](#) to register. CodeRED is used only for emergency and life safety purposes. Register loved ones for the Broward County Vulnerable Population or Special Needs registries, if applicable. For more details, visit [Westonfl.org/Hurricane](http://Westonfl.org/Hurricane).

View [hurricane preparedness videos](#) on the Weston YouTube channel and follow us on **Twitter** @CityofWeston <https://twitter.com/cityofweston>