

Newsday TuesdaySM

S M **T** W T F S

NEWS FROM THE CITY OF WESTON

NOVEMBER 28, 2017

- Page 1 Shred-A-Thon Popular in Weston**
- Page 2 Moonlight Movie in the Park:
Despicable Me 3**
- Page 3 Rotary Run for Tomorrow Events – Join the
Mayor’s Challenge & Stay for the Fun Fest**
- Page 4 ‘Tis the Season of Sweets and Treats**
- Page 5 DIY Projects Call for Digging? Call 811 First**
- Page 6 Safe Fun in the Water Year-Round**
- Page 7 Broward County Library Launches GoChip**
- Page 8 Weston Branch Library | December Programs**
- Page 9 Upcoming Events and Programs**



SHRED-A-THON POPULAR IN WESTON

The Broward Sheriff's Office offers the Shred-A-Thon events countywide year-round to assist residents with identify theft prevention by shredding away documents with sensitive and personal information – boxes at a time.

Weston Shred-A-Thon By the Numbers Saturday, November 18

428 vehicles

22,680 pounds
of documents
shredded

434 pounds
of medicines
disposed of

And Operation Medicine Cabinet

BSO's drive-through Shred-A-Thon & Operation Medicine Cabinet events are hosted at locations throughout the county throughout the year. Annually, Weston residents take advantage of the opportunity to shred up to five boxes of documents and/or dispose of medications. This year there was an increase of 134 pounds of medications and 2,460 pounds of documents disposed of over last year.

Way to Go, Weston!



Above, BSO Deputy Kari Pallotto collects unwanted and unused prescription medications for proper disposal while at right deputies remove documents from vehicles to be shredded by SafeGuard.



WESTON MOONLIGHT MOVIES AT THE PARK
FEATURING
DESPICABLE ME 3

Saturday, December 9th | Showtime is 7:30 PM
Weston Regional Park, 20200 Saddle Club Road



After he is fired from the Anti-Villain League for failing to take down the latest bad guy to threaten humanity, Gru finds himself in the midst of a major identity crisis. But when a mysterious stranger informs him that he has a long-lost twin brother – a brother who desperately wishes to follow in his twin's despicable footsteps – Gru will rediscover just how good it feels to be bad. (Animated Adventure / PG / 90 min.)

Bring lawn chairs or blankets and relax... the movie is on us! The full-length feature film is projected onto a giant inflatable screen near the event stage.

For more information, please call 954-389-4321 or visit WestonFL.org/Events.

For real-time event updates, follow us on Twitter at [@CityofWeston](https://twitter.com/CityofWeston).



MAYOR'S CHALLENGE

Register **TODAY!**



START

MAYOR'S CHALLENGE



SUNDAY, DECEMBER 10, 2017

9:00AM - Cypress Bay High School
18600 Vista Park Blvd, Weston

Come Join the Fun!!

FREE registration at WestonRotary.com
Enter Discount code: **MayorsChallenge2017**

THE CITY OF WESTON Title Sponsor Joe DiMaggio  Children's Hospital Rotary Club of Weston 

Mayor Stermer and the Weston City Commissioners invite all students in elementary schools in Weston to compete in the 2017 Mayor's Challenge!



The Weston elementary school with the most students completing the 1-mile walk, as a percentage of their school enrollment, will receive the grand prize of \$5,000 from the Rotary Club of Weston.

Register today for FREE at www.RunForTomorrow.com and use the discount code 'MayorsChallenge2017' for free registration. All students will receive a Mayor's Challenge T-shirt!

After the Walk, join the FUN... at the FUN FEST!



FUN AND HEALTH FESTIVAL FREE EVENT FOR ALL!

FREE ROTARY FUN FEST FROM 9 AM – 1 PM AT CYPRESS BAY HIGH SCHOOL

Visit dozens of vendor booths featuring health and wellness vendors showcasing their products and services, a Florida Panther's Booth, Zumba lessons, children's activities, Fitness obstacle courses for young and old, bounce houses, free massages, raffles, a DJ, concerts and other activities including a passport for prizes!





'TIS THE SEASON OF SWEETS AND TREATS

Tips to Avoid Holiday Weight Gain

The holiday season has arrived. From Thanksgiving through the end of the year we will be tempted with good food, treats and sweets at home, at work and at gatherings among family and friends. So, what can we do to avoid the temptations that lead to unhealthy weight gain over the holiday season?



- **Get moving!** Regular sustained aerobic activity helps to maintain or lose weight. To burn off those extra calories over the holidays, increase your exercise routine. Increase your routine from 30 minutes a day to 45, or three times a week to five.
- **Aim for seven-a-day.** Eat seven or more servings of fruit or vegetables to help fill you up without adding many calories.
- **Control the risk for temptation.** Control your contact with tempting foods. It could be as simple as not keeping candy on your desk, or limiting treats to the breakroom.
- **Limit one small serving** of a cookie or piece of candy each day during the holiday season. Remember that you may have to compensate for it later in the day

by reducing your overall calories or by burning a few extra calories while exercising.

- **Always plan,** never go to a party hungry Eat a healthy snack before leaving for a holiday party.
- **Be in charge** of your party choices A small appetizer will help you avoid over-eating at dinner. For dinner, a good rule is to fill half of your plate with salad and vegetables, a quarter with meat and a quarter with starch. Skip seconds and choose your beverages wisely.
- **Say No Politely** To those that continually offer food, politely decline. "No thank you. Everything was delicious."
- **Focus on socializing,** conversation is calorie-free. Step away from the buffet and socialize.

Tips from Cleveland Clinic at my.clevelandclinic.org.





Anchoring a New Basketball Hoop? Installing a Gazebo? New Fence? CALL 811 BEFORE YOU DIG



Know what's below.
Call before you dig.

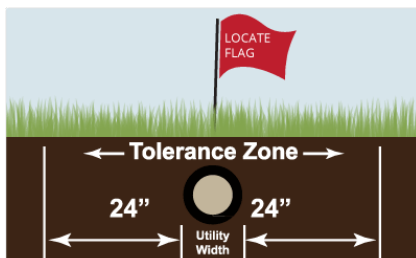
What Do the Colors Mean?

See survey markings in your neighborhood? Here's what the marks mean:

APWA UNIFORM COLOR CODES	
	RED: Electric power lines, cables, conduit and lighting cables
	ORANGE: Communications, alarm or signal lines, cables or conduit, traffic loops
	YELLOW: Gas, oil, steam, petroleum, gaseous materials
	BLUE: Potable water
	PURPLE: Reclaimed water, irrigation, slurry lines
	GREEN: Sewers and drain lines
	WHITE: Outlining dig site
	PINK: Temporary survey marks

The marks are approximate. Dig carefully near them.

After utilities are marked on your property, dig carefully around the area that is marked. It is recommended to avoid the "tolerance zone" which is 2' on either side of the marking.



Installing a fence or mailbox? Anchoring a new basketball hoop? If you are doing work in your yard that requires you to dig into the ground, be sure to call 811 to dig safely on your property. The service is free for the public and it's not just for contractors!

Safe digging is everyone's responsibility. Deciding to take a shortcut during weekend projects can lead to Internet and cable outages, injuries and sometimes worse. That's why it's so important – and it's the law – to have buried utilities in your yard located and marked before you dig.

How Do I Make My Request?

If you are planning to dig on your property, make a service request by:

- Calling 811 to make the request by phone
- [Click here](#) to open an online ticket

It usually takes up to 48 hours for all utilities located within your designated work area to respond to your property and make their marks. After the marks are done, you can safely work around the marked area with peace of mind that your work will not interfere with underground utilities.

It's that simple! No project is too small! Visit Sunshine811.com for details.



BROWARD COUNTY LIBRARY LAUNCHES GoChip!

Go-Chip Gives Viewers a Full Season of TV in Their Hands



Binge watchers, rejoice! Broward County Library is now offering an innovative new device, the GoChip, that lets you stream hit TV shows to watch from a phone or other mobile device. The GoChip lets you take a full season of premiere TV shows such as Outlander, Breaking Bad and The Shield with you wherever you go. No more using up your data to watch your favorite programs, and you don't have to worry about slow Internet connections, re-buffering or error messages. You and your family/friends can also watch different episodes on eight different devices simultaneously.

The GoChip Beam is a small, rechargeable device, the size of a mini-flashlight, that holds an entire season of a television series and beams the content to personal devices without an Internet connection. Devices include PC and Mac laptops and iOS and Android mobile devices. You can now be able to realize the "access anywhere" promise of the Internet that bandwidth costs and geography have made difficult.

Broward County Libraries is the first library in Florida, the first in the Southeast and one of the first 12 libraries nationwide currently offering the GoChip to customers. You can check out a GoChip just as you would any other library materials. They can be checked out for seven days and you can renew twice, two days at a time, for a total of 11 days. Use your Broward County Library card to borrow a GoChip at this following library location closest to Weston:

Southwest Regional Library
16835 Sheridan Street
Pembroke Pines, FL 33331
954-357-6580

No matter how
you travel...



GoChip Beam will bring the magic with you.



SAFE FUN IN THE WATER YEAR-ROUND

BE WATER SMART WESTON

Drowning is preventable. Taking the **Water Smart Pledge** will help you remember simple tips to help you and your family enjoy the water safely throughout the year.



[Click to take the pledge](#)

- ✓ Provide **close and constant supervision** of your child – children can quickly leave a safe, supervised area and enter water unsupervised.
- ✓ **Designate a water watcher** when in and around water at all times, including family gatherings and house parties.
- ✓ **Enroll your child into swim lessons; adults should also learn to swim.**
- ✓ **Learn CPR** yourself and also for others that are likely to supervise your children in your absence. Don't know CPR? **Plan to attend Weston's Community CPR Day with your children on February 10, 2018.**
- ✓ Check your **pool & sauna barriers** to make sure they are in place properly. Remove ladders for above the ground pools when not in use. Ensure in-ground pools have four-sided fences and self-latching/closing gates. Saunas should be drained or covers should be secured when not in use.
- ✓ **Empty portable pools when not in use.**
- ✓ **Ensure pools and saunas have safe drain covers.**

TALK TO YOUR CHILDREN ABOUT BEING SAFE AROUND THE WATER
Never swim alone • Always make sure there is an adult or lifeguard supervising the water • Stay away from pool drains • learn to swim • I will have fun, but always make safe decisions when I am in and around water

[Read more at WaterSmartBroward.org](http://WaterSmartBroward.org)



WESTON BRANCH LIBRARY

December 2017 Programs & Events



YOUTH PROGRAMS

Munchkin Mondays

Grades K - 5

Monday, December 11

3:00 – 4:00 pm

Enjoy a different activity each month! Parents must be present with their children.

Pre-registration required. Call 954-357-5430.

Sensory Storytime

Saturday, December 2 & 16

2:00 – 3:00 pm

All ages | Designed for children on the Autism spectrum or those with sensory integration or developmental challenges.

Baby Storytime

3 – 11 months

Thursday, December 7

10:30 – 11:00 am

Toddler Storytime

12 – 35 months

Thursday, December 7

11:30 am – 12:00 pm

Preschool Storytime

3 – 5 years

Thursday, December 7

12:30 – 1:00 pm

Yoga for Babies

3 – 11 months

Thursday, December 14

11:30

Wags & Tales with Animal Assisted Therapy

Thursday, December 21

3:00 – 4:00 pm

Children read to an Animal Assisted Therapy Dog. Make reading fun and boost the child's confidence in reading aloud. Pre-registration required. Call 954-357-5430.

LEGO Builders Club

Monday, December 18

3:00 – 4:00 pm

Ages 6-12

Create a scene or character to display in the Library until the next Builders Club.

ADULT PROGRAMS

Adult Chair Yoga

Tuesday, December 5,12,19,26

12:00 – 1:00 pm

Adult Coloring Club: Creativity with Gel Pens, Markers and Color Pencils

(Ages 18+)

Wednesday, December 6

6:00 – 7:30 pm

Knitting & Crochet Club

(Ages 18+)

Tuesday, December 5,12,19, & 26

3:00 - 5:00 pm



WESTON BRANCH LIBRARY

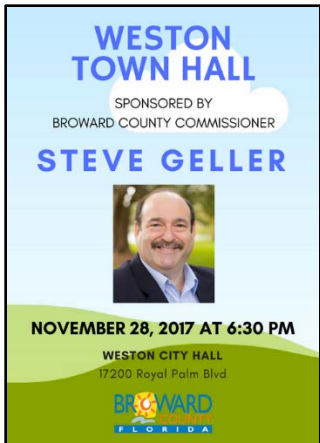
4205 Bonaventure Boulevard, Weston, FL 33332

954-357-5420 | Visit the Weston Branch Library [online](#).



UPCOMING CITY EVENTS AND PROGRAMS

Westonfl.org/Events



BROWARD COUNTY COMMISSIONER STEVE GELLER TOWN HALL MEETING IN WESTON

Tuesday, November 28, 2017 6:30PM

Weston City Hall, 17200 Royal Palm Blvd., Weston

Broward County Commissioner Steve Geller, District 5 is hosting a town hall meeting to meet residents, provide updates on county business, and hear residents' issues and concerns.



WESTON NIGHTS OUTDOOR CONCERT MAJESTY OF ROCK – THE MUSIC OF STYX AND JOURNEY

Saturday, December 2, 2017 7:00 PM

Event Stage in Weston Regional Park, 20200 Saddle Club Rd.

Enjoy the ultimate tribute to American rock icons, Journey and Styx, as performed by tribute band, Majesty of Rock. The concert playlist will likely include Styx songs like Come Sail Away, Mr. Roboto and Lady, while Journey ballads such as Don't Stop Believin', Faithfully and Open Arms will bring back memories.

Food concessions will be available as well as offering adult beverages for purchase onsite. Bring your own lawn chairs or blankets and come early to pick your perfect seating location. **Admission is FREE!**



The event stage is close to the park's largest playground, which is a plus for those with smaller children. Coolers are welcome; however, alcohol is not permitted to be brought into the park.



CITY COMMISSION MEETING

Monday, December 4, 2017

7:00 PM

Weston City Hall, 17200, Royal Palm Boulevard

A regular meeting and second budget hearing of the Weston City Commission.



MAYORS' CHESS CHALLENGE | FREE ADMISSION

Saturday, December 9, 2017

10:00 AM - 12:00 PM

Weston Community Center 20200 Saddle Club Road

Chess players of all ages and skill levels are welcome to participate in this event that is part of a series hosted by Mayors throughout Broward County to support Scholastic Chess.



FREE MOONLIGHT MOVIE IN THE PARK

Saturday, December 9, 2017

7:30 PM

Event Stage in Weston Regional Park, 20200 Saddle Club Rd.

Featuring *Despicable Me 3*

After he is fired from the Anti-Villain League for failing to take down the latest bad guy to threaten humanity, Gru finds himself in the midst of a major identity crisis. But when a mysterious stranger informs him that he has a long-lost twin brother – a brother who desperately wishes to follow in his twin's despicable footsteps – Gru will rediscover just how good it feels to be bad. (Animated Adventure / PG / 90 min.)

Bring lawn chairs or a blanket and relax...the movie is on us! Bring your own food and beverages; however, alcohol is not permitted in the park.



20TH ANNUAL ROTARY RUN FOR TOMORROW EVENTS

Sunday, December 10, 2017

Cypress Bay High School, 18600 Vista Park Blvd.

Sponsored by The Rotary Club of Weston, Joe DiMaggio Children's Hospital and the City of Weston.

Run for Tomorrow Half Marathon and 5K

Enjoy a festive race day that includes live music, motivational speakers, and sponsor booths with plenty of giveaways. Event features Dri-fit shirts and beautiful dye-cast metals. Both races begin in Vista Park Boulevard at Cypress Bay High School.

Start Time for the Half-Marathon: 6:20 AM (sharp)
Entry fee is \$50

Start Time for the 5K: 7:30 AM (sharp)
Entry fee is \$35

Register at www.WestonRotary.com



Mayor's Get Fit Challenge 1-Mile Family Health Walk | **FREE Registration** Walk begins: 9:00 AM

Take a step towards family fitness by participating in this annual event that is perfect for families. Every elementary school in Weston is challenged to get every student to participate. **The top elementary school with the most participants (based on a percentage of their enrollment) will win *The Commission Cup* and a \$5000 cash prize!**

Registration www.RunForTomorrow.com, and use the discount code: **MayorsChallenge2017** for **free registration**.





Rotary Fun Fest - FUN and Health Festival

9AM – 1PM

Cypress Bay High School, 18600 Vista Park Blvd., Weston, FL 33332

The Rotary Fun Fest is a **free FUN and Health FESTIVAL** open to the entire community – race participation is not required! Visit dozens of vendor booths featuring health and wellness vendors showcasing their products and services, free massages, a Florida Panther's Booth, Zumba lessons, children's activities, Fitness obstacle courses for young and old, bounce houses, paint the fire truck, face painting, bounce houses, raffles, a DJ, concerts and other activities presented by vendors and businesses from in and around Weston.

There will be a Passport activity whereby each participant will receive a Passport to be stamped by the Sponsors of the Event. Participants of this activity will be eligible to join a drawing for prizes! Visit WestonRotary.com for details.





WESTON FOREIGN FILM SERIES PRESENTS KING OF MASKS (CHINA)

Monday, December 11, 2017

Showtimes: 4:45 PM and 7:30 PM

AMC Weston 8, 1338 SW 106 Avenue, Sunrise

Presented by the Arts Council of Greater Weston and the City of Weston

Series tickets (\$35) on sale at the Weston Community Center (checks only) and at the Friends Bookstore (cash/check) in the Weston Branch Library. Individual tickets (\$8) may be available at the door.

In 1930s China, aging street performer Wang yearns for a male heir to inherit the secrets of his renowned magical act. Though he refuses an offer to join the opera, he heeds the advice of female-impersonating opera star Liang to find an heir. Wang soon buys an 8-year-old orphan named Doggie. When his new heir reveals a desperate secret, Wang must choose between following the strictures of society and the fatherly love he feels for his new protégé.

China / 1996 / 101 minutes / NR

Film is in Mandarin with English subtitles. For more information, please visit 1weston.com or call 954-389-4321.



SOCCER FIELDS CLOSED FOR RENOVATIONS

December 11, 2017 – January 7, 2018

Soccer fields will be closed at VISTA PARK, REGIONAL PARK and the football stadium at TEQUESTA TRACE PARK for turf renovation from December 11, 2017 until January 7, 2018.



ONGOING CITY PROGRAMS



BSO WESTON POLICE SERVICES

More information on programs listed below call 954-389-2010 or visit the [Police Page](#) on our website.



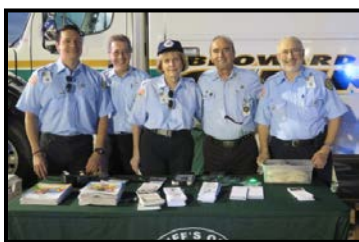
SAFE SELLING TRANSACTION ZONE A LOCATION FOR ONLINE BUYERS/SELLERS

BSO's Weston district office's parking lot serves as a safe-haven for the City's online buyers and sellers to meet at 17300 Royal Palm Boulevard. Flyer: [Safe Transaction Zone](#)



LAW ENFORCEMENT EXPLORER PROGRAM

For young men and women ages 14-21. The program provides interaction with law enforcement and other community advisors in a serious, regimented atmosphere where students can demonstrate personal initiative. Offers students the opportunity to learn & experience lawful citizenship as they participate side-by-side with certified BSO deputies in ongoing training and community service projects. For detailed program information, [click here](#).



CITIZEN OBSERVER PATROL (C.O.P.) PROGRAM

COP's are the additional eyes and ears of the community, assisting and enhancing BSO policing efforts. Members of the Broward Sheriff's Office of Countywide Operations professionally train volunteers. Assignments in addition to patrol, include performing checks on unoccupied residences at owner's request, checking on elderly or homebound and reporting potential problems and neighborhood hazards and assist at Weston community events. You must be 18 years of age with a valid driver's license. Interested? Please call the Weston District at **954-389-2010**.





Sheriff Scott Israel

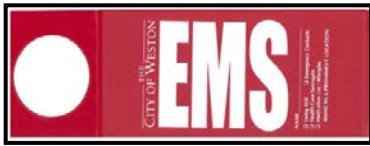
HOMEWATCH PROGRAM

Planning to go out of town? Be sure to register for BSO's Homewatch program. BSO will check your home daily for signs of suspicious activity. [Click here](#) to download the application and submit it to the Weston District Office.



BSO WESTON FIRE RESCUE DEPARTMENT

More information on programs listed below, call 954-389-2015 or visit the Fire Department web page.



FREE EMS GO PACKETS

These packets hold medical information and legal documents for EMS and hospital personnel can be aware of your medical conditions.



FREE CPR CLASSES

FREE CPR classes for residents, organizations, and businesses. Classes are offered at Weston Fire Station No. 81. Classes are also offered at your own location with a minimum of 8 persons. Call 954-389-2015 Monday – Friday.



COMMUNITY EMERGENCY RESPONSE TEAM (CERT)

The Weston CERT Program educates citizens about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, fire safety, light search and rescue, team organization and disaster medical operations. Join today! Call 954-389-2015. View Weston CERT [online](#).



WESTON COMMUNICATIONS DEPARTMENT

For additional information on the programs below, call 954-385-2000.



REGISTER FOR CODERED

Residents and businesses should register with the City's CodeRED Emergency Notification System. **Register:** www.westonfl.org/Residents/Hurricane/CodeRed.aspx



E-NOTIFICATIONS: WESTON DELIVERS THE LATEST NEWS DIRECT TO YOUR INBOX

Newsday Tuesday: The official City e-Newsletter. A once weekly newsletter delivered each Tuesday morning with city news articles, information, and events.

E-Notifications: Updates on projects; media releases; events and more. **Subscribe at:**

<http://www.westonfl.org/Events/EmailSubscriptions.aspx>



WESTON GOVERNMENT CHANNEL

The Weston government access channel can be found on these channels with local cable television providers:

Blue Stream – Channel #25

Comcast Cable – Channel #78

AT&T U-verse – Channel #99, *scroll to Weston Government TV*



WESTON GOVERNMENT RADIO 1680AM

Tune in for information on City events, programs, services and more. In the event of an emergency, all broadcasts will be interrupted and emergency notifications will be provided.



FOLLOW US ON SOCIAL MEDIA

-  **Twitter:** [@CityofWeston](https://twitter.com/CityofWeston) and [@WestonFLAlert](https://twitter.com/WestonFLAlert)
-  **Flickr:** [CityofWeston](https://www.flickr.com/photos/cityofweston/)
-  **YouTube:** [CityofWeston](https://www.youtube.com/c/CityofWeston)

Click [here](#) to view an aerial overview of Weston...
YOUR WORLD IS HERE...

THE CITY OF WESTON

YOUR WORLD IS HERE