

NEWS FROM THE CITY OF WESTON

MARCH 13, 2018

Page 1	Candlelight Remembrance & Concert
Page 2	An Evening of Music in Town Center Featuring Symphony of the Americas
Page 3	Florida Bike Month: Bike Route Planning
Page 4	Water Smart Weston: Electrical Hazards Around Water
Page 5	Healthy Living Tip: Preventing Falls
Page 6	Weston YMCA Happenings
Page 7	Upcoming Events and Programs





March 13, 2018



CANDLELIGHT REMEMBRANCE & CONCERT



On March 10th, City leaders and community members gathered together at the event stage in Weston Regional Park, with what seemed like tears from heaven raining down as we honored the victims of the tragic shooting at Marjory Stoneman Douglas High School. Everyone showed support for the families, friends, students, staff and communities of Parkland and Coral Springs so impacted by this tragedy and participated in a moving candle light ceremony.

Mayor Daniel Stermer introduced guest of honor, Parkland Mayor Christine Hunschofsky, who shared her heartfelt sentiments with the crowd. Joining the Weston City Commission and State Representative Richard Stark on stage were student representatives holding banners of #MSDStrong and #ParklandStrong in a united show of support for their peers just down the road.





March 13, 2018

CANDLELIGHT REMEMBRANCE & CONCERT

Samantha Rosenberg, representing Cypress Bay, gave a moving personal speech reflecting on how the tragedy of that day impacted her, her fellow students at Cypress Bay High School, and her family. She desires not to live in fear, and hopes that hers is a generation that will be remembered for making a difference, taking a stance and speaking up for what they believe in.

The impassioned voice of Marisol Dow, Creative Director/Musical Director of the Inside Out Theater Company performed *Imagine* by John Lennon as candles were lit and the names of the victims were scrolled on screen followed by a moment of silence.







March 13, 2018

AN EVENING OF MUSIC IN TOWN CENTER

Popular Outdoor Pops Concert Features Symphony of the Americas



The world-class Symphony of the Americas took the stage on Sunday, March 11th for the Outdoor Pops Concert, a popular free concert held annually at Weston Town Center. The concert is presented annually by the Weston Philharmonic Society, the City of Weston, and Weston Town Center, in partnership with The Arts Council of Greater Weston.

Under the direction of Maestro James Brooks-Bruzzese, the orchestra delighted the audience with musical selections from Music Man, Curtain Up!, sections from The Producers, Guantanamera, Broadway Showstoppers, Brahms Hungararian Dance No. 5, and Stars & Stripes Forever, among many others.





March 13, 2018

OUTDOOR POP CONCERT FEATURING SYMPHONY OF THE AMERICAS



More photos at <u>www.flickr.com/CityofWeston</u>.



Newsday Tuesday



March 13, 2018



March is Florida Bike Month



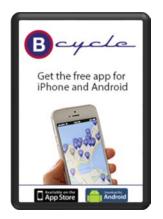
Weston is an ideal community for cycling. Whether an avid cyclist, a recreational biker or using a bike to get to and from school, Weston's 46 miles of marked bike lanes assist cyclists in getting where they are going safely.

Bike Broward Interactive Bicycle Trip Planning Map

The Broward County Bicycle Pedestrian Advisory Committee has produced a <u>Bicycle Suitability Map</u> that is intended to serve as a reference for bicycling in Broward County by assisting cyclists with their bike route planning before taking a ride. Also as a reference,



cyclists can access a <u>Bike Map</u> of Broward, available to download and print, which shows the type of bicycle facility (bike lane or other) available on routes throughout the county, and the level of comfort for cyclists.



Broward B-Cycle App

This is the mobile version of the Broward B-Cycle system. It is available for iPhone and Android phones. You can use the app to locate a bicycle station, determine availability, manage your account and get other travel information. Just scroll to the bottom of the B-Cycle webpage and select the format you want to download.



Let's Go Biking 2018 Family Bike Ride

Saturday, April 7th | 9 AM – 1 PM Vista View Park, 4001 SW 142 ST, Davie

<u>Click here to RSVP</u> to attend this annual event with your family! Enjoy a leisurely bike ride (approximately 12 miles) through Davie.





March 13, 2018

WATER SAFETY: BEWARE OF ELECTRICAL DANGERS



Electric shock drowning (ESD) can occur when faulty wiring sends an electrical current into the water. The current then through the body, causing passes paralysis, and results in drowning.

Several potential electrical hazards exist in swimming pools, hot tubs, and spas, on board boats and in the waters surrounding boats, marinas and launch ramps.

Learn more about Electric Shock Drowning

Tips for Swimmers

Never swim near a marina, dock, or near a boat while it's running. Obey all "no swimming" signs.

In pools, look out for underwater lights that are not working properly, or flicker.

Do not swim before, during or after thunderstorms.

> **Read more about Electric Shock Drowning in the NFPA Journal**

Tips for Pool Owners

Have a qualified electrician periodically inspect and replace/upgrade electrical devices for your pool, spa, or hot tub to keep them electronically safe. Learn how to turn off power in case of an emergency.

Make sure that any overhead lines are the proper distance over a pool and other structures, such as a diving board.

Electrical appliances and cords should be kept at least 6' away from the water. Use instead battery-operated of connected appliances and equipment, such as televisions, radios, and stereos.

Tips for Boat Owners

Avoid entering the water when launching or loading your boat. Docks or boats can leak electricity into the water.

Each year, and after a major storm, have the boat's electrical system inspected by a qualified marine electrician to be sure it meets the required codes.

Know where the main breaker is located on both the boat and on the shore.

Have a ground fault circuit interrupters (GFCI) installed on your boat. Use power cords that are "UL-Marine Listed" when using electricity near water. Test GFCIs monthly.





March 13, 2018

HEALTHY LIVING TIP:

Fall Prevention for Older Adults Common Factors That Can Lead to a Fall



Falls can result in hip fractures, broken bones, and head injuries. And even falls without a major injury can cause an older adult to become fearful or depressed, making it difficult for them to stay active.

If you have an aging parent, grandparent, or neighbor in your life, helping them reduce their risk of falling is

a great way to help them stay healthy and independent as long as possible.

The good news about falls is that most of them can be prevented. The key is to know where to look. Here are some common factors that can lead to a fall:

- **Balance and gait:** As we age, most of us lose some coordination, flexibility, and balance— primarily through inactivity, making it easier to fall.
- **Vision:** In the aging eye, less light reaches the retina—making contrasting edges, tripping hazards, and obstacles harder to see.
- Medications: Some prescriptions and over-the-counter medications can cause dizziness, dehydration or interactions with each other that can lead to a fall.
- **Environment:** Most seniors have lived in their homes for a long time and have never thought about simple modifications that might keep it safer as they age.
- Chronic conditions: More than 80% of older adults have at least one chronic condition like diabetes, stroke, or arthritis. Often, these increase the risk of falling because they result in lost function, inactivity, depression, pain, or multiple medications.











March 13, 2018



HAPPENINGS...

AT THE WESTON YMCA FAMILY CENTER



YMCA Camp is BACK! Traditional (Full Day) Summer Camp

Discover and explore nature, new talents, new activities. Gain friendships, independence and memories. Have a Blast! Include Sports, Music, Dance, Swimming, Outdoor Activites, Field Trips and Special Events.

Ages: 5 to 12 years old

For more information about the YMCA's main day camp, visit http://www.ymcasouthflorida.org/camp/



YMCA of South Florida - Weston YMCA Family Center 20201 Saddle Club Road, Weston, FL 33327 ymcasouthflorida.org

954-424-9622 | Located inside Weston Regional Park







March 13, 2018

UPCOMING CITY EVENTS AND PROGRAMS

WestonFL.org/Events



CITY COMMISSION MEETING

Monday, March 19, 2018 7:00 PM
Weston City Hall, 17200, Royal Palm Boulevard
A regular meeting of the Weston City Commission will be held in the City Commission Chambers at City Hall.



WESTON'S ROYAL EGG HUNT

Saturday, March 31, 2018

10:00 AM

Weston Regional Park, 20200 Saddle Club Road Baseball Fields #1 through #4

The egg hunts are for children ages 10 and under and will all begin at **10:00 AM SHARP.**

It is recommended to arrive at the park by 9:15AM.

There will be over 30,000 candy filled eggs so be sure to bring a basket or bag for collecting! There are a number of "golden" eggs which will get you an additional prize... The eggs are gone in a flash so be sure to arrive early.

After the Egg Hunt, take photos with the Royal Bunny, enjoy the bounce houses and have fun until 12:00 PM.

For more information, please call 954-389-4321.







March 13, 2018



CITY COMMISSION MEETING

Monday, April 2, 2018 7:00 PM
Weston City Hall, 17200, Royal Palm Boulevard
A regular meeting of the Weston City Commission will be held in the City Commission Chambers at City Hall.



FREE MOONLIGHT MOVIE IN THE PARK

Saturday, April 14, 2018

8:00 PM

*Note later time than usual

Event Stage in Weston Regional Park, 20200 Saddle Club Rd. Featuring *SPIDER-MAN*

A young Peter Parker/Spider-Man begins to navigate his newfound identity as the web-slinging superhero. Thrilled by his experience with the Avengers, Peter returns home, where he lives with his Aunt May under the watchful eye of his new mentor Tony Stark. Peter tries to fall back into his normal daily routine but when the Vulture emerges as a new villain, everything that Peter holds most important will be threatened. (Action / PG-13 / 133 min.)

Bring lawn chairs or a blanket and relax...the movie is on us! Bring your own food and beverages; however, alcohol is not permitted in the park.



CITY COMMISSION MEETING

Monday, April 16, 2018 7:00 PM Weston City Hall, 17200, Royal Palm Boulevard
A regular meeting of the Weston City Commission will be held in the City Commission Chambers at City Hall.





March 13, 2018



HOUSEHOLD HAZARDOUS WASTE DISPOSAL & ELECTRONICS COLLECTION EVENT

Sunday, April 29, 2018 8:00 AM - 3:00 PM Weston Public Works Services Center, 2599 South Post Rd.

FREE - Properly dispose of household hazardous waste and recycle electronics! **Just drive up – Crews remove items for you.** Items include paints, thinners, pesticides, fertilizers, pool chemicals, motor oil, tires, mercury, batteries, and light bulbs as well as electronics including old televisions, computers, keyboards, printers, stereos, copiers, and phones. **For a full list of items accepted click <u>here.</u>** The list is the same as the items allowed at the drop-off center program.

ITEMS THAT ARE NOT ACCEPTED:

Business and government generated waste, explosives, biohazardous waste, appliances, microwave ovens. For additional information, please call 954-385-2600.







March 13, 2018

ONGOING CITY PROGRAMS



BSO WESTON POLICE SERVICES

More information on programs listed below call 954-389-2010 or visit the Police Page on our website.



SAFE SELLING TRANSACTION ZONE A LOCATION FOR ONLINE BUYERS/SELLERS

BSO's Weston district office's parking lot serves as a safehaven for the City's online buyers and sellers to meet at 17300 Royal Palm Boulevard. Flyer: Safe Transaction Zone



LAW ENFORCEMENT EXPLORER PROGRAM

For young men and women ages 14-21. The program provides interaction with law enforcement and other community advisors in a serious, regimented atmosphere where students can demonstrate personal initiative. Offers students the opportunity to learn & experience lawful citizenship as they participate side-by-side with certified BSO deputies in ongoing training and community service projects. For detailed program information, click here.





CITIZEN OBSERVER PATROL (C.O.P.) PROGRAM

COP's are the additional eyes and ears of the community, assisting and enhancing BSO policing efforts. Members of the Broward Sheriff's Office of Countywide Operations professionally train volunteers. Assignments in addition to patrol, include performing checks on unoccupied residences at owner's request, checking on elderly or homebound and reporting potential problems and neighborhood hazards and assist at Weston community events. You must be 18 years of age with a valid driver's license. Interested? Please call the Weston District at 954-389-2010.







March 13, 2018



HOMEWATCH PROGRAM

Planning to go out of town? Be sure to register for BSO's Homewatch program. BSO will check your home daily for signs of suspicious activity. Click here to download the application and submit it to the Weston District Office.



BSO WESTON FIRE RESCUE DEPARTMENT

More information on programs listed below, call 954-389-2015 or visit the Fire Department web page.



FREE EMS GO PACKETS

These packets hold medical information and legal documents for EMS and hospital personnel can be aware of your medical conditions.



FREE CPR CLASSES

FREE CPR classes for residents, organizations, and businesses. Classes are offered at Weston Fire Station No. 81. Classes are also offered at your own location with a minimum of 8 persons. Call 954-389-2015 Monday – Friday.



COMMUNITY EMERGENCY RESPONSE TEAM (CERT)

The Weston CERT Program educates citizens about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, fire safety, light search and rescue, team organization and disaster medical operations. Join today! Call 954-389-2015. View Weston CERT online.







March 13, 2018



WESTON COMMUNICATIONS DEPARTMENT

For additional information on the programs below, call 954-385-2000.



REGISTER FOR CODERED

Residents and businesses should register with the City's CodeRED Emergency Notification System. **Register:** www.westonfl.org/Residents/Hurricane/CodeRed.aspx



E-NOTIFICATIONS: WESTON DELIVERS THE LATEST NEWS DIRECT TO YOUR INBOX

Newsday Tuesday: The official City e-Newsletter. A once weekly newsletter delivered each Tuesday morning with city news articles, information, and events.

E-Notifications: Updates on projects; media releases; events and more. **Subscribe at:**

http://www.westonfl.org/Events/EmailSubscriptions.aspx



WESTON GOVERNMENT CHANNEL

The Weston government access channel can be found on these channels with local cable television providers: Blue Stream – Channel #25 Comcast Cable – Channel #78

AT&T U-verse – Channel #99, scroll to Weston Government TV



WESTON GOVERNMENT RADIO 1680AM

Tune in for information on City events, programs, services and more. In the event of an emergency, all broadcasts will be interrupted and emergency notifications will be provided.





March 13, 2018

FOLLOW US ON SOCIAL MEDIA

Twitter: <u>@CityofWeston</u> and <u>@WestonFLAlert</u>

Flickr: CityofWeston

CityofWeston



Click here to view an aerial overview of Weston...

YOUR WORLD IS HERE...

