



# WESTON COMMUNITY CPR DAY

FREE

## Healthy Hearts... The Beat Goes On

Saturday, February 22, 2020

Anytime between 10AM – 2PM

Weston Community Center

20200 Saddle Club Road, Weston, FL 33327

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### *Families Welcome*

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- Ages 8 and up are invited to participate in our FREE Hands-Only two-step CPR training event.
- For every minute without CPR, the chance of survival goes down 10%. Brain damage can occur in four minutes.
- Also available: instruction on how to do the Heimlich, operate an AED and Stop the Bleed.
- You will be in and out in an hour if you want to learn all four: CPR, AED, Heimlich and Stop the Bleed.

No reservation required; just stop in between 10AM and 2PM. Light refreshments.

***A community needs to rely on one another.***

*A cardiac event or drowning can happen anytime.*

*Will you be ready to help?*

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WESTON COMMUNITY  
CPR DAY

THE BEAT  
GOES ON

THE  
CITY OF WESTON



**Cleveland Clinic**  
Florida